



# PTI NEWSLETTER

Overeaters Anonymous  
Pinellas Traditions Intergroup  
P.O. Box 294  
Palm Harbor, FL 34682

## Happy Thanksgiving!!!

Volume 16, Issue 10

November 2021

### PTI TRUSTED SERVANTS

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### NEXT PTI MEETING:

**Saturday, November 20th - 12:00 PM**

Join Zoom Meeting

<https://zoom.us/j/85932984082>

Meeting ID: 859 3298 4082

**Please join us ...**

## Thank You for my Abstinence!

*“To stand on one leg and prove the existence of God is a very different thing from going down on one’s knees and thanking Him.”*

-Sören Kierkegaard

I was sure I would never believe in the existence of God unless someone could prove it. No one has proved it yet, but spiritual awakening in Overeaters Anonymous makes such proof unnecessary. Thanking God every day is as necessary for me as breathing. Though my understanding of God may change, it would make little difference to my practice of the twelve steps. Whatever my concept, I would still give everything to God: my worries, my fears, my shortcomings, my family, my friends, the state of the nation and the world.

Does this mean I can now lie back and do nothing? Far from it. Turning over my anxiety about the things that concern me allows me to take effective action where I can. I do what it is possible for me to do and let God handle the rest.

**For today:** I need no proof of God’s existence to say thank you for my abstinence and my freedom from compulsive overeating.

**For Today, page 78**



The opinions expressed in this monthly newsletter reflect those of the writer and do not represent OA as a whole. Serve your group by sharing your experience, strength and hope in the PTI newsletter. Please submit your article by the **25th** day for publication in the following month’s newsletter. Please send to: [newsletter@oapinellas.org](mailto:newsletter@oapinellas.org)

## Step 11



Sought through prayer and meditation to improve our conscious contact with God as I understood Him, praying only for knowledge of His will for us and the power to carry that out.

## Tradition 11



Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, televisions, and other public media of communication.

## Concept 11



Trustee administration of the World Service Office should always be assisted by the best standing committees, executives, staffs and consultants.

# Pinellas Traditions Intergroup - 7th Tradition

The 7th Tradition states, "Every OA group ought to be fully self supporting, declining outside contributions."

Available on the PTI web site, local OA groups and members can now send a contribution using a secure site via PTI's PayPal page. Please click the button located on the right or visit our website at [oapinellas.org/donations](http://oapinellas.org/donations) to send in a donation today.



Your generosity is greatly appreciated.

**STAYING ABSTINENT thru the**

**HOL-I-DAZE**

**Zoom-A-Thon**

*Happy  
Thanksgiving*

**November 25, 2021**

**6AM - MIDNIGHT**

DETAILS AVAILABLE ON OUR WEBSITE - [OAPINELLAS.ORG](http://OAPINELLAS.ORG)

## ELEVENTH STEP PRAYER

Lord, make me a channel of Thy peace;  
that where there is hatred, I may bring love;  
that where there is wrong, I may bring the spirit of forgiveness;  
that where there is discord, I may bring harmony;  
that where there is error, I may bring truth;  
that where there is doubt, I may bring faith;  
that where there is despair, I may bring hope;  
that where there are shadows, I may bring light;  
that where there is sadness, I may bring joy.

Lord, grant that I may seek rather to comfort, than to be comforted;  
to understand, than to be understood;  
to love, than to be loved.

For it is by self forgetting, that one finds.  
It is by forgiving, that one is forgiven.  
It is by dying, that one awakens to Eternal Life.

Amen.

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**Please refer to [oapinellas.org](http://oapinellas.org) for the latest Pinellas Traditions Intergroup meeting minutes, treasurer's reports, and upcoming events.**



# Chair Chatter - November 2021



Hello everyone! Welcome to Fall!

Here is a recap of our last Intergroup meeting lead by Shirley Q., our Vice Chair.

Shirley Q. reported that 5 members have volunteered for the list of available sponsors.

Applications received to date were reviewed for all positions. Shirley Q's app for Chair was presented. It was recognized that this opens her current position of vice chair which will be added to the others. Jayne K. noted that she would be resigning as secretary as of Dec 2021.

PTI needs people to serve in several roles: Chair, Vice Chair and Secretary positions are open and the submitting **deadline has been extended to November 10<sup>th</sup>**. You can find the application for any of these positions at [oapinellas.org](http://oapinellas.org) and submit them to the chair at [chair@oapinellas.org](mailto:chair@oapinellas.org). The chair will forward them to the nominating committee.

A detailed report from the virtual Region 8 assembly was presented by the representative. No volunteers for the Budget Committee, which is due to be voted on in the December meeting, were readily available. If you are available to serve, please let me know.

We were reminded to **Celebrate I.D.E.A. (International Day of Eating Abstinently)** on the weekend of November 19-21.

A short discussion on the overall Intergroup committee needs was mentioned and a request made for representatives to take back to the membership. These include several standing committees IGOR, Ways & Means, Twelve Steps Within, etc. Special project funds are available to carry the message to other compulsive Overeaters if anyone has ideas contact Outreach or the Vice Chair.

**A new face-to-face meeting is starting Friday, November 19th at 10 a.m. Trinity Lutheran Church, 401 Fifth Street N. St. Petersburg FL 33701. Entrance on Fifth Street near the parking lot. Contact Rita Sewell at (727) 310-5760.**

I want to thank our Hol-i-daze committee for a wonderful day of recovery on Halloween.

They are already planning their next Hol-i-daze Zoom-a-thon for Thanksgiving. Be on the lookout for some emails.

I would also ask our members to remember Carolyn S. she passed away on Oct. 12th. Anyone interested in attending her celebration of life, here are the details.

\*The A.A. Third Tradition Group will hold a Memorial Gathering of a Celebration of Life for Carolyn Stevens, on Sunday, November 7, 2021, in John S. Taylor Park from 1:00 pm to 4:00 PM at Shelter 1. Shelter 1 is located near the entrance to the park. (Covered dish is optional.)\*

\*Address: JOHN S. TAYLOR PARK, 1100 Eighth Avenue S.W., Largo, Florida 33770-3168\*

Thank you everyone for the honor of serving our wonderful Pinellas Traditions Intergroup.

Hugs,  
Linda



**PINELLAS TRADITIONS INTERGROUP MEETING LIST**

**NOVEMBER 2021**

**PLEASE NOTE:** All meetings are open meetings unless indicated otherwise. \*\* Closed Meetings (OA members only) ^^ Children welcome!

**If this is your first time attending a meeting listed, please be sure to call to clarify directions and meeting specifics.**

DAY	TIME	MEETING NAME / TYPE	MEETING FORMAT	LOCATION / ZOOM INFO	CONTACT
Mon	11:00 AM OA#46182	Just For Today <b>FACE-TO-FACE</b>	12 &12 / Big Book	Lutheran Church of the Resurrection 1555 Windmill Pt Rd., Palm Harbor	Sue D. (585) 704-4464
Mon	12:00 PM OA#48303	Voices of Recovery <b>ZOOM ONLY</b>	Voices of Recovery - Discussion	Meeting ID: 756 6503 6069 Passcode: voices <a href="https://us02web.zoom.us/j/75665036069?pwd=SWIZU0YUxYXBtNkI4SEFVVFhCaVNSZz09">https://us02web.zoom.us/j/75665036069?pwd=SWIZU0YUxYXBtNkI4SEFVVFhCaVNSZz09</a>	Ann G. (212) 399-7099
Mon	3:30 PM OA#89061	<b>ZOOM ONLY</b>	Newcomer Meeting	Meeting ID: 856 2432 8688 Passcode: 981506 <a href="https://us02web.zoom.us/j/85624328688?pwd=R0VV0Xhgc3k4RGhtUzNMdG1rSHl0UT09">https://us02web.zoom.us/j/85624328688?pwd=R0VV0Xhgc3k4RGhtUzNMdG1rSHl0UT09</a>	Rita S. (727) 310-5760
Mon	6:45 PM OA#01530	<b>ZOOM ONLY</b>	Leader / Discussion	Meeting ID: 199 631 721 Passcode: 409818 <a href="https://us02web.zoom.us/j/199631721?pwd=MkIHSmZlM3dlcXZT1BOK25VdHZWQT09">https://us02web.zoom.us/j/199631721?pwd=MkIHSmZlM3dlcXZT1BOK25VdHZWQT09</a>	Rita S. (727) 310-5760
Mon	7:00 PM OA#47788	<b>FACE-TO-FACE</b>	Speaker – Phone Meeting Abstinent 90+ Days	Meeting ID: 222 498 444 Passcode: 008551 <a href="https://us02web.zoom.us/j/222498444?pwd=Tk5DdE1hWFILdWJ0RGJnbFUzOVJMOT09">https://us02web.zoom.us/j/222498444?pwd=Tk5DdE1hWFILdWJ0RGJnbFUzOVJMOT09</a> Central Church of Christ 1454 Belleair Rd., Clearwater (NW of Belleair Rd. & Highland – entrance on Belleair)	Stephanie (727) 641-3437
Tues	10:00 AM OA#54726	<b>FACE-TO-FACE / HYBRID</b>	Daily Readings Open Discussion	REBOS 5639 54th Ave. N., Kenneth City, FL Meeting ID: 849 1556 8631 Passcode: faith <a href="https://us02web.zoom.us/j/84915568631?pwd=ZGZnODJlV0NzRC9DSGgrNC8wOUxEQT09">https://us02web.zoom.us/j/84915568631?pwd=ZGZnODJlV0NzRC9DSGgrNC8wOUxEQT09</a>	Donna D. (727) 480-0865
Tues	5:30 PM	<b>FACE-TO-FACE</b>	Step Meeting	Sabala Plaza 14100 Walsingham Rd., Suite 32, Largo	Kelly (727) 542-4525
Tues	7:00 PM OA#54346	The Mile Stretch Meeting <b>ZOOM ONLY</b>	Big Book Meeting	Meeting ID: 864 6469 1462 Passcode: humility <a href="https://us02web.zoom.us/j/86464691462?pwd=eTNpbzZhcUlnQnJSZlhhUcEhrNVJSQT09">https://us02web.zoom.us/j/86464691462?pwd=eTNpbzZhcUlnQnJSZlhhUcEhrNVJSQT09</a>	Kathryn S. (727) 204-2761
Wed	10:30 AM OA#57239	<b>FACE-TO-FACE</b>	Literature Meeting	Dry Dock Center 1733 S Pinellas Ave., Tarpon Springs	Jane (212) 459-1235
Wed	4:00 PM	<b>ZOOM ONLY</b>	Newcomer Meeting	Meeting ID: 841 6112 6101 Passcode: newbe <a href="https://us02web.zoom.us/j/84161126101?pwd=NVd1Zjk5Q2puRTF3YXJ0OVpXVG10Zz09">https://us02web.zoom.us/j/84161126101?pwd=NVd1Zjk5Q2puRTF3YXJ0OVpXVG10Zz09</a>	Shirley Q. (727) 916-2199
Wed	6:30 PM OA#10359	Beach Bunch <b>ZOOM ONLY</b>	Open Discussion	Meeting ID: 730 1090 2349 Passcode: Hope <a href="https://us02web.zoom.us/j/73010902349?pwd=Y0VEbDNIc0hWSTFrSDJFc1RqSHZQU09">https://us02web.zoom.us/j/73010902349?pwd=Y0VEbDNIc0hWSTFrSDJFc1RqSHZQU09</a>	Donna D. (727) 480-0865
Thur	10:30 AM OA#53015	Hope <b>ZOOM ONLY</b>	All Literature	Meeting ID: 823 0363 0921 Passcode: love <a href="https://us02web.zoom.us/j/82303630921?pwd=MlVkaMh0cDUvRWtKR09TaFpJQStDQ09">https://us02web.zoom.us/j/82303630921?pwd=MlVkaMh0cDUvRWtKR09TaFpJQStDQ09</a>	Donna D. (727) 480-0865
Thur	11:00 AM OA#40873	Key to Freedom <b>FACE-TO-FACE</b>	Big Book Study	First Presbyterian Church 455 Scotland St., Dunedin (Downtown Dunedin)	Laurie (727) 517-4137
Thur	5:30 PM OA#49784	Steps to Freedom ** <b>FACE-TO-FACE / HYBRID</b>	Focusing on Recovery through the Steps and Traditions - 90 Days	St. Cecelia's Church, Room A 820 Jasmine Way, Clearwater Meeting ID: 825 6594 8873 Passcode: recover <a href="https://us02web.zoom.us/j/82565948873?pwd=YUROSkh5ZUlzaTFuV09OVXRWm21tQT09">https://us02web.zoom.us/j/82565948873?pwd=YUROSkh5ZUlzaTFuV09OVXRWm21tQT09</a>	Mary Mc. (727) 319-4321 Mary T. (727) 593-4758
Thur	7:00 PM OA#46183	First Fellowship <b>ZOOM ONLY</b>	Varied Meeting	Meeting ID: 874 1185 6223 Passcode: Willing <a href="https://us02web.zoom.us/j/87411856223?pwd=VWhY2lpWVR3M3NbtFjY09hQk5yUT09">https://us02web.zoom.us/j/87411856223?pwd=VWhY2lpWVR3M3NbtFjY09hQk5yUT09</a>	Pat G. (727) 784-3375

**PINELLAS TRADITIONS INTERGROUP MEETING LIST**

**NOVEMBER 2021**

Fri	6:45 AM OA#54674	Fresh Start <b>FACE-TO-FACE</b>	Voices of Recovery For Today	Central Church of Christ 1454 Belleair Rd., Clearwater	N/A
Fri	12:00 PM OA#52863	Message Carriers <b>ZOOM ONLY</b>	Open Discussion	Meeting ID: 828 2766 5988 Passcode: oarocks <a href="https://us02web.zoom.us/j/82827665988?pwd=NiBOamRiRFovaEpGellPY3INVEVEZz09">https://us02web.zoom.us/j/82827665988?pwd=NiBOamRiRFovaEpGellPY3INVEVEZz09</a>	John C. (727) 289-9122
Fri	10:00 AM #Pending	<b>FACE-TO-FACE</b>	TBA	Trinity Lutheran Church 401 5th Str. NorthSt. Petersburg FL <i>Use the 5th Steet. entrance - 3rd floor</i>	N/A
Fri	1:30 PM OA#08937	New Beginnings <b>FACE-TO-FACE</b>	Literature	Colton Hall – St. Andrew’s Episcopal Church 2301 Deltona Ave. #3327, Spring Hill, FL	Claudia S. (352) 238-8777
Fri	6:00 PM OA#49602	Nitty Gritty <b>FACE-TO-FACE</b>	Big Book	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Cora L. (813) 956-4642
Sat	7:45 AM OA#36776	<b>ZOOM ONLY</b>	Step 11	Meeting ID: 277 327 215 Passcode: 785835 <a href="https://us02web.zoom.us/j/277327215?pwd=bU5WR1FsZUpwQWJvUjNzR04yM3pidz09">https://us02web.zoom.us/j/277327215?pwd=bU5WR1FsZUpwQWJvUjNzR04yM3pidz09</a>	Rita S. (727) 310-5760
Sat	10:00 AM OA#45426	First Fellowship <b>FACE-TO-FACE</b>	Step/Tradition Meeting	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Pat G. (727) 784-3375
Sat	10:30 AM OA#27235	Saturday Serenity <sup>^^</sup> <b>FACE-TO-FACE / HYBRID</b>	Big Book	First Lutheran Church 1644 Nursery Rd, Clearwater Meeting ID: 842 6203 9443 Passcode: Bigbook <a href="https://us02web.zoom.us/j/84262039443?pwd=OUZuOVNmMVoyNlloUTF0dWtyMWFQT09">https://us02web.zoom.us/j/84262039443?pwd=OUZuOVNmMVoyNlloUTF0dWtyMWFQT09</a>	Cora L. (813) 956-4642
Sat	10:30 AM OA#17950	Pasco Pioneers <b>FACE-TO-FACE</b>	1-Step/ 2-Big Book/ 3-Leader’s Choice/4- Traditions/5-Brown Book	Christian Church of Holiday 5724 Rt 54, New Port Richey, FL	Betty N. (727) 505-4562
Sat	12:00 PM OA#09412	PTI Meeting <b>ZOOM ONLY</b>	Third Saturday Only All OA’s welcome	Meeting ID: 859 3298 4082 Passcode: 259647 <a href="https://us02web.zoom.us/j/85932984082?pwd=TjUrSzJjQTC3TEhIbitQTE8rUFZzUT09">https://us02web.zoom.us/j/85932984082?pwd=TjUrSzJjQTC3TEhIbitQTE8rUFZzUT09</a>	Linda H. (727) 647-8280
Sat	12:30 PM OA#52497	Clearwater Men’s <sup>**</sup> <b>FACE-TO-FACE / HYBRID</b>	Men’s Meeting	Community United Methodist Church 207 Buckingham Ave., Oldsmar Meeting ID: 812 0365 3253 Passcode: Gentlemen <a href="https://us02web.zoom.us/j/81203653253?pwd=R1Vhbm9mdkVaRWgwNFBSSkNNMUITQT09">https://us02web.zoom.us/j/81203653253?pwd=R1Vhbm9mdkVaRWgwNFBSSkNNMUITQT09</a>	Lee (727) 480-4821
Sun	6:00 PM OA#32923	Clearwater Oasis <sup>**</sup> <b>ZOOM ONLY</b>	Big Book (90 Days)	Meeting ID: 817 3809 4727 Passcode: bigbook <a href="https://us02web.zoom.us/j/81738094727?pwd=ZTNkWWREcDF2VTNlaVp0Zk1vOGRIQT09">https://us02web.zoom.us/j/81738094727?pwd=ZTNkWWREcDF2VTNlaVp0Zk1vOGRIQT09</a>	Chrissy (813) 377-5332 Michelle (314) 378-9391
Sun	6:30 PM OA#49012	Beginner’s Meeting <b>FACE-TO-FACE</b>	Beginners / Step Study	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Judy C. (201) 259-3924

**Pinellas Traditions Intergroup meets the 3rd Saturday of each month 12:00 PM**  
**Meeting ID: 859 3298 4082 Passcode: 259647**  
<https://us02web.zoom.us/j/85932984082?pwd=TjUrSzJjQTC3TEhIbitQTE8rUFZzUT09>  
 Visitors welcome and service positions are available.

**OA World Service Telephone: 505-891-2664 Website: <http://www.oa.org>**  
**To find telephone or online meetings, please go to: <https://www.oa.org/find-a-meeting>**  
**Pinellas Traditions Intergroup Website: <http://oapinellas.org>**