



June 2018

Volume 13, Issue 6



## Asking for a Scholarship



When I came to OA, I was near rock bottom, and I certainly didn't get that way by taking care of myself. I didn't feel that I deserved anything good in my life. There was a retreat coming up, and it was a lot of money. My sponsor at the time encouraged me to try for the scholarship. My fellow members also encouraged me to try. It was the first time that I could recall other people telling me that I WAS WORTH IT, that money shouldn't stop me from attending. Their belief in my worth for the scholarship brought me one step closer to recovery. I drew on their strength because I had none. And the retreat was incredible! They talk about planting seeds in OA, and for me, the retreat was an entire forest planted in one weekend. It took me three more months to get abstinent, for that forest to take root in my soul, but those roots are strong and I am grateful for them. I would never want anybody else to miss out on that kind of experience because of lack of money.

I am now actively involved in my Intergroup because of another scholarship. As a requirement, I had to attend an Intergroup meeting, which I would have never done otherwise. These meetings seemed like they were for "important" people, not me. I went to the meeting to apply for a scholarship, which led to me being the Treasurer, then Region Representative, and finally a Delegate at the World Business Assembly. Having a service position with an abstinence requirement is an extra layer of protection around me and my abstinence, which I treasure. I never would have imagined that asking for a scholarship would lead me to the thrilling service opportunities that I have before me today. I am so grateful for what my scholarship opened up for me!

- CC -

*See page 6 for instructions on how to apply for a PTI scholarship.*

### OUR TRUSTED SERVANTS

**CHAIR:**

JC D.  
(813) 240-8572  
chair@oapinellas.org

**VICE CHAIR:**

Vacancy

**TREASURER:**

Vacancy

**SECRETARY:**

Christina L.  
(727) 642-4551  
secretary@oapinellas.org

**NEWS EDITOR:**

Joan R.  
(727) 785-9208  
newsletter@oapinellas.org

### NEXT PTI MEETING:

**Friday, June 15th - 6:30 PM**

**Overeaters Anonymous  
Pinellas Traditions Intergroup  
P.O. Box 16582  
Clearwater, FL 33766  
www.oapinellas.org**

The opinions expressed in this newsletter reflect those of the writer and do not represent OA as a whole. Serve your group by sharing your experience, strength and hope in the newsletter. Please submit your article by the **22nd** day of the previous month for publication in the next month's newsletter.

Please send to: [newsletter@oapinellas.org](mailto:newsletter@oapinellas.org)

# Step 6

Were entirely ready to have God remove all of these defects of character.

*If you are reluctant to ask the way, you will be lost.*

*-Malay Proverb*

If I knew what to do to arrest my illness, I wouldn't be here. Recovery requires a change of ways, a willingness to go to any length. I need to ask directions: How do I stay abstinent: How do I avoid becoming obsessed with diet and weight loss? I have to ask questions, even when I think I know the answers – or, perhaps, especially when I think I know the answers.

Step by step, I will find my way, asking for help, using the telephone numbers, getting a sponsor, listening and sharing at meetings. I will do what is necessary to be restored to sanity.

**For today:** May I continue to discard more of the pride and arrogance I put aside when I came to OA and asked for help.

*-For Today, page 188*

## Willingness

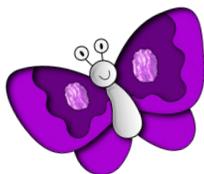
*The quality or state of being inclined to do or grant; complying; spontaneous; voluntary.*

Willingness really means making a decision and then taking action for me as I keep moving forward. It's about progress on this road to recovery and if I "See to it that your relationship with Him is right, and great events will come to pass you and countless others" (page 164, AA BB). I have found this to be so true. My awareness of things has become so much clearer and I have learned that "Our real purpose is to fit ourselves to be of maximum service to God and the people about us" (page 77, AA BB). As long as my connection with my Higher Power is clear and current, pretty much everything else will fall into place for me. It's when I exert my own will that I run into a stone wall and God reminds me that my first thought is wrong and I will need to check with others, write, use the tools I have learned in this program that helps me to grow. So much help is available to me for the asking, why wouldn't I ask? Is my pride in the way? Another thing to work on. I must keep coming back!

JR

## Tradition 6

An OA group ought never endorse, finance, or lend the OA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.



*"... I listened to a talk show on the local radio station. The guests were three members of Overeaters Anonymous. As they spoke, I realized that I was hearing for the first time an exact description of my disease."*

-Overeaters Anonymous, First Edition, page 173

How do I feel reading that? Hearing and responding to that broadcast saved the life of the person who wrote about it. What if there had been no broadcast to hear?

I do not like to think that I have been hiding behind "Do what you can, when you can," but have I been letting myself off too easily from twelfth-step work?

Could I bring the needs of those who do not know about OA into my prayer and meditation? Should I raise the question of a Twelve-Step project at my home group? Is it time to answer telephones?

Getting honest with myself about my eating was the beginning of this great improvement in the quality of my life. What might happen to the quality of my life if I got honest with myself about Step Twelve? What can I do in the next twenty-four hours to reach another sufferer? Making this program better known is partly up to me.

-Voices of Recovery, page 66

*"Instead of telling God how big your fears are, start telling your fears how big your God is."*

Before recovery, we were driven by a hundred forms of self-centered fear. During steps 6 and 7, we began to release some of these character defects, but some habits are hard to break. Like feeding into our fears.

But when we can pause and work our program of recovery, we remember that we are not alone. In fact, our greatest asset in our new life is our connection with and relationship to our Higher Power. We know from repeated experience that God has, can and continues to work miracles in our lives and in the lives of those we meet in the rooms.

Rather than giving power to my fears today, I now give my fears to God. My solution is that when I'm telling my fears how big my God is, I'm thinking about God – not my fears. And that is when the miracle takes place.

### **How To Be An "Online" Sponsor:**

We have many newcomers and members who are unable to get a sponsor. Whether they live in a remote area or in other regions, it is our responsibility to carry the message of hope to all who want to hear it. SOAR8 has a program to match available sponsors to individuals who need sponsors. This is an opportunity to share your experience, strength, and hope. We can't keep it if we don't give it away. This is one of the cornerstones of our program; to actively work the 12 steps of recovery with a sponsor. If you are available and would like to sponsor someone via email and/or telephone, please complete the form on the SOAR8 web site:

<https://www.oaregion8.org/committees/tsw/online-sponsor-request>

## Concept 6

The World Service

Business Conference

has entrusted the Board

of Trustees with the

primary responsibility

for the administration of

Overeaters Anonymous.

The capacity to learn  
is a GIFT.

The ability to learn  
is a SKILL.

The willingness to learn  
is a CHOICE.

-Brian Herbert

# SOAR8 Assembly News ...



**SOAR8 RECOVERY CONVENTION & BUSINESS ASSEMBLY  
APRIL 20 - 22, 2018 / MOBILE, AL, USA**

We arrived at the Marriott Hotel late on Friday morning.

The SouthWest Alabama Intergroup, small but mighty, as described, displayed Southern hospitality from start to finish.

On Friday evening we were provided with all necessary information and procedures, Introduction of the Board members, Roll Call & Credentials, Adoption of Agenda, etc.

We were welcomed, followed by a short skit. Three speakers shared stories in reference to “Transitioning from Winter to Spring: Making room for the Master Gardener’s plan”.

On Saturday the Business assembly started with OA readings, Credentials, Adoption of Standing Rules, Introduction of Parliamentarian & short parliamentary lesson, followed by Committee meetings and reports, motions and voting, and nominations for upcoming fall positions.

History was made! SOAR 8 was the first Region to have Virtual Voters! I was sitting with the Tech Web committee while this was taking place.

The Dinner Banquet was great. The food was delicious, the art work and decorations were beautiful, and the speaker was interesting. The DJ was incredible and we danced the night away.

It was great meeting and sharing with other OA members.

TSW put on an adorable skit at the closing session.

The Sunday morning speaker spoke on the theme, “SPRING INTO ACTION!”

We closed with the Serenity Prayer.

Thank you so much for giving me the opportunity to attend the Business Assembly.

In Love and Service,  
Julie O.

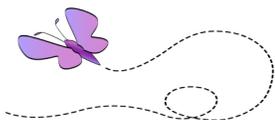
**Region 8 Representative - Report by Crystal C.**

First of all, I am so honored to be a representative of PTI for our region. When I first started OA, I heard about business meetings after individual group meetings, but I thought that was for the “important people,” and not me. It wasn’t until I applied for a scholarship through PTI, and became involved in PTI, that I learned more about how OA is structured and run by its members. I didn’t fully grasp how the organization worked, from the local to the worldwide level, until this week at the region and worldwide assembly meetings.

The most exciting thing that I learned as a rep at my first ever business assembly in Mobile, Alabama, was being able to see that every intergroup had a voice and a vote! On top of that, we were the very first region to have VIRTUAL VOTING available for the intergroup reps that couldn’t make it. We experienced some technical difficulties at first, but once those votes came through, the excitement on the faces of the Board up front was exhilarating. Our region secretary raised her arms straight up into the air like we had just won the Super Bowl. It was thrilling to be a part of this very first historic virtual voting process.

I was a first time representative, which made me what they call a “green dot.” I was assigned a mentor for the whole process, and we had a little graduation ceremony at the end. Our wonderful Region 8 Chair, Katrina, was a green dot chair, and her reassuring smile was very calming. It was helpful to me to see another green dot handle all the questions and glitches so gracefully. It reminded me of what I have learned in OA so far, that I don’t need to focus on perfection, just on my own progress.

The convention was split into two parts, a recovery side and a business meeting side. We were able to attend some meetings during the off-times of the business side. Before I went, I was a little concerned that I wouldn’t feel all the good recovery feels that I have after a retreat, if I was only going to a business assembly all day. Boy, was I wrong. I got to watch the traditions in action. I got to see boundaries and rules established and adhered to. I got to see what “principles before personalities” looks like, and how sticking with the traditions ensures that our organization continues and thrives. It was truly beautiful. I am incredibly grateful to be a regional representative for PTI.



# SPRING INTO ACTION!



The SOAR8 Recovery Convention & Business Assembly was held in Mobile, AL Apr 20<sup>th</sup> through Apr 22<sup>nd</sup> hosted by the South West Intergroup of OA.

Traveling with a fellow friend in recovery, we got to the airport and boarded our plane bound for Alabama, very early Friday morning.

The weekend events began that evening with introductions of our Board members, Roll Call, announcements and formalities. We heard from three speakers who shared their stories briefly using a gardening metaphor. What a great perspective some had relating working the OA program to taking care of plants. Examples of some points were preparing, watering, feeding, talking to, digging deep, getting to the roots, and pulling out the weeds and of course maintenance. What a great idea for a topic!

Saturday was all business with Committee meetings and reports, motions & voting, and nominations for upcoming available positions for World Service Reps and Region 8 Trustee.

Bylaws and Electronic Documents Committee is what I chose to be involved with. One needs to have patience and an interest in paying attention to details, to serve on this Committee. 😊

We, the business assembly, intermingled with the Convention's general attendees for an awesome luncheon and guest Speaker, then back to business.

The most memorable thing that happened, for me, was being able to be a part of making world history. Region 8 was first OA organization to have Virtual Voters!

There were recovery meetings and closing guest Speaker and so much more before it ended on Sunday.

Thank you PTI for allowing me to represent our group!

Judy L.

## ANNOUNCEMENT

Pinellas Traditions Intergroup is looking for service-oriented fellowship members willing to do service by coming to Intergroup on the third Friday of every month. We are in need of a new Vice Chair, Parliamentarian, Treasurer, Representative, Tech Web and Unity with Diversity Committee Chairs and a new Newsletter Editor. Applications are available online for the Board positions at [oapinellas.org](http://oapinellas.org).

Please email your completed application to [chair@oapinellas.org](mailto:chair@oapinellas.org) at your earliest convenience.

Intergroup is open to all PTI members. Please join us!

## Looking for PTI Members to share their Experience, Strength and Hope ...

**PTI is looking for newsletter entries on the topic of "Humility" for the month of July. The deadline is June 15th.**

**Also, the topic for August is "Self-Discipline" that must be submitted by July 15th.**

**Save the dates and please consider on sharing your experience, strength and hope in our monthly newsletter. If you're not sure of what to share on the monthly topic, please feel free to send in an article of any "recovery" topic that inspires you.**

**Please, please, please consider sharing your written thoughts. We all have them. This is a thinking disease. A new editor would be a great idea, too. Time for a change!**

**PTI is also looking for a new newsletter editor. If you are interested, please email Joan: [newsletter@oapinellas.org](mailto:newsletter@oapinellas.org)**



## World Service Business Organization Delegate Report by Crystal C.

I was very lucky to attend the World Service Business Organization in Albuquerque for the first time while fresh off the heels of my first time at the Region 8 Assembly in Mobile. I am truly honored that I was able to attend and represent PTI in doing business for the entire world where OA is present. Everything came together for me in this week, the whole organizational structure with every single member of OA having a voice and being represented.

I was grateful for the 300+ page binder that I received at registration, because we sure used it. The proposed new motions were all there, all 83 pages, which I ended up pouring over, because each motion listed who it was submitted by, the intent, the implementation, the cost, the primary purpose, the rationale, the history, and committee comments. This was extremely helpful, as I listened to arguments of pro and con, and I was able to make notes of questions and answers and debate with others in note forms and ultimately vote on what felt like the best decisions for OA as a whole, to further the message.

I can't describe the multiple feelings I had during that assembly, but I'll try. There were some moments of tension, during the debates. A few times there were requests for the serenity prayer, as well as the fear prayer. I would think my mind was made up with a pro, but then change again with the next con. It was wonderful to hear all sides of reasoning and rationales for the motions, and I marveled with my new friends there at how incredibly passionate we found ourselves in these motions, which, on paper and at first glance, seemed rather boring. They were ANYTHING BUT.

The one motion that seemed to draw the most tears in the room was concerning adding the following policy statement, "Overeaters Anonymous has no opinion on bariatric surgery. In the spirit of Tradition Three, we welcome into the Fellowship of Overeaters Anonymous those who have had the surgery or are considering it." The motion was passed, after some heartfelt appeals from members who have felt rejected in their meetings, a call for a worldwide inventory on how bariatric patient members have been treated in the past, and a one minute period of silence for all those who have suffered who share our compulsion.

It was interesting to observe how some motions that seemed so simple and straightforward turned into rather heated debates. For example, there was what seemed to be a simple housekeeping motion of taking away some tech web services that had been put in place nearly ten years ago, but never acted on. I think a few years ago, this may have passed without notice, but not this year! It seems that the world service delegates are hungry for advancing technology and increasing our virtual presence throughout the globe. After much, much debate on the motion and new, last minute amendments, the original creator ended up withdrawing the whole motion. I'll admit, I had tears in my eyes over the whole beautiful process.

It was quite a journey on the virtual and technology front. We even voted to create a new VIRTUAL REGION. But who has done that before? NO ONE! How scary is that?!? Hence, the fear prayer. A new virtual region brings with it so many questions that we don't yet have the answer to. But guess what? We're doing it! OA is stepping in to the future. And if I've learned anything from my smattering of business classes, if I can sum up a \$60,000 education into one statement, it would be this—Organizations that do not evolve WILL die. I am ecstatic to report that OA on the world-wide level is willing to evolve and embrace a new, scary, unknown frontier—much like I had to when I first walked through that OA door.

I am incredibly grateful for the opportunity that I had to represent our intergroup at the World Service Business Assembly and I am excited for the thrilling changes ahead of us as we virtually blanket the whole world with our life-saving message of hope.

# WSBC Delegate Report by JC

Here are my notes from the 2018 OA World Service Business Conference. This is when representatives from around the world meet with the elected board of trustees to share recovery, information, love and debate and vote on business motions that will guide and define how OA functions. As the 12th step principle is giving service, everyone is part of a committee which completes the work of OA. I continued in the 12th Step Within committee and volunteered to be delegate co- chair. Oh Boy! I ended up leading the committee meeting for the full day. ☺ We created three subcommittees. They are: relapse, spiritual awakening through 12 steps, and what recovery looks like. Each subcommittee has goals on how to deliver the message and help those who are in OA to keep their abstinence and further their recovery.

One of the experiences of WSBC is the people we interact with. There were 188 voting members representing 17 countries: Australia, Austria, Brazil, Canada, Costa Rica, England / U.K., Germany, Greece, Ireland, Israel, Mexico, New Zealand, South Africa, Spain, Sweden, Venezuela, and USA.

We learned literature sales trending down, contributions trending up, and expenses trending up. As literature sales are such a large portion of OA income this is creating an overall loss of income. In order to have a balanced budget the board of trustees eliminated 90,000\$ in the budget. The board spoke to tough decisions and challenging financials.

If you have been on the OA website, you may have noticed it is difficult to search for items. They choose not to use more common search engines on the website such as Bing or Google because they collect data about their users and could compromise anonymity. The board is creating a website review committee to see how to make OA website more user friendly and easier to search for items.

**Literature Updates:** Revision to the Family COE pamphlet was approved, Revision To the Teen pamphlet being updated To the Young Person was defeated (want more male stories and want updated stories), Revision to the Welcome Back pamphlet was withdrawn by the committee, the new Twelve Concepts of OA Service pocket card was defeated. (Not enough info. Don't want it to be a pocket card.)

## **Elections to the Board of Trustees:**

- Region 1 Pat O. - Yes
- Region 3 Neva - Yes
- Region 6 Diana G. - No
- Virtual Services / Dora - Yes / Betty - No
- General Service Trustee / Judith H. and Bonnie - Yes

## **Other Business:**

- Web tech committee was not dissolved.
- Ad hoc committee created to investigate how to make a virtual front door for OA
- Statement that bariatric surgery people are welcome in OA. Still OA has no opinion on surgery.
- Virtual services is now its own region with intergroups.
- Virtual meetings are able to affiliate with a land based intergroup.
- Finance committee dissolved due to duplication of services.

# How To Apply For A PTI Scholarship ...

**Apply** for a scholarship. See guidelines below and application attached. Deadline is the Intergroup meeting before early registration for the event.

These are the guidelines for the PTI scholarships...

## **A. Guidelines of application:**

1. Applicant will have at least three (3) months of active/continuous group attendance.
2. Applicant will attend at least two (2) Intergroup meetings. \*\* One meeting within three months before the early registration deadline and one following the event.
3. Please plan to do service at the event. If event is a Soar 8 Recovery and Business Assembly, it is suggested that you attend a committee meeting in the Business Assembly (a PTI Region 8 Representative can help you with this).
4. It is required that the applicant(s) submit a written report and present it at the PTI meeting following the event. It is not necessary to mention the scholarship if wanting to maintain anonymity. The report will include a summary of the service provided.
5. Applicant will also e-mail that report to the Newsletter editor at [newsletter@oapinellas.org](mailto:newsletter@oapinellas.org).
6. **The deadline for application is the PTI meeting prior to the early registration of the event. Application must reach the treasurer of PTI by this PTI meeting date. The application can be e-mailed to [treasurer@oapinellas.org](mailto:treasurer@oapinellas.org), given in person to PTI treasurer at meeting.**
7. The treasurer will provide a copy of the application(s) to the scholarship committee for consideration.
8. Scholarships are dispersed depending on the fund availability. Some scholarships may be partially funded. The cap for a scholarship is \$200.00.
9. The scholarship committee is created each year in January, consisting of the Bylaws Chair, Treasurer, and two other PTI meeting members. Volunteers considered first.

## **Intergroup Meets at:**

Morton Plant Hospital  
300 Pinellas Street  
Clearwater, Florida 33756  
Tuttle Auditorium  
Third Friday of each month at 6:30 pm.

## **If sending by mail:**

Pinellas Traditions Intergroup  
P. O. Box 16582  
Clearwater, FL 33766

# Upcoming Events

## Abstinence in Action "Adventure" Fellowship

### Garden Fellowship Event and Workshop

Come to learn about herbs, plants, workshop to learn how recovery helps us grow, and have fun! ☺

**Saturday, June 30th**  
**1PM – 3PM**

LOCATION:  
2134 Azalea Drive  
Palm Harbor FL

Suggested Donation of \$6.00.

No one will be turned away for lack of funds

Contact Chrissy for more info at (813) 377-5332



### Save the Date!!!



**PINELLAS TRADITIONS INTERGROUP**

*Invites you to the "8th Annual"*

**OA FRANCISCAN CENTER RETREAT**

**"Growing In Recovery"**

**July 27th - 29th**

[Click here](http://oapinellas.org) for flyer or visit <http://oapinellas.org>

### Technology Event

**Saturday, August 4, 2018**

Problems with your laptop, tablet, or phone?  
We're here to help you. Bring your lunch if you like.  
Water will be provided.

**Time:** 12:00PM—3:00PM

**Place:** 806 Robin Ave., Palm Harbor, FL

**Contacts:** Joan R. (727) 785-9208  
Linda Mc. (727) 804-4610

**Cost:** \$6.00

Please join us and bring a friend who needs help.



More information on all of these events may be found on our PTI website ... <http://oapinellas.org>



### Pinellas Traditions Intergroup - 7th Tradition



The 7th Tradition states, "Every OA group ought to be fully self supporting, declining outside contributions."



Available online, local OA groups and members can send a contribution using a secure site via PTI's PayPal page.



Please click the PayPal button below or you may visit our website at [oapinellas.org/donations.html](http://oapinellas.org/donations.html) to send in a donation today.



Your donation is appreciated!!!



# PINELLAS COUNTY MEETING LIST

June 2018

| DAY  | TIME                 | MEETING NAME   | MEETING TYPE / NOTES   | LOCATION  | CONTACT  |
|------|----------------------|--|--|---|--|
| Mon  | 10:15 AM<br>OA#46182 | Just For Today ^^                                    | Big Book / 12 & 12   | Lutheran Church of the Resurrection<br>1555 Windmill Pt Rd., Palm Harbor  | Mary Ellen (727) 781-2597<br>Joan (727) 785-9208                           |
| Mon  | 12:00 PM<br>OA#48303 | Voices of Recovery<br>(Candlelight Meeting)          | Voices of Recovery<br>Discussion                                       | Unity of St. Petersburg<br>6168 First Ave. N, St. Pete  | Ann G. (212) 399-7099  |
| Mon  | 7:00 PM<br>OA#47788  | Focus on Abstinence ^^                               | Speaker Meeting<br>Speaker Abstinent 90+ Days                          | Central Church of Christ<br>1454 Belleair Rd., Clearwater<br>(NW of Belleair Rd. & Highland – entrance on Belleair)     | Mary T. (727) 593-4758<br>Mardie (727) 501-3949                            |
| Mon  | 7:00 PM<br>OA#01530  | Search Out Serenity<br>"SOS"                         | Leader / Discussion<br>Jackson Street entrance                         | St. Anthony's Hospital, Classroom D<br>1200 7th Ave. N., St. Petersburg<br>(Jackson Street entrance)                    | Cynthia (561) 254-3642   |
| Tues | 10:00 AM<br>OA#54726 | Abstinence<br><b>NEEDS SUPPORT</b>                   | Daily Readings<br>Open Discussion                                      | REBOS Center<br>5639 54th Ave. N., Kenneth City   | Donna D. (727) 480-0865  |
| Tues | 7:00 PM<br>OA#54697  | Living In Today                                      | Step/Lifeline/Daily Reader/<br>BB/Leader's Choice                      | Northwood Presbyterian Church – Rm #4<br>2875 State Road 580, Clearwater  | Lee (727) 480-4821   |
| Tues | 7:00 PM<br>OA#54346  | The Mile Stretch Meeting<br><b>NEEDS SUPPORT</b>     | Literature Meeting   | St. Vincent de Paul Catholic Church<br>4843 Mile Stretch Rd., Holiday   | Chris (727) 688-9823<br>Judy L. (727) 457-1053<br>Jeanne A. (727) 494-7994 |
| Wed  | 6:45 PM<br>OA#10359  | Madeira Beach<br>Beach Bunch<br><b>NEEDS SUPPORT</b> | Open Discussion  | On the beach in front of the snack shack<br>15100 Gulf Blvd., Madeira Beach (Bring a chair)                             | Linda H. (727) 647-8280<br>Donna D. (727) 480-0865                         |
| Thur | 10:30 AM<br>OA#53015 | Hope<br><b>NEEDS SUPPORT</b>                         | All Literature   | Aldersgate Methodist Church<br>9501 Starkey Rd., Seminole<br>(Back of church near the office)                           | Lynn E. (901) 830-1092   |
| Thur | 11:00 AM<br>OA#40873 | Key to Freedom                                       | Big Book Meeting   | First Presbyterian Church<br>455 Scotland St., Dunedin<br>(Downtown Dunedin)  | Laurie (727) 517-4137  |
| Thur | 5:30 PM<br>OA#49784  | Steps to Freedom **                                  | Focusing on Recovery<br>through the Steps and<br>Traditions - 90 Days  | St. Cecelia's Church, Room A<br>820 Jasmine Way, Clearwater   | Mary Mc (727) 319-4321   |
| Thur | 7:00 PM<br>OA#46183  | First Fellowship                                     | 1-Step/ 2-Speaker/ 3-Lit/<br>4-Big Book/5-Lifeline                     | Palm Harbor Presbyterian Church<br>2021 Nebraska Ave., Palm Harbor  | Beth P. (813) 486-9324   |
| Fri  | 6:45 AM<br>OA#54674  | Fresh Start  | Voices of Recovery<br>For Today  | Central Church of Christ<br>1454 Belleair Rd., Clearwater<br>(NW of Belleair Rd. & Highland – entrance on Belleair)     | Phil L. (727) 754-0131   |
| Fri  | 12:00 PM<br>OA#52863 | Message Carriers                                     | Open Discussion  | Metro Center<br>3251 Third Ave. N., St. Petersburg<br>NEW entrance on west side of building<br>(closest to 34th Street) | Ellen L. (727) 381-8043  |
| Fri  | 6:00 PM<br>OA#49602  | Nitty Gritty   | Big Book   | Unity of St. Petersburg<br>6168 First Ave. N, St. Pete  | Cora L. (813) 956-4642   |
| Fri  | 6:30 PM<br>OA#09412  | Pinellas Tradition<br>Intergroup Meeting             | Third Friday Only<br>All OA's welcome                                  | Morton Plant Hospital, 1st Floor<br>Tuttle D Auditorium, Clearwater   | JC D. (813) 240-8572   |
| Sat  | 7:00 AM<br>OA#36776  | Great Reality<br><b>NEEDS SUPPORT</b>                | Beginners  | St. Giles Episcopal Church<br>8271 52nd St. N., Pinellas Park   | Donna D. (727) 480-0865  |
| Sat  | 10:00 AM<br>OA#45426 | First Fellowship                                     | Step/Tradition Meeting   | Palm Harbor Presbyterian Church<br>2021 Nebraska Ave., Palm Harbor  | Pat (727) 784-3375   |
| Sat  | 10:30 AM<br>OA#27235 | Saturday Serenity ^^                                 | Big Book   | First Lutheran Church<br>1644 Nursery Rd, Clearwater  | Betsey (727) 466-9277<br>Judy (727) 442-9234                               |
| Sat  | 10:30 AM<br>OA#17950 | Pasco Pioneers                                       | 1-Step/ 2-Big Book/<br>3-Leader's Choice/<br>4-Traditions/5-Brown Book | Unity of Port Richey<br>5844 Pine Hill Rd., Port Richey   | Betty N. (727) 505-4562  |
| Sat  | 12:30 PM<br>OA#52497 | Oldsmar Men's Group **                               | Men's Meeting  | Community United Methodist Church<br>207 Buckingham Ave., Oldsmar   | Lee (727) 480-4821   |
| Sun  | 6:00 PM<br>OA#32923  | Clearwater Oasis **                                  | Big Book (90 Days)   | Morton Plant Hospital, 1st Floor<br>Tuttle A Auditorium, Clearwater   | Chrissy (813) 377-5332<br>Michelle (314) 378-9391                          |
| Sun  | 6:30 PM<br>OA#49012  | Beginner's Meeting<br>Step Study                     | Beginners/Step Study   | Gulfport Neighborhood Center<br>1617 49th St. S., Gulfport  | Judy C. (201) 259-3924   |

PLEASE NOTE: All meetings are open meetings unless indicated otherwise. \*\*Closed Meetings (OA members only) ^^Children welcome

**If this is your first time attending a meeting listed, please be sure to call to clarify directions and meeting specifics.**

Pinellas Traditions Intergroup meets the 3<sup>rd</sup> Friday of each month: 6:30PM - Morton Plant Hospital, 1<sup>st</sup> Floor – Tuttle Auditorium

OA World Service Telephone: 505-891-2664 Website: <http://www.oa.org> To find telephone or online meetings,

please go to: <https://www.oa.org/find-a-meeting> Pinellas Traditions Intergroup Website: <http://oapinellas.org>

Hotline #'s – Hillsborough & Pinellas: (813) 254-4190

REVISED: May 2018