Gulf Coast Florida Intergroup
of Overeaters Anonymous

Gulf Coast Florida Intergroup
Agenda
July 28, 2026 @ 7:00 pm

**Open with Serenity Prayer**

- **Read STEP 7**
- Humbly asked Him to remove our shortcomings.

- **Read TRADTION 7**
- Every OA group ought to be fully self-supporting, declining outside contributions.

- **Read CONCEPT 7**
- The Board of Trustees has legal rights and responsibilities accorded to them by OA Bylaws, Subpart A; the rights and responsibilities of the World Service Business Conference are accorded to it by Tradition and by OA Bylaws, Subpart B.

**Introductions**

- First Name, ID yourself as a meeting Rep (which meeting) or visitor.
- Rename yourself if you are a meeting representative by placing an "(A)" before your name. Secretary to capture names of group representatives.

  people in attendance; group representatives

- Review of the meeting protocol (timer for meeting) and main motion process (3 pros and 3 cons per motion; 1 minute per person)

**June Minutes –** We would like feedback on the AI transcript from the last meeting.
**July Treasurer's Report** –

- Ask for a volunteer to be timer

Gulf Coast Florida Intergroup
Agenda
July 28, 2026 @ 7:00 pm

## Chairperson Comments

## Vice Chair Comments

- N/A

## Treasurer Comments

## Secretary Comments

- **Our new UPS mailbox address:**

  2813 Gulf to Bay Blvd #140
  Clearwater, FL 33759

## Committee and Representative Reports

- Retreat Committee-

- 12th Step Within Committee -

- PIPO (Public Information and Professional Outreach) Committee – Open position

## Old Business:

## New Business:

- Discussion and voting on committee chair selection process

- Voting to elect Michelle W. as the Vice Chair

**Take back to your group:**

**Next Monthly GCFI Meeting**

- Tuesday, August 25th, at 7:00pm, Meeting ID 840 2699 8998, Passcode: service

**Motion to Adjourn:**

**Close with Serenity Prayer**

**Members in attendance:**
**Sam-Chair**
**Briana-Secretary**
**Judy-Rebos meeting rep**
**Michele M.-Palm Harbor Saturday Meeting rep**
**Michelle W.-Sunday Beginners Step Meeting rep**
**JC-Thursday St. Cecilia's Meeting rep**
**Elizabeth-Sunday Big Book Meeting rep**
**Gloria-Thursday St. Cecilia's Meeting rep**
**Sheila-Spring Hill Meeting rep**
**Ann-Friday Spring Hill Meeting rep**
**Carol-Friday Downtowners meeting rep.**

---

**Discussed Topics**

---

**1. Review and Approval of June Meeting Minutes**
**Briana presented the June meeting minutes on screen. She noted that AI-generated minutes had been updated to correct name spellings (Michele M. vs. Michelle W.). Feedback was solicited on the new detailed summary format.**
**Details**
**Briana: Sent minutes out Thursday night; updated name spellings flagged by Michele M.; offered choice between short or detailed summary format.**
**Ann: Moved to accept the minutes as written; Elizabeth seconded; Judy also seconded.**

---

**2. July Treasurer's Report**

Sam: Opening balance was $9,897.78.

Expenses: $180 quarterly webmaster fee (paid via Zelle); UPS mailbox purchase.

Income: $12.52 interest; group donations from Downtown St. Pete (via Zelle) and St. Cecilia's.

Retreat income tracked separately: $4,579.96 collected to date (net of PayPal fees) toward a $5,000+ Dayspring venue cost.

Total balance across checking, savings, and PayPal: $11,196.74.

Funds are earmarked by category: new meetings ($100), annual filings, insurance (April renewal), PIPO ($600 of $1,200 allowed), 12-step within ($230 remaining), Region 8 rep ($100), website fees ($360 remaining for two quarters), prudent reserve ($3,000), and retreat fund.

Carol: Asked whether Zelle could be used for retreat registrations; Samantha confirmed yes, with detailed memo required.

Sam: Noted the intergroup currently has no Treasurer; invited anyone interested to volunteer.

Michelle W.: Moved to approve the Treasurer's Report; Michelle M. seconded.

Conclusion

Treasurer's Report unanimously approved.

Report to be posted on the website by Briana/MJ.

Zelle is the preferred donation method; PayPal remains available.

Treasurer position remains open.

---

3. Chairperson Comments

Sam: will attend Region 8 Assembly in Little Rock, Arkansas in September.

Approximately 14–15 people have already registered for the retreat.

Monthly blast emails will be sent to remind members to register.

Retreat flyer available at oagulfcoast.org.

---

4. Secretary Comments

Briana: New UPS mailbox address — 2813 Gulf to Bay Blvd, #140, Clearwater, FL 33759; name on mailbox is GCFI.

Briana: Will check the mailbox regularly; encouraged groups to transition to Zelle; PayPal remains available.

Electronic payment (Zelle preferred, PayPal available) is encouraged but checks are still accepted.

---

5. Committee Reports

Retreat Committee (Carol)

**Details**

**Carol: Registrants include attendees from Sebring and surrounding areas; keynote speaker is confirmed.**

**Next retreat committee meeting: Monday, August 24th at 7:00 PM.**

**Volunteers still needed for workshop leadership, greeting, and other service roles.**

**12-step committee activities paused until after the retreat, as most members overlap with the retreat committee.**

**Conclusion**

**Retreat is progressing; Sam will try to attend the August 24th committee meeting for support.**

**PIPO (Public Information & Professional Outreach)**

**Details**

**Sam: No current PIPO chair or committee; described the role as largely electronic outreach to doctors, therapists, and schools.**

**Conclusion**

**PIPO chair position remains open; members encouraged to consider volunteering.**

---

**6. New Business — Election of Vice Chair: Michelle W.**

**Michelle W. was nominated and presented herself to the board for the Vice Chair position.**

**Michelle W. unanimously elected as Vice Chair of the intergroup.**

---

**7. New Business — Committee Chair Selection Process (Bylaw Amendment)**

**Carol brought forward a proposed bylaw clarification regarding how committee chairs are selected, addressing conflicting language in existing documents.**

**Details**

**Carol: Current wording was ambiguous — one section implied the board chose the chair; another implied the committee chose it.**

**Proposed wording: Each committee shall have a designated chair; the chair will either volunteer or be chosen at the discretion of the individual committee, with the board then officially approving the selection.**

**JC: Noted this reflects Region 8 bylaws practice.**

**Sam: Clarified with Carol — if no committee exists, the board selects the chair; if a committee exists, the committee selects and the board approves.**

**Carol moved the motion; Sheila seconded.**

**Conclusion**

**Motion unanimously passed.**

**Bylaw language to be updated in two places to reflect the new wording.**

---

**8. New Business — Region 8 / World Service Reps as Board Members (Discussion Only)**

**Carol raised the idea, used in some other intergroups, of having Region 8 and World Service reps serve on the board.**

**Details**

**Carol: In the Philadelphia intergroup, region and World Service reps serve on the board; suggested this could strengthen GCFI's board with broader OA knowledge.**

**JC: Clarified Carol's intent — the proposal is that being elected a Region 8 rep would make one a board member, not that one must be a board member first to become a rep. Also noted this would add a third monthly commitment (intergroup meeting, board meeting, and regional assemblies), which could deter volunteers.**

**Carol: Confirmed this is discussion only; no bylaw change can occur without a two-month process.**

**Conclusion**

**No action taken; topic tabled for future discussion.**

**Sam to contact Shirley to confirm her continued participation as Region 8 rep.**

**Intergroup has $100 earmarked for Region 8 rep registration; Sam will pay her own travel.**

**9. New Business — Hybrid Meeting Proposal (Sheila)**

**Sheila raised the possibility of converting her in-person meeting (New Beginnings, Friday, Spring Hill, St. Andrew's Church) to a hybrid format.**

**Details**

**Sheila: Interested in allowing members who cannot attend in person to join via Zoom.**

**Sam: Acknowledged the request; noted that she and Briana have been working to understand how to create a dedicated Zoom link for individual meetings under the intergroup's account but have not yet resolved the technical setup.**

**JC: Agreed to reach out to the tech committee.**

**Conclusion**

**Hybrid meeting setup added to old business for the next intergroup meeting (August 25th).**

**JC to consult Region 8 tech committee and share contact with Sam.**

**Sam to also consult Michelle W. on Zoom capabilities.**

---

**10. Closing**

**Judy: Encouraged all reps to promote the Dayspring Retreat at their home**

**meetings; noted a flyer is available on the website.**

**Sam: Reminded attendees that groups may now send two voting reps to intergroup.**

**Next meeting: Tuesday, August 25th at 7:00 PM.**

**Conclusion**

**Meeting adjourned.**

**---**

**Challenges**

**No Treasurer: The Treasurer position remains vacant. Sam and Briana are managing financial reporting in the interim.**

**No PIPO Chair/Committee: The Public Information & Professional Outreach committee has no chair or members.**

**Hybrid Meeting Technical Setup: The intergroup has not yet determined how to create dedicated Zoom links for individual group meetings under the intergroup's Zoom account.**

**Retreat Funding Gap: $4,579.96 has been collected toward a venue cost of at least $5,000; additional registrations are needed, and the exact contract amount (potentially higher if fewer than 30 attendees) is still being reviewed.**

**Region 8 Rep Confirmation: It is unclear whether Shirley still plans to serve as the second Region 8 rep.**