



Overeaters Anonymous
Pinellas Traditions Intergroup
P.O. Box 294
Palm Harbor, FL 34682

Volume 16, Issue 6 June 2021

PTI Trusted Servants

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NEXT PTI MEETING:

Saturday, June 19th - 12:00 PM

[Join Zoom Meeting](#)

<https://zoom.us/j/84287775266>

Meeting ID: 842 8777 5266

Please join us ...

As Our Stories Attest

Step 6 ~ "Were entirely ready to have God remove all these defects of character."

As I had trudged through Steps 4 and 5 I became saddened by all the stuff I had been doing wrong, both to myself and others. Here I was at Step 6, half way through the steps and HP, who I wasn't really sure even existed, was finally going to remove all my defects. What a relief that this imaginary "God" was magically going to wave a wand and I'd be on the downhill to recovered, all my sins wiped away and I'd be thin at last; well thinner anyway. I really wondered why the program wasn't stopping with just six steps. I was all set to keep my carefree, overusing and abusing way of life, the clown at the party, the raging risk taker, who loved racing a sports car and controlling even the road. What would it matter that I was still 80+pounds overweight and pretty emotionally bankrupt and unstable insisting that people do their life by my rules?

In retrospect I can look at that point in my life, halfway through my steps the first time back in 1991 and realize there was much work yet to be done. The bulk of recovery was yet to be revealed and all I can say today, here in June of 2021, is that I'm grateful I've stuck around for the miracle to happen. I did find a God to trust and finally obey, I did learn prayer and through meditation, to listen to God. I did learn discipline and structure beyond my own self-will and there is recovery beyond even my wildest dreams. So much more has been revealed with God in the driver seat ... but that's a story for another day ... stay tuned!

PTI Anonymous
June 2021



The opinions expressed in this monthly newsletter reflect those of the writer and do not represent OA as a whole. Serve your group by sharing your experience, strength and hope in the PTI newsletter. Please submit your article by the **25th** day for publication in the following month's newsletter. Please send to: newsletter@oapinellas.org

Step 6

Were entirely ready to have God remove all these defects of character.

Tradition 6

An OA group ought never endorse, finance, or lend the OA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

Concept 6

The World Service Business Conference has entrusted the Board of Trustees with the primary responsibility for the administration of Overeaters Anonymous.

WORLD SERVICE CONVENTION Registration now open!!!



For more information, please visit
OA.org, or [click this link](#).

32nd Annual Florida State Convention of Overeaters Anonymous



January 14-16, 2022

**MORE DETAILS ARE IN THE REGISTRATION FLYER
LOCATED AT THE END OF THIS NEWSLETTER ...**



Please refer to oapinellas.org for the latest Pinellas Traditions Intergroup meeting minutes, treasurer's reports, and upcoming events.



Chair Chatter - June 2021



My goodness I know I say this every month..."Where is the time going?" I guess time flies when you're having fun. My kids came down the end of March. I took a vacation to California from April 1-8, came home, and hit the ground running. Attended the SOAR 8 Business Assembly, April 9-11. I am the chair of the Florida State Convention (FSC) and held a meeting for that (4/13) Had a week to recoup. Shirley and I attended the World Service Business Conference by video conferencing. We were able to spend 4 days together, 3 days in a motel, so I could mentor Shirley. It was exceptional!! I mentioned to someone that our IG voted we could serve together in a neutral setting (motel) and they thought that was a great idea. Each "Green Dot" has a mentor, and this worked out great! Shirley was a Green Dot. Meetings were held April 17th – 25th. "All About Conference", was the kickoff. There were meetings to "Meet the Maker" of the motions that we were voting on and ask questions, there was a Literature Q & A, you could ask questions about the new literature proposals. We were able to view videos of the nominated Trustees sharing their ESH. If you had questions, you could send them in, and they were answered live at the conference. The Business Assembly was held April 20-24. This is where the business of voting on the literature proposals, new business motions, and elections were held. It was a historical event, the first ever video conference, attended by 248 delegates from numerous countries. My report to our reps will be sent out before our next intergroup. I will not be attending the next IG, I have an event for another organization I volunteer for, I am an officer too.

I spoke of the FSC. Our intergroup is responsible for decorations and entertainment. Our volunteers from the last convention have rotated out.. so....I am looking for anyone who would be interested in doing some service for our intergroup. FSC will be held Jan. 14-16, 2022. This is the third weekend in January. We are celebrating 62 years of OA!!! It's going to be a big birthday party!

Finally, I'd like to remind everyone of the World Service Convention, August 26-28, 2021 in Orlando!! It is being held by Region 8. I am the Vice Chair of this Convention. Please give some thought and prayer about coming and giving service. Nothing extravagant; maybe serving in the boutique, a greeter, we need all kinds of help.

Thank You for taking the time to read our newsletter. All the events are posted.

Hugs,
Linda

VIRTUAL ZOOM MEETINGS

During this COVID-19 quarantine, when our meeting rooms have been shut down and we have been shut in, we encourage all to attend the virtual meetings being offered by Pinellas Traditions Intergroup (PTI).

Join us in a virtual meeting on a cell phone download the ZOOM app to your phone and then click on it. Join the meeting by entering the ID number and passcode.

To join us using your PC, laptop, tablet, or mobile device use your web browser to go to **ZOOM.us**. Click on JOIN MEETING, enter ID and follow directions. You can click on the **underlined links** below. For PC users, hold the control button and click on the link.

- SUNDAY** 6:00 PM "Big Book" **Meeting ID:** 81738094727 **Password:** bigbook
OA #32923 <https://us02web.zoom.us/j/81738094727?pwd=ZTNKWWREcDF2VTNlaVp0Zk1vOGRIQT09>
Phone in: +1 646 558 8656 **Passcode:** 7982339 **Contact:** Autumn 727 480 2200
- MONDAY** 12:00 PM "Voices of Recovery" **Meeting ID:** 756 6503 6069 **Passcode:** voices
OA #48303 <https://us02web.zoom.us/j/75665036069?pwd=SWIZU0YvUXBTNkl4SEFIVFhCaVNSZz09>
Phone-in: +1 646 558 8656 **Passcode:** 868710 **Contact:** Anne G. 212 399 7099
- MONDAY** 3:30-4:00 PM Newcomer Introduction & 4:00-5:00 PM For Today & Voices of Recovery
OA #89061 **Meeting ID:** 856 2432 8688 **Passcode:** 981506
Phone in: +1 929 436 2866 **Passcode:** 690043 **Contact:** Rita S. 727 310 5760
- MONDAY** 6:45-8:00 PM "Literature" **Meeting ID:** 199 631 721 **Passcode:** 409818
OA #01530 <https://us02web.zoom.us/j/199631721?pwd=MklHSmZYM3dleXZYT1BOK25VdHZWQT09>
Phone in: +1 929 436 2866 **Passcode:** 409818 **Contact:** Rita S. 727 310 5760
- MONDAY** 7:00 PM "Speaker" **Meeting ID:** 222 498 444 **Passcode:** 008551
OA #4788 <https://us02web.zoom.us/j/222498444?pwd=Tk5DdE1hWFILdWJ0RGJnbFUzOVJMQT09>
Phone in: 1+ 646 558 8656 **Passcode:** 5237216 **Contacts:** Stephanie D. 727 641 3437
Tobi 727 422 0181
- TUESDAY** 10:00 AM REBOS **Meeting ID:** 849 1556 8631 **Passcode:** faith
OA #54726 <https://us02web.zoom.us/j/84915568631?pwd=ZGZnODJVQ0NzRC9DSGGrNC8wOUxEQT09>
Phone in: 1-646-558-8656 **Passcode:** 726776 **Contact:** Donna D. 727 480 0865
- TUESDAY** 7:00 PM "Mile Stretch" **Meeting ID:** 864 6469 1462 **Passcode:** humility
OA #54346 <https://us02web.zoom.us/j/86464691462?pwd=eTNpbmZhcmlQbnJSZHHUcEhrNVJSQT09>
Phone in: +1 646 558 8656 **Passcode:** 49852475 **Contact:** Kathryn S. 727 204 2761
- WEDNESDAY** 6:30 PM Beach Zoom **Meeting ID:** 730 1090 2349 **Passcode:** Hope
OA #10359 <https://us02web.zoom.us/j/73010902349?pwd=Y0VENDNic0hWSTFrSDJFc1RqSHZQUT09>
Phone in: +1 646 558 8656 **Passcode:** 470866 **Contact:** Linda H. 727 647 8280

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VIRTUAL ZOOM MEETINGS -continued-

- WEDNESDAY 4:00 PM** Newcomer Meeting **Meeting ID:** 841 6112 6101 **Passcode:** newbe
OA #89346 <https://us02web.zoom.us/j/84161126101?pwd=NVd1Zjk5Q2puRTF3YXJOOVpXVGIOZz09>
Phone in: +1 646 558 8656 **Passcode:** 776860 **Contact:** Shirley Q. 727 916 2199
- THURSDAY 10:30 AM** Aldersgate Hope **Meeting ID:** 823 0363 0921 **Passcode:** love
OA #53015 <https://us02web.zoom.us/j/82303630921?pwd=MlVkamhocDUvRWtKR09TaFpJQStDQT09>
Phone in: +1 646 558 8656 **Passcode:** 726776 **Contact:** Donna D. 727 480 0865
- THURSDAY 5:30 PM** “Steps to Freedom” **Meeting ID:** 825 6594 8873 **Passcode:** recover
OA #49784 <https://us02web.zoom.us/j/82565948873?pwd=YUROSkh5ZUIzaTFuV09OVXRWM21tQT09>
Phone in: 1-646-558-8656 **Passcode:** 4848917 **Contacts:** Mary Mc 727 808 4265
Michele 314 378 9391
- THURSDAY 7:00 PM** “New Freedom/Varied” **Meeting ID:** 874 1185 6223 **Passcode:** Willing
OA #46183 <https://us02web.zoom.us/j/87411856223?pwd=VWhlY2lpWWR3M3NtbTFjY09hQk5yUT09>
Phone in: 1-646-558-8656 **Passcode:** 4848917 **Contact:** Shirley Q. 727 916 2199
- FRIDAY 12:00 PM** “Literature Meeting” **Meeting ID:** 828 2766 5988 **Passcode:** oarocks
OA #52863 <https://us02web.zoom.us/j/82827665988?pwd=NjBOamRiRFovaEpGeIPY3INVEVEZz09>
Phone in: +1 646 558 8656 **Passcode:** 3721175 **Contact:** John C. 727 289 9122
- SATURDAY 7:45-9AM** “11th Step & Spiritual Awakening” **Meeting ID:** 277 327 215 **Passcode:** 785835
OA #36776 <https://us02web.zoom.us/j/277327215?pwd=bU5WR1FsZUpwQWJvUjNzR04yM3pidz09>
Phone in: +1 929 436 2866 **Passcode:** 785835 **Contact:** Rita S. 727-310-5760
- SATURDAY 10:30 AM** Big Book Meeting **Meeting ID:** 842 6203 9443 **Passcode:** Bigbook
OA #27235 <https://us02web.zoom.us/j/84262039443?pwd=OUZuOVNmMVoyNlloUTFOdWtyMWFTQT09>
Phone in: +1 646 558 8656 **Passcode:** 6860727 **Contacts:** Maryhelen 508 942 9119
Cora 813 956 4642
- SATURDAY 12:30 PM** Men’s Meeting **Meeting ID:** 812 0365 3253 **Passcode:** Gentlemen
OA #52497 <https://us02web.zoom.us/j/81203653253?pwd=R1Vhbm9mdkVaRWgwNFBSskNNMUITQT09>
Phone in: +1 646 558 8656 **Passcode:** 960923806 **Contact:** James M.

PTI Business Meeting – All visitors welcome!

- SATURDAY 12:00 PM** 3rd Saturday of Month **Meeting ID:** 859 3298 4082 **Passcode:** 259647
OA #09412 <https://us02web.zoom.us/j/85932984082?pwd=TjUrSzJjQTc3TEhlbitQTE8rUFZzUT09>
Contact: Linda H. 727 647 8280

Please send any Zoom meeting changes to chair@oapinellas.org with the following information:
Meeting ID, Password, Phone in (if new), Passcode (if new), and the **NEW website address**. Thank You!

Face-to-Face and/or Parking Lot Meetings

These meetings maintain social distance and meet face to face. Bring your own chair and your own literature.

- SUNDAY** **6:30 PM** Gulfport Neighborhood Center 1617 49th St S, Gulfport → Bring a chair
OA #49012
- MONDAY** **10:30 -11:00 AM** “Newcomers Meeting” followed by
OA #46182 **11:00 -12:00 PM** “Just for Today / 12&12 / Big Book”
Lutheran Church of the Resurrection, 1555 Windmill Pt. Rd., Palm Harbor
- TUESDAY** **10:00 AM** REBOS, 5639 54th Ave. N., St. Pete
OA #54726 **Contact:** Cindy B. 813 454-7941 → Meeting is on the porch. Please bring a chair.
- TUESDAY** **5:30 PM** Step Meeting → Sabala Plaza, 14100 Walsingham Road, Ste 32, Largo
OA #57219 **Contact:** Kelly (727) 542-4525
- TUESDAY** **7:00 PM** Living in Today → Northwood Presbyterian Church, Rm. #4, 2875 SR 580, Clearwater
OA #54697
- THURSDAY** **7:00 PM** First Fellowship → Palm Harbor Presbyterian Church, 2021 Nebraska Ave., Palm Harbor
OA #46183 “Literature”
- FRIDAY** **6:45 AM** Fresh Start, Central Church of Christ, 1454 Belleair Rd., Clearwater
OA #54674
- FRIDAY** **6:00 PM** “Big Book” Gulfport Neighborhood Center 1617 49th St S, Gulfport → Bring a chair
OA #49602 **Contact:** Cindy B. 813 454-7941

NEW TIME AND LOCATION

- SATURDAY** **10:00 - 11:00 AM** → A Club, 5650 Missouri Ave., Port Richey
OA #17950 **Contact:** Sue D. Face coverings and social distancing are required.
- SATURDAY** **10:00 AM** First Fellowship → Palm Harbor Presbyterian Church, 2021 Nebraska Ave., Palm Harbor
OA# 45426 “Steps/Traditions”

**HAVE YOU SEEN THE NEW OA MEETINGS LISTS ON OUR WEBSITE YET?
PLEASE GO CHECK IT OUT AT [MEETINGS.OAPINELLAS.ORG](https://meetings.oapinellas.org)**

REGISTRATION FORM:

YES - I WILL GIVE SERVICE:

_____ Guest Speaker - I have 1 year
or more continuous abstinence
_____ Initial here

_____ Meeting Leader - I have 90
days of continuous abstinence
_____ Initial here

*All who volunteer as speakers will be contacted for
more info about your experience, strength and hope.*

- _____ Boutique
_____ Hospitality Room
_____ Hugger/Greeter
_____ Literature Table
_____ Meeting Room Timer
_____ Registration Table
_____ Sell Tickets for Drawings
_____ Service Desk
_____ Where needed
_____ I need a roommate

Visit the Recovery Bookstore

**Need literature? Anyone may place
an advance order before 12/1/2021.**

Contact: Andrea K.

Email: andrearkatz@gmail.com

Phone: 786-210-7977

***Credit cards will be accepted
at the Florida State Convention for
purchases over \$10.***

PARTICIPATING FLORIDA INTERGROUPS

- Central Florida
- Gold Coast
- Manasota
- Miami-Dade & the Keys
- New Freedom
- Palm Beach County
- Pinellas Traditions
- Space Coast
- Sun Coast



FLORIDA STATE CONVENTION COMMITTEE
OF ALL PARTICIPATING INTERGROUPS

For more information contact:

Chair – Linda H.

Email: fscchair2021@gmail.com

Phone: 727-647-8280

Vice Chair – Cindy B.

Email: cindythepetnanny@gmail.com

Phone: 813-454-7941

Hotel Liaison – Tammy B.

Email: tammybursick@comcast.net

Phone: 772-257-9704

*Note: Meeting rooms can be
chilly. Please bring a sweater.*

***Face masks MAYBE required;
social distancing in effect.***

If you are reading a paper copy, additional copies
of this flyer can be downloaded at
www.oaregion8.org

32nd Annual

Florida State Convention
of Overeaters Anonymous



“Together we can...
**Celebrate
Recovery -
62 Years”**



JAN 14-16, 2022

(Face-to-face; no virtual meetings)

**Hilton Cocoa Beach Oceanfront
1550 N Atlantic Avenue
Cocoa Beach, FL 32931
(Reservations) 1-866-580-7402
(Hotel Direct) 321-799-0003
cocoabeach.hilton.com**

HOTEL INFORMATION

Hilton Cocoa Beach Oceanfront (Reservations) 1-866-580-7402

You must make your own reservations before 12/15/2021. Use code "FSCOA2" for special rates: \$164.00 Double/Triple/Quad + 12% taxes per night. Reservations made after 12/15/2021 will be charged at the current room rate in effect on the day of the reservation. Hotel requires a credit card to hold your reservation. **THERE WILL BE NO EXCEPTIONS.**

Rates are available for three days before and after the event. Hotel check-in is at 4:00 PM, Friday; check-out is 11:00 am Sunday. Coffee maker and mini-frig in every room (no microwaves).

SELF - PARKING will be 50% off (= \$4.50 per day) and is adjacent to hotel. Complimentary internet.

MEAL INFORMATION

WIN!

Meals must be ordered before 1/8/2022. Everyone who signs up for the 4-meal package will be entered to win one of four \$50 cash prizes. Winning is like attending the banquet almost for free!

4-Meal Package: \$140
Includes breakfast buffet Saturday and Sunday, Saturday lunch buffet and Saturday banquet. All taxes and tips included in price.

You may also choose to attend the Saturday lunch and/or banquet separately. Guests are welcome if you prepay for them. Sign up for one or both and pay the meal fee(s):

Saturday Lunch BUFFET ONLY: \$45
Your choice of grilled chicken salad, mahi, or vegetarian entree. (Indicate choice on registration form.)

Saturday BANQUET ONLY: \$55
Your choice of chicken, steak, or vegetarian entrée. (Indicate choice on registration form.)

More information about what is included in each meal is available on the Event Brite web page. **If you have severe food restrictions/allergies, contact the hotel directly regarding your meals.**

Convention Highlights

Registration in Hotel Main Lobby
Friday: 3:00 – 7:00 PM
(closed during opening ceremony)
Saturday: 7:00 AM – Noon

Workshops start: 4:00 PM FRI
8:00 AM SAT
8:00 AM SUN

Opening Ceremony: 7:30 PM FRI
Convention ends: Noon SUN

REGISTRATION FEES

- **Early registration: \$35.00** (Postmarked by 12/15/2021)
- One Day Pre-Registration: \$30.00
- **Late registration: \$45.00** (Postmarked **AFTER** 12/15/2021)
WALK-INS WELCOME (\$45) !!
There is no virtual attendance.
Credit cards accepted on site.
- No refunds after 1/4/2022. These funds will be considered a 7th Tradition Donation.

*No one will be turned away for lack of funds. Please check with your **Intergroup** about scholarships. If you cannot afford registration, consider giving service or a donation.*

Register on-line:

<https://fscoa2022.eventbrite.com>
(A surcharge is added when using this site.)

Register by mail: **(This is preferred.)**

Make checks payable to:
"Florida State Convention of OA"

Send to: Sun Coast IG (Tara Loux)
PO Box 18594
Tampa, FL 33679
Email: Suncoast.tampabay@gmail.com

REGISTRATION FORM "CELEBRATE RECOVERY"

Name and City for Badge:

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Fees Enclosed (Registration plus meals):

Registration Fee \$ _____

4-Meal Package* \$ _____

Sat. Lunch ONLY* \$ _____

Sat. Banquet ONLY* \$ _____

DONATION \$ _____

TOTAL \$ _____

***If ordering meals, please circle your choice:**

Lunch choice: Grilled chicken salad Mahi Vegetarian

Banquet choice: Chicken Steak Vegetarian

Final date for ordering meals is 1/8/2022.
Please turn form over and complete service application on reverse.

