



Pinellas Traditions Intergroup Newsletter



Volume 12 - Issue 1

January 2017

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Pinellas Traditions Intergroup
PO Box 16582, Clearwater, FL 33766
Visit us online at oapinellas.org

Monthly Intergroup:

Pinellas Traditions Intergroup (PTI) meets every third Friday of the month. EVERYONE is welcome to attend. The next meeting will be held:

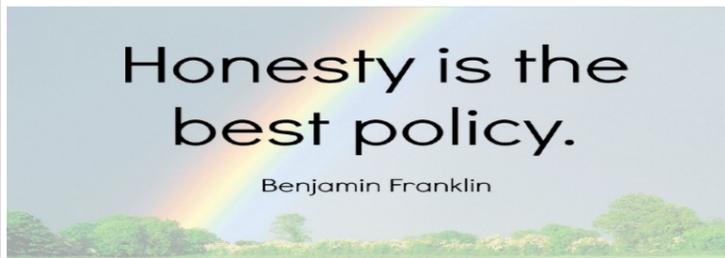
January 20, 2017 at 6:30 p.m.

Morton Plant Hospital
1st Floor – Tuttle D Auditorium
300 Pinellas St. / Off Harrison
Clearwater, FL 33756

To receive monthly copies, or contribute to the Newsletter, please email the editor at newsletter@oapinellas.org. Contributions must be received by the first Friday of the month.

STEP 1

“We admitted we were powerless over food — that our lives had become unmanageable.”



“I put my hand in you're hand and together...”

*Speak with honesty ...
Think with sincerity ...
Act with integrity ...*

-Beyond Our Wildest Dreams, page 207

I was alone, and I knew it. I was and am an odd duck - intelligent, yet lacking common sense and tact. I was angry at God. I felt cursed. I ate and ate and ate.

Then came the miracle of the program. There my weaknesses were assets. They made me a member. Amazing! I felt understood for the first time. That was the beginning. With fellow compulsive eaters, I daily put down the food and walked the walk of recovery. I reached our my hand, knowing that together we could do what we could never do alone.

In the rooms of OA, I learned the lessons of the AA pioneers: There is a God, and I am not God. In those rooms, I gradually experienced all the promises the Big Book describes. In those rooms, I am home. Today and every day, I am grateful to the God of my understanding that I was desperate enough to reach out and blessed enough to find the hand of OA reaching back.

-Voices of Recovery, page 19

Tradition 1

“Our common welfare should come first; personal recovery depends upon OA unity.”



“The ultimate responsibility and authority for OA world services reside in the collective conscience of our whole Fellowship.”

Concept 1

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dream.

Pinellas Traditions Intergroup of OA - Franciscan Center Retreat - Living In Today

“Over the river and through the woods to recovery I shall go!”

The “Living in Today” Retreat was a truly delightful experience. I was definitely living in the in the SOUL-u-tion!

The Franciscan Center tagline communicates the essence of the experience ... A Place of Peace, Hospitality, and Spiritual Renewal.

With workshop topics such as Living the Steps, Traditions, and Writing on Forgiveness, how could I not release my weight of past thinking and develop a new way of thinking with truth, honesty, courage, and compassion! The yoga session was beautifully led and allowed me to share in the spiritual energy of the fellowship.

I led a food plan work shop. I began sharing I probably had this disease right out of the womb as I was not satisfied with my nursing experience. As well as a young girl when shopping for holiday items at a school store, I did not pick a doll or princess item but, a fork and cutting board! ☺ Go figure!!!

- The quality of my food mirrors the quality of my life.
- Restricting my food, I restrict my life.
- I need to accept and honor exact measurements ... “taking life on life’s terms.”

The retreat leadership, format, food, and grounds were beautifully orchestrated. Shout out to Joan and Company!

I was so overjoyed to receive the scholarship and offer service. A bouquet of love, grace, thanks to you all!!!

This retreat and service opportunity was fortified with Thanksgiving as well as Thanks-living. ♥

Michele M.

Think BIG!!! ... Believe in God and Gratitude!!!

I had the opportunity to attend the Franciscan Center Retreat this year and wanted to share my experience. The timing was perfect as it was 1 week before Thanksgiving and just what I needed to kick off the holidays.

There were many familiar faces, from the meetings I attend regularly, and took time to get to know them better. I met many new people and some of them are now new friends.

This event was very different from any Workshop or Convention I've been to. It seemed to take a little time to loosen up and open up, but once I did, there was no holding back. I shared more in some meetings than I do even in my Home Group.

The flood gates opened, tears started flowing and I cried for days. What a cleansing. (I even did a mini 4th & 5th with my roommate.) I also did service for OA as a ticket master and sold tickets for Gift Basket drawings.

The facility was so nice, right by the river, peaceful and serene. The food served was exceptional and I was so happy to be able to make abstinent choices.

Thank you for allowing me to share and I encourage everyone to mark your calendar for July 2017!

Best Regards,
Judy

Unity –
oneness; a condition of harmony; continuity of purpose; a totality of related parts to wholeness.

“The unity of Alcoholics Anonymous is the most cherished quality our Society has. Our lives, the lives of all to come, depends squarely upon it. We stay whole, or A.A. dies. Without unity, the heart of A.A. would cease to beat; our world arteries would no longer carry the life-giving grace of God; His gift to us would be spent aimlessly.”
-AA 12 & 12, page 129

I am a compulsive overeater with a common suffering among many in our fellowship and I have learned that if I live in kindness, courtesy, harmony, forgiveness and love, I can have wonderful relationships with the people in my life. I must be living the steps, traditions and principles in all areas of my life for this to happen. First, I have to receive the gift of surrender, willingness and hope and then I must carry it on to those who want it and are willing to do the same. I am one among many in the same boat, trying to stay afloat, right in the middle, not on the edge, one united with those willing to join together and spread the word, hold on to what is so readily available to each and every one of us, if we want it and are willing to take the action required. But I cannot keep this thing to myself, or I will lose it and drown, I must pass it on! So, please, for my sake, your sake, their sake, our sake, and all those who want it sakes, let’s keep this thing going, one day at a time!!!

JR

Pinellas Traditions Intergroup – Meeting Minutes for 11/11/16 - 6:30PM

1. Open with the Serenity Prayer.
2. Reading of the 11th Step, 11th Tradition, and 11th Concept.
3. This is a spiritual program so let's remember to keep principles before personalities, please.
4. Anyone new to Intergroup today? Yes. Info was shared.
5. Introductions of Representatives and from what meeting:
 - Cynthia
 - Judy
 - Linda H – Visitor
 - Sam – Clearwater 10:30am Saturday
 - Ruby – Treasurer
 - Joan – Chair
 - Jim – Parliamentarian
 - Julie – Bylaws
 - Lee – Saturday Men's Meeting
 - Leslie – Clearwater 10:30
 - Mary T. – Focus on Abstinence
 - Chrissy – St. Cecilia's Steps to Freedom
 - Jason J. – Wednesday Metro Center Meeting
 - JC- Secretary arrived after start
 - Donna – arrived after start
 - Liz T.
 - Diane
6. Parliamentarian – Reminds us about Motion 3 Pros and Cons and One Minute; Recognize by the Chair address her as Madame Chair. No questions until after pros & cons.
7. Approval of Secretaries Minutes from October passed.
8. Treasurer's Report – any questions - move to approve—motion to accept treasurer report seconded and approved
9. Tiffany – not present.
10. Pass the 7th tradition - collected \$22.00 at PTI.
11. Committee Reports:
 - a. Bylaws — Annual Report—updated Bylaws and PNP completed; PTI application for the Board, Region 8, Delegates and Scholarship; compliance of the documents; entire group cooperating; make decision accept application for; tonight vote was taken; new position commence as of January 1.
 - b. PIPO — Thanks for IG to be funded; registration fee went to five events most costly the YMCA not ignore Youth outreach, will continue;
 - Terra Nova
 - meeting started also on the website; media outreach we did get three benches in Pinellas county; local papers April addition new meetings; Facebook, Craig List, digital community board advertised OA for four months, held a PIPO workshop Pinellas Park Library; Professional Outreach – medical –Pinellas Health Care Consultant on their list for their health fair – specializes in eating disorders through their website; Slated YMCA after teen school care body image workshop. Went to school board meeting. \$900.00 will pay for three benches advertising OA; Christmas Under the Oaks is all set.
 - c. Ways and Means — No report.
 - d. Twelve Step Within — Held a workshop or a fellowship event every month of the year; free online advertising for workshop; donations go to PTI;
 - Service workshop December 10th and Action plan January 7th.
 - e. IGOR — Newsletter all PTI as well all SOAR8; Scholarship application approved in May; We offered to help an intergroup in SC to put on a SOAR8.
 - assembly/convention in 2018.

OLD BUSINESS:

12. Franciscan Center, Nov.18-20, 2017- looking for people to attend and also fill topics – russelljo1@verizon.net.
13. We need 1 new Region Rep (will always take Alt Rep Apps).
14. Florida State Convention workshop speakers- 90 day abstinence required – contact Julie or Joan.
15. Motion for the SOAR8 July CD set to be held in TSW to serve in workshop aid for all of intergroup- tabled.

NEW BUSINESS:

16. Budget Committee Formed—Treasurer, Chair and Sam Treasurer for Region 8.
17. Vice Chair and Treasurer and Region 8 Rep Voting—Sam Vice Chair, Ruby Treasurer and Sara Region 8 Represented.
18. SOAR8 Reports from Memphis—Donna, Ruby read their reports; Joan read her report.
19. Motions to be brought to submitted for next SOAR8 Assembly.
 - Change “Quorum at a region 8 Assembly held upon proper notifications, region 8 representatives shall constitute a quorum, as long as two (2) IG in states outside of the state or territory, etc. where the assembly is being held are represented.”
 - To “Motion for: a Quorum at a region 8 Assembly held upon proper notifications, region 8 representatives shall constitute a quorum, as long as eight (8) IG in states outside of the state or territory, etc. where the assembly is being held are represented.”
 - Rationale: Allows greater representation for SOAR8 business.
 - Motion Amend the P and P for the Section 11 Assembly principles. The two assemblies to be held two times a year in April and November.
 - Rationale is SOAR 8 is highly represented by # intergroups in FL and other OA members outside for the State also attend the FSC. This creates an undue financial hardship for attendance to both.
20. Contest to create PTI Emblem to represent the IG. Emblem may be used in fundraisers. Due in February. IG – vote in March. IG winner will receive a T-shirt with that emblem on it. It can become a fundraiser—sign a release to PTI.
21. Encourage representation from more meetings. We will work on visiting different meetings to encourage others to PTI.
22. Annual Committee Reports – see #11 for reports.
23. Motion to have Joan as a World Service Business Conference delegate for PTI. Motion was amended for PTI fund Joan and second delegate for \$2,500. Clarification was made by trustee that Sam is representing both SOAR8 and is funded by SOAR8. Sam withdrew herself as representing PTI this year. Amendment to pass motion. Motion passed.

Things to Take Back to Your Meetings:

1. Baskets for the FL State Convention.
2. Buy Lifeline – Intergroup Lifeline Rep?
3. Please remember to support struggling meetings:
 - Tuesday Night - Holiday.
4. Please remember to invite everyone to intergroup.

November 13th → Christmas Under the Oaks Coachman Park, Clearwater
Need set up 6:30 a.m. → Break down 4 p.m. → You'll get parking sticker!

November 18th-20th → Franciscan Center, Tampa, FL

November 19th → IDEA Day (International Day Experiencing Abstinence)

December 10th → The 12th Step Principle: Service 12:30-3PM → First Lutheran Church, Clearwater

January 7th → Action Workshop, Palm Harbor, FL

February 24th-26th (2017) → Florida State Convention, Tampa, FL

March 17th-19th → SOAR8 Assembly, Jacksonville, FL → oaregion8.org

OA's Responsibility Pledge:

Always to extend the hand and heart of OA to all who share my compulsion, for this I am responsible.

Closed the meeting with the Serenity Prayer.

GOD GRANT ME THE
Serenity
 TO ACCEPT THE THINGS
 I CANNOT CHANGE:
Courage
 TO CHANGE THE
 THINGS I CAN:
AND Wisdom
 TO KNOW THE DIFFERENCE.

PTI Treasury Report for November 2016

INCOME	
Group	November
Just For Today	\$100.00
Voices of Recovery	\$50.50
SOS	\$100.00
Madeira Beach Bunch	\$30.00
Hope	\$100.00
Steps to Freedom	\$15.00
Pasco Pioneers	\$22.00
Clearwater Oasis	\$175.00
Pinellas Traditions Intergroup	\$25.00
Meeting Donations	\$617.50
Franciscan Center	\$397.00
Miscellaneous - Luggage Ref S8	\$75.00
Scholarship	\$100.00
	\$1,089.50

EXPENSES	
Scholarships	\$139.00
Webmaster (Monthly)	\$40.00
Region 8 Donation - 10%	\$138.61
World Service Donation	\$415.82
PIPO	\$138.00
Region 8 Rep	\$359.26
FSC	\$43.65
	\$1,274.34

Beginning Balance	\$9,539.84
Income	\$1,089.50
Expenses	\$1,274.34
Ending Balance	\$9,361.40

Prudent Reserve	\$3,000.15
Schoarship Balance	\$561.00

Great Big "PTI" Contest

*****Attention to all you creative people out there and anyone wanting to be an artist*****

We are looking for the most original and greatest design that can be used to describe Pinellas Traditions Intergroup, our very own, PTI emblem, something that would make us unique. This would be something that is original, creative to our Intergroup and used to represent us. Something nice that we can use for so many different things. You would be giving this original design up to organization of PTI for the purpose of our use only. The deadline will be the March 17th Intergroup meeting and the judging will be done in the April Intergroup meeting by all voting members present.

Please submit your designs to PTI, PO Box 16582, Clearwater, FL, 33766 or chair@oapinellas.org. When submitting, please be sure that your information is not on the display itself, so when judging is done, there will be no influences made.

So let's get those creative juices to flow ... Let's get to it ... Show off your skills ... Win this contest !!!

The winner will win a T-Shirt with the emblem on it. ♥

Thank You!!!

POEM: I DON'T WANT TO

(pronounced I dough-wanna)

By Donna Dobbs

I do-wanna clean my glasses
I do-wanna brush my teeth
I do-wanna call my sponsor
I just wanna eat.

I do-wanna figure taxes
I do-wanna be petite
I do-wanna chop these veggies
I just wanna eat

But where does eating get me?
Stuck in a pit
Alone and miserable
I have to admit

I do-wanna make a food plan
I do-wanna weigh this meat
I do-wanna go to meetings
I just wanna eat

I do-wanna make these phone calls
I do-wanna plan a retreat
I do-wanna go to bed on time
I just wanna eat.

It won't work anyway.
It's too far to drive.
No one ever calls me
They don't care if I'm alive.

I do-wanna eat this green stuff,
Avoid sugary food so sweet
I do-wanna call my food in
I just wanna eat.

I do-wanna clean my bathroom
I do-wanna be so neat
I do-wanna pray or meditate
I just wanna eat

I do-wanna clean the floors,
Or my car or my seat,
Or my sink or my toilet,
I just wanna eat

I do-wanna beer or highball
Or a pill or a syringe
Or go shopping or go gambling
I just wanna binge.

I do-wanna share at meetings
I do-wanna do those tools
I do-wanna make 3 phone calls
Yes, I'm stubborn as a mule.

I do-wanna be a sponsor
Or go to Intergroup
All those people know each other
And I'm not in the loop

But where does binging get me?
Where it's gotten me before
Alone with all my binge foods
Behind a closed door.

So I do it all anyway,
And wear my little clothes
Abstaining is priority
'Cause my disease blows.

ATTENTION INTERGROUP REPRESENTATIVES!!!

Your attendance at the Intergroup meeting is very important to the health and well-being of the Pinellas Traditions Intergroup. It is also an invaluable form of service. Intergroup reps have the opportunity to share information about their group, learn what other groups are doing, and make new friends. This helps us all stay connected. Please make every effort to do your part in keeping OA strong and vibrant. We meet the third Friday of every month, this year with 2 exceptions, in the Tuttle Room, at Morton Plant Hospital, Clearwater. Please join us!

Service Announcement

We are looking for each meeting group to supply a basket for the Florida State Convention in February. If your group can't afford it, or is too small to do that, then join with another group and make one together.

Please get your basket to someone that comes to Intergroup by the January 20th meeting.

Please try to have a piece of literature in each basket and list the items in the basket. I will be willing to wrap it up and add the bow.

Let's make this a great success as we are the Intergroup that is sponsoring this convention here at the hotel and with the program.

Thank you all for your help.

In loving OA service,
Joan R.

Service Opportunities

Are you looking for an easy, fun way to do service? You can raise money for SOAR8 by donating a basket to the raffle fundraiser for the March 2017 Conference and Convention. Just find a new or gently used basket and fill it with items you think a fellow compulsive overeater would like. Past basket themes have included: the recovery basket, the "quiet afternoon" basket, the "gardener's soul" basket, the "kid's fun box" basket, the "day on the beach" basket, the "don't eat, do this instead" basket, and much, much more.

Not sure you can contribute a whole basket? No problem! Ask a few OA friends, sponsees, newcomers, and/or your home group to contribute. Together, you can make a difference!

Bring your completed basket (ready for display) to the SOAR8 Convention and Conference in March. If you do not plan to attend the event, consider sending your basket with a friend. Please also bring a list of the items that can be found in the basket. For more information or to ask any questions, please contact Jenny at (858) 354-4547 or send an email to mr.beansisrad@gmail.com.

RECOVERY FROM RELAPSE

Are you aware that we have a "Recovery from Relapse" mentor program available through the Region 8 website? We can provide you with someone who is familiar with relapse. They are willing to share their experience, strength, and hope.

To access the "Recovery from Relapse" mentor program:

- 1) Go to www.oaregion8.org ...
- 2) Select the "Committees" menu, and then "Twelfth Step Within" ...
- 3) Select "Online Relapse Mentor Request" ...
- 4) Complete and submit the online form ...

Yours in service,
Neill M., Twelfth Step Within Committee (TSW)

REMEMBER: If you fail to plan; you plan to fail ...



Start your year on the *ROAD* to Recovery ...

Pinellas Traditions Intergroup - 7th Tradition

The 7th Tradition states, "Every OA group ought to be fully self supporting, declining outside contributions."

Available online, local OA groups and members can now send a contribution using a secure site via PTI's PayPal page. Please click the button located on the right or visit our website at oapinellas.org/donations.html to send in a donation today. Your generosity is greatly appreciated!!!

Donate now with..



Abstinence in Action "Adventure" Fellowship

January 7th	Action Plan Workshop	Palm Harbor
January 13th-15th	Together In Recovery	Bradenton
February 11th	Valentine Fellowship Event	Clearwater
February 24th-26th	Florida State Convention	Tampa
Mar 17th-19th	SOAR8 Assembly - "The Blessings of Recovery"	Jacksonville
April 1st	OA Workshop - Food Plan / Forgiveness Writing	Clearwater

For more information and flyers, PTI's Calendar of Events may be viewed online - <http://www.oapinellas.org/events.htm>

IMPORTANT MEETING INFO:

THE TUESDAY NIGHT MEETING AT THE PRINCE OF PEACE LUTHERAN CHURCH, 455 MISSOURI AVE., LARGO, HAS CLOSED.

Looking for a sponsor??? There are some people out there that are willing to sponsor by phone and/or email.

By Phone: Julie O. 727-784-7958; Sandy 727-846-2100; Lynn E. 901-830-1092; Pat Mc 727-581-8201; Linda Mc 727-804-4610; Claudia 727-781-7411.

By Email: Sandy - utopiarevisit@yahoo.com; Julie O. - julianeob@yahoo.com; Linda Mc - lindaproductions@aol.com; Carol - carolsch@ptd.net; Jane T. jtorell78@gmail.com; Claudia bytelady@tampabay.rr.com. I'm hoping to add to this list as time passes. Try it, you might like it!

Do you know one of the easiest way to get OA information? In your email's Inbox ... Just send your email address to newsletter@oapinellas.org and you will be added to our mailing list to receive information about what is going on in OA. You will also receive the monthly newsletter, as well. If you are receiving the monthly newsletter now, you are already on the list, so you don't need to do anything. The list is private, which means it will not show your email address once you have been added to the mail list. So, if you're interested, please send us your address ASAP!

Are you looking for an easy, fun way to do service? You can raise money for SOAR8 by donating a basket to the raffle fundraiser for the March 2017 Conference and Convention. Just find a new or gently used basket and fill it with items you think a fellow compulsive overeater would like. Past basket themes have included: The recovery basket, the "quiet afternoon" basket, the "gardener's soul" basket, the "kid's fun box" basket, the "day on the beach" basket, the "don't eat, do this instead" basket, and much, much more.

We will be collecting baskets from each meeting for the Florida State Convention in February 2017. Please think of a theme and start collecting. Please put a piece of literature in each basket. If your meeting is too small to donate a basket, then join with another group. Please bring to

Not sure you can contribute a whole basket? No problem! Ask a few OA friends, sponsees, newcomers, and/or your home group to contribute. Together, you can make a difference. Bring your completed basket (ready for display) to the SOAR8 Convention and Conference in March. If you do not plan to attend the event, consider sending your basket with a friend. Please also bring a list of the items that can be found in the basket. For more information or to ask questions, please contact Jenny at (858) 354-4547 or send an email to mr.beansisrad@gmail.com.

Upcoming Intergroup Meetings

January 20th

February 17th

March 10th
(Intergroup changed due to SOAR8 convention 3/17)

April 21st

PTI would like to thank our webmaster for using her technical skills in putting together the design and layout of our monthly newsletter before posting it online.

THANK YOU!!!

SAVE THE DATE

SOAR8 Recovery Convention & Business Assembly

March 17th-19th

"The Blessings of Recovery"

Jacksonville, FL

Upcoming Events

ACTION PLAN OA WORKSHOP

Saturday, January 7th
12:30-3:30 PM

Palm Harbor Presbyterian Church
2021 Nebraska Ave.
Palm Harbor, FL

Suggested Donation of \$6 ... No one turned away!

Got Questions? Call Joan (727) 785-9208



VALENTINE'S FELLOWSHIP EVENT



Saturday, February 11th ... 6-9 PM

Bring your own dinner if you like for a Valentine's gathering.

♥♥♥ \$5 Suggested Donation ♥♥♥
(No one will be turned away for lack of funds!)

2650 Countryside Blvd C 204, Clearwater
Rustlewood Condo near the Countryside Mall

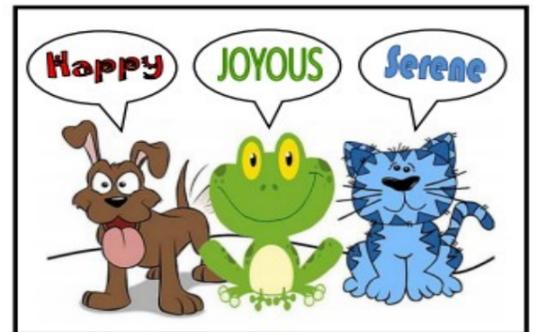
♥ FIRST BUILDING ON LEFT ♥ ELEVATOR IS IN THE MIDDLE ♥

♥♥♥ Bring your friends!!! ♥♥♥

Please RSVP JC at (813) 240-8572

27th Annual Florida State Convention of Overeaters Anonymous

"Together We Can Be
Happy, JOYOUS, and Serene
in 2017"



Feb 24-26, 2017

Holiday Inn Tampa – Westshore
700 N. Westshore Blvd.
Tampa, FL 33609
866-941-4919 (Reservations)
813-289-8200 (Hotel Direct)

[CLICK HERE](#) for more information and registration form.



"The Blessings of Recovery"

New Freedom Intergroup of OA is hosting the SOAR 8 Recovery Convention and Business Assembly

March 17- 19, 2017
Jacksonville, Florida

DoubleTree Riverfront Hotel
1201 Riverplace Boulevard
Jacksonville, FL 32207
(904) 398-8800
1-800 222-TREE (222-8773)

www.DoubleTreeJAX.com



[CLICK HERE](#) for more information and registration form.

Save the Date

Food Plan / Forgiveness Writing Workshop



April 1st · 1-3 PM

James Weldon Johnson Library
1059 18 Avenue South
St. Petersburg, FL

More information soon ...

Save the Date!!! 2017

SOAR8 Fall Assembly



October 13th-15th

Hosted by,
Miami-Dade & the Keys Intergroup

More information on all of these events may be found on our website at <http://oapinellas.org>

PINELLAS COUNTY MEETING LIST

January 2017

DAY	TIME	MEETING NAME	MEETING TYPE / NOTES	LOCATION	CONTACT
Mon	10:15 AM OA#46182	Just For Today	1-Step/ 2-Lifeline/ 3-Lit/4-BB/5-Speaker	Lutheran Church of the Resurrection 1555 Windmill Pt Rd., Palm Harbor	Mary Ellen (727) 781-2597 Joan (727) 785-9208
Mon	12:00 PM OA#48303	Voices of Recovery (Candlelight Meeting)	Voices of Recovery Discussion	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Ann G. (212) 399-7099
Mon	7:00 PM OA#47788	Focus on Abstinence	Speaker Meeting Speaker Abstinent 90+ Days	Central Church of Christ 1454 Belleair Rd., Clearwater <i>(NW of Belleair Rd. & Highland – entrance on Belleair)</i>	Mary (727) 595-6644
Mon	7:00 PM OA#01530	Search Out Serenity "SOS"	Leader / Discussion Jackson Street entrance	St. Anthony's Hospital, Classroom D 1200 7th Ave. N., St. Petersburg <i>(Jackson Street entrance)</i>	Cynthia (561) 254-3642
Tues	9:00 AM OA#54726	Abstinence	Open Discussion	REBOS Center – Friendship Baptist Church 4001 74 th St. N., St. Petersburg	Harland (727) 667-4743
Tues	7:00 PM OA#53878	Back to Basics	Discussion *	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Jim F. (949) 463-0837
Tues	7:00 PM OA#54697	Living In Today	Step/Literature/BB/Lifeline	Northwood Presbyterian Church – Rm #4 2875 State Road 580, Clearwater	Jim (727) 786-4878
Tues	7:00 PM OA#54346	The Mile Stretch Meeting	Literature Meeting	St. Vincent de Paul Catholic Church 4843 Mile Stretch Rd., Holiday	Chris (727) 688-9823
Wed	12:30 PM OA#52863	Message Carriers	Open Discussion	Metro Center 3251 Third Ave. N., St. Petersburg	Ellen L. (727) 381-8043
Wed	6:45 PM OA#10359	Madeira Beach Beach Bunch	Open Discussion	<i>On the beach in front of the snack shack</i> 15100 Gulf Blvd., Madeira Beach <i>(Bring a chair)</i>	Linda H. (727) 647-8280 Donna D. (727) 480-0865
Wed	7:00 PM OA#54502	You Are Not Alone	12 & 12 Study	Terra Nova <i>(Small room with green door)</i> 7550 40th St. N., Pinellas Park	Cynthia (561) 254-3642
Thur	10:30 AM OA#53015	Hope	All Literature	Aldersgate Methodist Church 9501 Starkey Rd., Seminole <i>(Back of church near the office)</i>	Lynn E. (901) 830-1092
Thur	11:00 AM OA#40873	Key to Freedom	Literature Meeting	First Presbyterian Church 455 Scotland St., Dunedin <i>(Downtown Dunedin)</i>	Tamar (727) 796-5878 Laurie (727) 517-4137
Thur	5:30 PM OA#49784	Steps to Freedom	Focusing on Recovery * through the Steps and Traditions - 90 Days Meeting	St. Cecelia's Church, Room A 820 Jasmine Way, Clearwater	Mary Mc (727) 319-4321
Thur	7:00 PM OA#46183	First Fellowship	1-Step/ 2-Speaker/ 3-Lit/ 4-Big Book/5-Lifeline	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Beth P. (813) 486-9324
Fri	6:45 AM OA#54674	Fresh Start	Literature Meeting	Central Church of Christ 1454 Belleair Rd., Clearwater <i>(NW of Belleair Rd. & Highland – entrance on Belleair)</i>	Phil L. (727) 754-0131
Fri	11:00 AM OA#53104	OA Amigos	English & Spanish Literature	Metro Center 3251 Third Ave. N., St. Petersburg	Margie C. (727) 828-9711
Fri	6:00 PM OA#49602	Nitty Gritty	Big Book	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Jim F. (949) 463-0837
Fri	6:30 PM OA#54462	Back in the Day OA	Speaker Meeting	Prince of Peace Lutheran Church 455 Missouri Ave., Largo	Felice (727) 400-6523
Fri	6:30 PM OA#09412	Pinellas Tradition Intergroup Meeting	Third Friday Only All OA's welcome	Morton Plant Hospital, 1st Floor Tuttle D Auditorium, Clearwater	Joan R. (727) 785-9208
Sat	9:00 AM OA#36776	Great Reality	Beginners	Pinellas Park Public Library 7770 52nd St. N., Pinellas Park	Donna D. (727) 480-0865
Sat	10:00 AM OA#45426	First Fellowship	Step/Tradition Meeting	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Pat (727) 784-3375
Sat	10:30 AM OA#27235	Saturday Serenity	Big Book	First Lutheran Church 1644 Nursery Rd, Clearwater	Betsey (727) 466-9277 Judy (727) 442-9234
Sat	10:30 AM OA#17950	Pasco Pioneers	1-Step/ 2-Big Book/ 3-Leader's Choice/ 4-Traditions/5-Brown Book	Unity of Port Richey 5844 Pine Hill Rd., Port Richey	Betty N. (727) 505-4562
Sat	12:00 PM OA#52497	Oldsmar Men's Group	Men's Meeting	Community United Methodist Church 207 Buckingham Ave., Oldsmar	Joel M. (703) 609-5110
Sun	6:00 PM OA#32923	Clearwater Oasis NEEDS SUPPORT	Big Book (90 day) *	Morton Plant Hospital, 1st Floor Tuttle A Auditorium, Clearwater	Chrissy (813) 377-5332 Michelle (314) 378-9391
Sun	6:30 PM OA#49012	Beginner's Meeting Step Study	Beginners/Step Study	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Cora (813) 956-4642

PLEASE NOTE: All meetings are open meetings unless indicated otherwise. * Closed Meeting - OA members only!

If this is your first time attending a meeting listed, please be sure to call to clarify directions and meeting specifics.

Pinellas Traditions Intergroup meets the 3rd Friday of each month: 6:30PM - Morton Plant Hospital, 1st Floor – Tuttle Auditorium

OA World Service Telephone: 505-891-2664 Website: <http://www.oa.org> To find telephone or online meetings,

please go to: <https://www.oa.org/find-a-meeting> Pinellas Traditions Intergroup Website: <http://oapinellas.org>

Hotline #'s – Hillsborough & Pinellas: (813) 254-41901

REVISED: January 2017