



Pinellas Traditions Intergroup Newsletter



Volume 12 - Issue 2

February 2017

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Pinellas Traditions Intergroup
PO Box 16582, Clearwater, FL 33766
Visit us online at oapinellas.org

Monthly Intergroup:

Pinellas Traditions Intergroup (PTI) meets every third Friday of the month. EVERYONE is welcome to attend. The next meeting will be held:

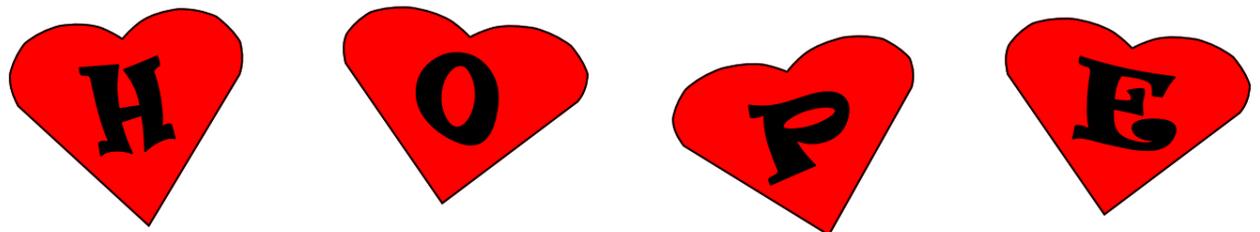
February 17, 2017 at 6:30 p.m.

Morton Plant Hospital
1st Floor – Tuttle D Auditorium
300 Pinellas St. / Off Harrison
Clearwater, FL 33756

To receive monthly copies, or contribute to the Newsletter, please email the editor at newsletter@oapinellas.org. Contributions must be received by the first Friday of the month.

Step 2

“Came to believe that a Power greater than ourselves could restore us to sanity.”



“Unity does not mean uniformity. In OA we learn we can disagree with other people on important issues and still be supportive friends.”

-OA 12&12, page 115

Service in Overeaters Anonymous has taught me many things. Perhaps the most important is that I can love and respect someone with a different point of view. We are members of the same Fellowship’ we share the same compulsion. We are both trying to do what is the best for OA, and we can “agree to disagree.” Through OA I’ve learned that we can have different viewpoint on an issue without jeopardizing our friendship. Just because someone disagrees with me doesn’t mean that person doesn’t love me or want my friendship. I don’t have to take it personally. Our group conscious decides an issue. If I don’t agree with the decision by group conscious, I can nevertheless learn to live with it. I trust that others also have the good of OA as a whole in mind, and I can learn something. I can learn that not only are these other views than mine, but they may be right.

-Voices of Recovery, page 58

Tradition 2

“For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.”



Concept 2

“The OA groups have delegated to the World Service Business Conference the active maintenance of our world services; thus, the World Service Business Conference is the voice, authority and effective conscience of OA as a whole.”

Conscience

Path to Spirituality

I need my Higher Power, whom I choose to call God today, every day. When I began my journey in recovery, my relationship with God wasn't very good. The one I started with was vindictive and out to get me. I was not worthy of him. But as I grew in understanding and practice and worked through the steps with my sponsor, I learned there was another kind of God, one that was loving, good and kind and within me and in each one of us. One that spreads all through us and holds us together. I find so many different belief systems and cultures, but I believe we are all one together to fight this disease and God does this for me with a daily reprieve no matter where we come from. I am given the strength to sponsor, serve and carry the message with this inner resource granted so freely to me. My spiritual awakening has been of the gradual kind and I keep a daily conscious contact with my Creator by living all these steps and principles continually.

Here I quote a writing by Bill Wilson: "Maybe there are as many definitions of spiritual awakening as there are people who have had them. But certainly each genuine one has something in common with all the others...Where a man or a woman has a spiritual awakening, the most important meaning of it is that he has now become able to do, feel, and believe that which he could not do before on his unaided strength and resources alone. He has been granted a gift which amounts to a new state of consciousness and being. He has been set on a path which tells him he is really going somewhere, that life is not a dead end, not something to be endured or mastered. In a very real sense he has been transformed, because he has laid hold of a source of strength which, in one way or another, he had hitherto denied himself."

I am so very grateful to Bill Wilson for my recovery. He had so many opportunities to turn his recovery into a money making endeavor. But instead through the first group conscious vote, decided "not to louse this thing up" as they said. And keep it simple to help people, one fellow to another and spread the word and recover together, one day at a time. Thank you God and thank you, too, Roseanne and OA.

Love,
JR



The Knot's Prayer

Dear God,

Please untie the knots
that are in my mind,
my heart and my life.

Remove the have nots,
the can nots and the do nots
that I have in my mind.

Erase the will nots,
may nots, might nots
that may find
a home in my heart.

Release me from the could nots,
would nots and should nots
that abstract my life.

And most of all, Dear God,
I ask that you remove from my mind,
my heart and my life all of the "am nots"
that I have allowed to hold me back,
especially the thought
that I am not good enough.
Amen.

-Author Unknown

"ACTION PLAN" OA Workshop

What a wonderful workshop we had on Jan. 7th at Palm Harbor Presbyterian Church! It was all about the tool, Action Plan. I learned how I could apply it to any area of my life. The presenter did an outstanding job of describing it in detail and gave personal examples of how she used it in her everyday life.

The discussion introduced me to various parts of an action plan which are SMART- that is, Strategic, Measurable, Achievable, Realistic and Time Frame. Strategic means - is it goal oriented and something that will add to my quality of life. Measurable means--is it noticeable or able to be quantified. Achievable simply means--can it be done. Realistic and Time Frame pretty much speak for themselves. Personally, I applied this knowledge to some housekeeping goals I wanted to implement.

Others shared about applying an action plan to increasing their social life, dealing with their finances and marital relationships. Some talked about adding more laughter to their lives. I also wrote about adding more OA phone calls to my day.

An action plan is about what I need to do to stay in recovery on a daily basis. It is also about living a full and useful life in that recovery, as it says in the Big Book. Action Plan is about enlarging my spiritual life to be of even greater service to others.

P.G.

Pinellas Traditions Intergroup – Meeting Minutes for 12/16/16 - 6:30PM

Call to Order

Timekeeper: Michelle M

1. Open with the Serenity Prayer
2. Reading of the 12th Step, 12th Tradition, and 12th Concept
3. Does everyone agree with the agenda? Yes
4. Any additions? No
5. This is a spiritual program so let's remember to keep principles before personalities, please.
6. Anyone new to Intergroup today? No
7. Introductions & Reps from what meeting: Joan, JC, Ruby, Jim, Julie, Donna, Lynn E, Lee, Mary T, Michele, Sam, Kim, Felice, Sarah B, Judy L, Kit
8. Parliamentarian - In order to submit a motion must address the chair as Madam Chair. Member must be recognized. The motion is made, there may be an amendment added. Any amendments (3)pro(3)con(1)min –discussion(3)minutes: amended(2)pro(2)con(1)min-disc(3)min.
No questions until after pros & cons
9. Approval of Secretaries minutes – approved with correction from "her to their" in line 18.
10. Treasurer's report – move to approve
 - Beginning Balance \$9,539.84
 - Deposit \$1,089.50
 - Expenses \$1,267.94
 - End Balance \$9,361.40
 - Prudent Reserve is \$3,500.00
 - Disbursements :
 - SOAR 8 \$108.95
 - WSO \$326.85
 - PTI \$635.70
11. Vice Chair – Not present
12. Pass the 7th Tradition
13. Break into Committees – 10 minutes

COMMITTEE REPORTS:

PIPO – on hold with radio station, Christmas under the Oaks went really well, yoga studio showed an interest.

TSW - Jan 7th Action plan Palm Harbor (Judy L will take door money and recruit ticket seller), Feb 11th Valentine's Fellowship Event JC house 6:30, March tentative for Gulfport, April 15th 12:30 First Lutheran Church Clearwater Fourth Step(Kit will take door money and recruit ticket seller), May tentative for Writing workshop. Please ask you meeting what they are interesting to help put on.

IGOR - Doing Well

Ways and Means – asking for new members. Selling pamphlet holders, photo cartridge packs, scrubbies, CD, magnets, other CDs.

Bylaws – no report

OLD BUSINESS:

14. We need 1 new Region Rep for March SOAR 8 assembly at Jacksonville (always taking Alt Rep Apps)
15. Florida State Convention workshop speakers- doing good on commitments. 90 day abstinence required – contact Julie or Joan
16. Motion for the SOAR8 July CD set to be held in TSW to serve in workshop aid for all of Intergroup pending. Motion failed.
17. Emblem Reminder – Due March 10 Intergroup, and will be judges at Intergroup April 21- winner receives T shirt
18. Any other old business? No

NEW BUSINESS:

19. Budget drafted Budget Committee and presented by treasurer. Motion was made to pass however Bylaws committee later noted bylaws indicate the vote occurs in January.
20. Audit committee formed – Joan Chair, Mary T, Sam Vice Chair. Audit to be completed Jan and presented Feb
21. Discuss March Intergroup date – March 10 to not conflict with SOAR 8 Convention
22. FL ST Conv 2018 theme "Together We Can Serve the Team in 2018" – pompoms, sports flags, cheerleaders
23. Updated motions- Updated in board meeting.
Date change for motion from March and September to March/April, and October/November.
24. Clarification Sam is our second delegate to representative to WSO. Sam is not representing year 2017, She will represent 2018. This is how Sam is serving her two year term. This was run by the SOAR 8 parliamentarian, who said yes if Intergroup approves.
25. Struggling Meetings - Madeira Beach Wednesday Night (winter, cold, and dark), Tuesday Night Gulfport changed format from a speakers meeting to a literature meeting for 3 weeks, last week speaker, and is now an open meeting. Wednesday Night Terra Nova, Tuesday 9 AM at REBOS, Saturday Pinellas Park Meeting at Library.
26. Tuesday night meeting on Missouri Ave "Living in the Solution" is closed.

-continued on next page-

Any other new business?

1. New location for Monday PM and Friday AM meeting from Friendship church to Central Church of Christ.
2. Men's Meeting - will be moving. Location TBA
3. 10:30 Meeting Christmas Day Friendship United Church
4. Board updated PTI pamphlet. Info on what PTI is. Will be handed out to new people to the Intergroup meeting.
5. Motion for SOAR 8 CD set to be given to FSC for a basket. Motion passed.
6. Suggestion for a motion for a new tool of bookending to be presented to WSO. Suggestion made to person bringing this up to research on World Service OA to learn how this is done. The deadline for 2017 has already passed in September
7. Thank you to everyone for a successful and very full year.
8. Franciscan Center report: I was so happy I got to go. I met new people and some of them became friends. It was different than any other event I went to. It took a while to warm up and once I did I cried and cleared out a lot. I shared a lot back at my meetings and encouraged others to attend. It is a beautiful facility, the food was good and able to choose abstinent meals. I sold tickets for a drawing as service. IT forced me to introduce myself to others. Thank you for allowing me to share
9. Request for scholarship application.
10. Asked for format on responsible cards. Will send.
11. Flyers for FSC available.

Things to Take Back to Your Meetings:

1. Baskets for the Florida State Convention.
2. Buy Lifeline – Intergroup Lifeline Rep?
3. Please remember to support struggling meetings: Tuesday Night - Holiday.
4. Please remember to invite everyone to Intergroup.

February 24-26, 2017 ~ Florida State Convention ~ Tampa, FL

March 3 ~ 6:45PM Shuffleboard, 559 Mirror Lake Dr. N, St Pete Donation

March 10 ~ Intergroup, Clearwater

March 17-19 ~ SOAR8, Jacksonville

April 1-3 PM ~ Food Plan/ Forgiveness Writing WS James Weldon Johnson Library, 1059 18 Ave S, St Pete

April 20 5:30 ~ 4th Step Workshop St. Cecelia's Church, Clearwater

April 21 6:30PM ~ Intergroup Clw April 21 6:30PM Intergroup, Clearwater

OA's Responsibility Pledge:

Always to extend the hand and heart of OA to all who share my compulsion, for this I am responsible.

Closed meeting with the "Serenity Prayer."

UNITY DAY

Happy February Everyone! The new year is behind us and it'll be spring before we know it ...

This month OA celebrates Unity Day on Sat., Feb. 25th @ 1:30 CST. WSO encourages everyone to take a few minutes or more, especially at that time, and consider all the ways unity works in this diverse, worldwide fellowship. Some groups have special meetings or activities to acknowledge this special day, while you may be asking yourself, what's the big deal?

When I think about it, there's some pretty amazing factors involved:

Worldwide includes so many different continents, countries and languages, yet one common cause- recovery from the disease of compulsive eating.

All the regions and service bodies working together in service so that we all have a chance to recover.

The myriad groups that meet to share experience, strength and hope in fighting this cunning, baffling and powerful disease.

Hundreds of thousands of individual personalities and disease manifestations, yet each one has their own recovery process.

Wow -- that's mind boggling!!!

How does this unity happen? Well, just like the 3-fold physical, emotional and spiritual triangle of recovery, unity is also a triangle -- me, them and us.

-- Me: By each individual working the steps with a sponsor and getting "right" with the truth of this disease.

--Them: Groups studying and practicing the tradition principles.

-- Us: Service bodies learning about and practicing the concepts of service so that the OA message gets out to everyone reaching for it.

This 3-fold process perfectly exemplifies the program maxim: "Together we get better!"

The WSO's theme for 2017 is "Growing OA Unity Worldwide". There's some great articles in their first quarter newsletter -- "A Step Ahead" about this and I encourage you to read them. So, remember Unity Day, Sat., Feb. 25th @1:30. I'll be praying for all y'all and thanking hp for OA and its wonderful unity principle.

OA Hugs,
Chris J.

PTI Treasury Report for December 2016

INCOME	
Voices of Recovery	\$33.25
Focus on Abstinence	\$175.00
Mile Stretch	\$45.00
OA Amigos	\$70.00
Back to Basics	\$90.00
PIN PK Library	\$66.00
Sat Sereinty	\$50.00
Pasco Pioneers	\$50.00
PTI	\$21.00
Ways & Means	\$177.50
TSW Workshops	\$50.00
Franciscan Center	\$25.00
TOTAL	\$852.85
Expenses	
Webmaster	\$40.00
WSBO Delegate	\$238.00
Region 8 7th tradition	\$139.55
WSO 7th tradition	\$326.85
TOTAL	\$744.40
Beginning Balance	\$9,361.37
Income	\$852.85
Expenses	\$744.40
Ending Balance	\$9,469.72

2017 Approved PTI Budget	
Income	
7th Tradition	\$7,000.00
12 Step Within	\$600.00
Florida State Convention	\$500.00
Fundraising/Ways & Means	\$150.00
Franciscan Center	\$1,000.00
Boutique	\$250.00
TOTAL	\$9,500.00
Expenses	
12th Step Within	\$70.00
PIPO	\$1,000.00
Fees for Incorporation	\$68.00
FL ST Convention	\$250.00
PO Box	\$82.00
Rent	\$200.00
Scholarship	\$1,200.00
Webmaster	\$480.00
Region 8 Representatives	\$1,800.00
WSBO Delegates	\$2,500.00
Website Hosting Fees	\$150.00
Region 8 7th tradition	\$200.00
WSO 7th tradition	\$1,500.00
TOTAL	\$9,500.00

Great Big "PTI" Contest

*****Attention to all you creative people out there and anyone wanting to be an artist*****

We are looking for the most original and greatest design that can be used to describe Pinellas Traditions Intergroup, our very own, PTI emblem, something that would make us unique. This would be something that is original, creative to our Intergroup and used to represent us. Something nice that we can use for so many different things. You would be giving this original design up to organization of PTI for the purpose of our use only. The deadline will be the March 17th Intergroup meeting and the judging will be done in the April Intergroup meeting by all voting members present.

Please submit your designs to PTI, PO Box 16582, Clearwater, FL, 33766 or chair@oapinellas.org. When submitting, please be sure that your information is not on the display itself, so when judging is done, there will be no influences made.

So let's get those creative juices to flow ... Let's get to it ... Show off your skills ... Win this contest !!!

The winner will win a T-Shirt with the emblem on it. ♥

Thank You!!!

Service Opportunities

Are you looking for an easy, fun way to do service? You can raise money for SOAR8 by donating a basket to the raffle fundraiser for the March 2017 Conference and Convention. Just find a new or gently used basket and fill it with items you think a fellow compulsive overeater would like. Past basket themes have included: the recovery basket, the "quiet afternoon" basket, the "gardener's soul" basket, the "kid's fun box" basket, the "day on the beach" basket, the "don't eat, do this instead" basket, and much, much more.

Not sure you can contribute a whole basket? No problem! Ask a few OA friends, sponsees, newcomers, and/or your home group to contribute. Together, you can make a difference!

Bring your completed basket (ready for display) to the SOAR8 Convention and Conference in March. If you do not plan to attend the event, consider sending your basket with a friend. Please also bring a list of the items that can be found in the basket. For more information or to ask any questions, please contact Jenny at (858) 354-4547 or send an email to mr.beansisrad@gmail.com.



Fully Rely On God

It's not that some have willpower and some don't. It's that some are ready to change and others are not.

JC

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dream.

RECOVERY FROM RELAPSE

Are you aware that we have a "Recovery from Relapse" mentor program available through the Region 8 website? We can provide you with someone who is familiar with relapse. They are willing to share their experience, strength, and hope.

To access the "Recovery from Relapse" mentor program:

- 1) Go to www.oaregion8.org ...
- 2) Select the "Committees" menu, and then "Twelfth Step Within" ...
- 3) Select "Online Relapse Mentor Request" ...
- 4) Complete and submit the online form ...

Yours in service,
Neill M., Twelfth Step Within Committee (TSW)

REMEMBER: If you fail to plan; you plan to fail ...

♥♥♥ **Start your year on the ROAD to Recovery** ♥♥♥

Pinellas Traditions Intergroup - 7th Tradition

The 7th Tradition states, "Every OA group ought to be fully self supporting, declining outside contributions."

Available online, local OA groups and members can now send a contribution using a secure site via PTI's PayPal page. Please click the button located on the right or visit our website at oapinellas.org/donations.html to send in a donation today. Your generosity is greatly appreciated!!!

Donate now with..



Abstinence in Action "Adventure" Fellowship

February 1st	Dinner at BJ's / Movie (Regal Park) "Dirty Dancing"	Pinellas Park
February 4th	OA Valentine Fellowship	Clearwater
February 11th	Valentine Fellowship Event	Clearwater
February 24th-26th	Florida State Convention	Tampa
March 3rd	Shuffleboard Fellowship • 6:45PM	St Pete
March 17th-19th	SOAR8 Assembly - "The Blessings of Recovery"	Jacksonville
April 1st	OA Workshop - Food Plan / Forgiveness Writing	Clearwater
April 20th	4th Step Workshop	Clearwater

For more information and flyers, PTI's Calendar of Events may be viewed online - <http://www.oapinellas.org/events.htm>

Upcoming Intergroup Meetings

February 17th • March 10th (moved up a week due to upcoming SOAR8 Assembly) • April 21st • May 19th

ATTENTION INTERGROUP REPRESENTATIVES!!! Your attendance at the Intergroup meeting is very important to the health and well-being of the Pinellas Traditions Intergroup. It is also an invaluable form of service. Intergroup reps have the opportunity to share information about their group, learn what other groups are doing, and make new friends. This helps us all stay connected. Please make every effort to do your part in keeping OA strong and vibrant. We meet the third Friday of every month, this year with 2 exceptions, in the Tuttle Room, at Morton Plant Hospital, Clearwater. Please join us!!!

Looking for a sponsor??? There are some people out there that are willing to sponsor by phone and/or email.

By Phone: Julie O. 727-784-7958; Sandy 727-846-2100; Lynn E. 901-830-1092; Pat Mc 727-581-8201; Linda Mc 727-804-4610; Claudia 727-781-7411.

By Email: Sandy - utopiarevisit@yahoo.com; Julie O. - julianeob@yahoo.com; Linda Mc - lindaproductions@aol.com; Carol - carolsch@ptd.net; Jane T. jtorell78@gmail.com; Claudia bytelady@tampabay.rr.com. I'm hoping to add to this list as time passes. Try it, you might like it!

Do you know one of the easiest way to get OA information? In your email's Inbox ... Just send your email address to newsletter@oapinellas.org and you will be added to our mailing list to receive information about what is going on in OA. You will also receive the monthly newsletter, as well. If you are receiving the monthly newsletter now, you are already on the list, so you don't need to do anything. The list is private, which means it will not show your email address once you have been added to the mail list. So, if you're interested, please send us your address ASAP!

Are you looking for an easy, fun way to do service? You can raise money for SOAR8 by donating a basket to the raffle fundraiser for the March 2017 Conference and Convention. Just find a new or gently used basket and fill it with items you think a fellow compulsive overeater would like. Past basket themes have included: The recovery basket, the "quiet afternoon" basket, the "gardener's soul" basket, the "kid's fun box" basket, the "day on the beach" basket, the "don't eat, do this instead" basket, and much, much more.

PTI Fellowship

February 1st

Let's meet at 5:15 p.m.
for dinner at BJ's then at
7:00 p.m. watch a movie
at the Regal Park Cinema

"Dirty Dancing"

PTI would like to thank
our webmaster for
using her technical skills
in putting together the
design and layout of
our monthly newsletter
before posting it online.

THANK YOU!!!

SAVE THE DATE

SOAR8 Recovery Convention
&
Business Assembly

March 17th-19th

"The Blessings of Recovery"



Jacksonville, FL

Upcoming Events

VALENTINE'S FELLOWSHIP EVENT



Saturday, February 4th ... 6-9 PM
DATE CHANGED FROM FEB 11TH

Bring your own dinner if you like for a Valentine's gathering.

♥♥♥ \$5 Suggested Donation ♥♥♥
(No one will be turned away for lack of funds!)

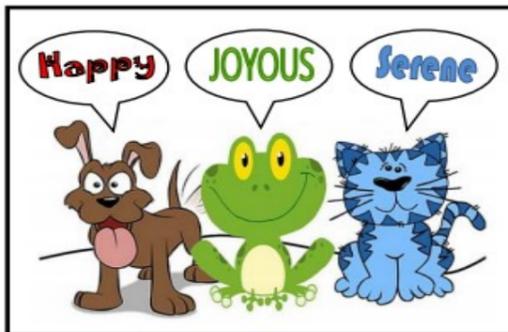
2650 Countryside Blvd C 204, Clearwater
Rustlewood Condo near the Countryside Mall
♥ FIRST BUILDING ON LEFT ♥ ELEVATOR IS IN THE MIDDLE ♥

♥♥♥ Bring your friends!!! ♥♥♥

Please RSVP JC at (813) 240-8572

27th Annual Florida State Convention of Overeaters Anonymous

"Together We Can Be
Happy, JOYOUS, and Serene
in 2017"



Feb 24-26, 2017

Holiday Inn Tampa – Westshore
700 N. Westshore Blvd.
Tampa, FL 33609
866-941-4919 (Reservations)
813-289-8200 (Hotel Direct)

[CLICK HERE](#) for more information and registration form.



"The Blessings of Recovery"

New Freedom Intergroup of OA is
hosting the SOAR 8 Recovery
Convention and Business Assembly

March 17- 19, 2017
Jacksonville, Florida

DoubleTree Riverfront Hotel
1201 Riverplace Boulevard
Jacksonville, FL 32207
(904) 398-8800
1-800 222-TREE (222-8773)

www.DoubleTreeJAX.com



[CLICK HERE](#) for more information and registration form.



NO FOOLIN'!!!

Food Plan / Forgiveness
Writing Workshop

April 1st · 1-3 PM

James Weldon Johnson Library
1059 18 Avenue South
St. Petersburg, FL

EVERYONE IS WELCOME

[CLICK HERE](#) for more information and registration form.



**PINELLAS TRADITIONS INTERGROUP
INVITES YOU TO THE SEVENTH ANNUAL
OA FRANCISCAN CENTER RETREAT**

"INSPIRED"

JULY 21 – 23, 2017

[CLICK HERE](#) for more information and registration form.

Save the Date!!!
2017
SOAR8 Fall Assembly



October 13th-15th

Hosted by,
Miami-Dade & the Keys Intergroup

More information on all of these events may be found on our website at <http://oapinellas.org>

PINELLAS COUNTY MEETING LIST

February 2017

DAY	TIME	MEETING NAME	MEETING TYPE / NOTES	LOCATION	CONTACT
Mon	10:15 AM OA#46182	Just For Today	1-Step/ 2-Lifeline/ 3-Lit/4-BB/5-Speaker	Lutheran Church of the Resurrection 1555 Windmill Pt Rd., Palm Harbor	Mary Ellen (727) 781-2597 Joan (727) 785-9208
Mon	12:00 PM OA#48303	Voices of Recovery (Candlelight Meeting)	Voices of Recovery Discussion	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Ann G. (212) 399-7099
Mon	7:00 PM OA#47788	Focus on Abstinence	Speaker Meeting ★ Speaker Abstinent 90+ Days	Central Church of Christ 1454 Belleair Rd., Clearwater <i>(NW of Belleair Rd. & Highland – entrance on Belleair)</i>	Mary (727) 595-6644
Mon	7:00 PM OA#01530	Search Out Serenity "SOS"	Leader / Discussion Jackson Street entrance	St. Anthony's Hospital, Classroom D 1200 7th Ave. N., St. Petersburg <i>(Jackson Street entrance)</i>	Cynthia (561) 254-3642
Tues	9:00 AM OA#54726	Abstinence NEEDS SUPPORT	Open Discussion	REBOS Center – Friendship Baptist Church 4001 74 th St. N., St. Petersburg	Harland (727) 667-4743
Tues	7:00 PM OA#53878	Back to Basics NEEDS SUPPORT	Discussion	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Jim F. (949) 463-0837
Tues	7:00 PM OA#54697	Living In Today	Step/Literature/BB/Lifeline	Northwood Presbyterian Church – Rm #4 2875 State Road 580, Clearwater	Lee (727) 480-4821
Tues	7:00 PM OA#54346	The Mile Stretch Meeting NEEDS SUPPORT	Literature Meeting	St. Vincent de Paul Catholic Church 4843 Mile Stretch Rd., Holiday	Chris (727) 688-9823
Wed	12:30 PM OA#52863	Message Carriers	Open Discussion	Metro Center 3251 Third Ave. N., St. Petersburg	Ellen L. (727) 381-8043
Wed	6:45 PM OA#10359	Madeira Beach Beach Bunch NEEDS SUPPORT	Open Discussion	<i>On the beach in front of the snack shack</i> 15100 Gulf Blvd., Madeira Beach <i>(Bring a chair)</i>	Linda H. (727) 647-8280 Donna D. (727) 480-0865
Wed	7:00 PM OA#54502	You Are Not Alone	12 & 12 Study	Terra Nova <i>(Small room with green door)</i> 7550 40th St. N., Pinellas Park	Cynthia (561) 254-3642
Thur	10:30 AM OA#53015	Hope NEEDS SUPPORT	All Literature	Aldersgate Methodist Church 9501 Starkey Rd., Seminole <i>(Back of church near the office)</i>	Lynn E. (901) 830-1092
Thur	11:00 AM OA#40873	Key to Freedom	Literature Meeting	First Presbyterian Church 455 Scotland St., Dunedin <i>(Downtown Dunedin)</i>	Tamar Laurie (727) 796-5878 (727) 517-4137
Thur	5:30 PM OA#49784	Steps to Freedom	Focusing on Recovery ★ through the Steps and Traditions - 90 Days Meeting	St. Cecelia's Church, Room A 820 Jasmine Way, Clearwater	Mary Mc (727) 319-4321
Thur	7:00 PM OA#46183	First Fellowship	1-Step/ 2-Speaker/ 3-Lit/ 4-Big Book/5-Lifeline	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Beth P. (813) 486-9324
Fri	6:45 AM OA#54674	Fresh Start	Literature Meeting	Central Church of Christ 1454 Belleair Rd., Clearwater <i>(NW of Belleair Rd. & Highland – entrance on Belleair)</i>	Phil L. (727) 754-0131
Fri	11:00 AM OA#53104	OA Amigos	English & Spanish Literature	Metro Center 3251 Third Ave. N., St. Petersburg	Margie C. (727) 828-9711
Fri	6:00 PM OA#49602	Nitty Gritty	Big Book	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Tiffany (727) 565-3136
Fri	6:30 PM OA#54462	Back in the Day OA	Speaker Meeting	Prince of Peace Lutheran Church 455 Missouri Ave., Largo	Felice (727) 400-6523
Fri	6:30 PM OA#09412	Pinellas Tradition Intergroup Meeting	Third Friday Only All OA's welcome	Morton Plant Hospital, 1st Floor Tuttle D Auditorium, Clearwater	Joan R. (727) 785-9208
Sat	9:00 AM OA#36776	Great Reality NEEDS SUPPORT	Beginners	Pinellas Park Public Library 7770 52nd St. N., Pinellas Park	Donna D. (727) 480-0865
Sat	10:00 AM OA#45426	First Fellowship	Step/Tradition Meeting	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Pat (727) 784-3375
Sat	10:30 AM OA#27235	Saturday Serenity	Big Book	First Lutheran Church 1644 Nursery Rd, Clearwater	Betsey (727) 466-9277 Judy (727) 442-9234
Sat	10:30 AM OA#17950	Pasco Pioneers	1-Step/ 2-Big Book/ 3-Leader's Choice/ 4-Traditions/5-Brown Book	Unity of Port Richey 5844 Pine Hill Rd., Port Richey	Betty N. (727) 505-4562
Sat	12:00 PM OA#52497	Oldsmar Men's Group	Men's Meeting ★	Community United Methodist Church 207 Buckingham Ave., Oldsmar	Lee (727) 480-4821
Sun	6:00 PM OA#32923	Clearwater Oasis	Big Book (90 day) ★	Morton Plant Hospital, 1st Floor Tuttle A Auditorium, Clearwater	Chrissy (813) 377-5332 Michelle (314) 378-9391
Sun	6:30 PM OA#49012	Beginner's Meeting Step Study	Beginners/Step Study	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Cora (813) 956-4642

PLEASE NOTE: All meetings are open meetings unless indicated otherwise. ★ Closed Meeting - OA members only!

If this is your first time attending a meeting listed, please be sure to call to clarify directions and meeting specifics.

Pinellas Traditions Intergroup meets the 3rd Friday of each month: 6:30PM - Morton Plant Hospital, 1st Floor – Tuttle Auditorium

OA World Service Telephone: 505-891-2664 Website: <http://www.oa.org> To find telephone or online meetings,

please go to: <https://www.oa.org/find-a-meeting> Pinellas Traditions Intergroup Website: <http://oapinellas.org>

Hotline #'s – Hillsborough & Pinellas: (813) 254-41901

REVISED: February 2017