



Pinellas Traditions Intergroup Newsletter



Volume 11 - Issue 8

August 2016

Our Trusted Servants

CHAIR:

Joan R.
(727) 785-9208
chair@oapinellas.org

VICE CHAIR:

Tiffany
(727) 452-4061
vicechair@oapinellas.org

TREASURER:

Ruby H.
(813) 516-0782
treasurer@oapinellas.org

SECRETARY:

JC
(813) 240-8572
secretary@oapinellas.org

NEWS EDITOR:

Joan R.
(727) 785-9208
newsletter@oapinellas.org

Send Mail To:

Pinellas Traditions Intergroup
PO Box 16582, Clearwater, FL 33766
Visit us online at oapinellas.org

Monthly Intergroup:

Pinellas Traditions Intergroup (PTI) meets every third Friday of the month. EVERYONE is welcome to attend. The next meeting will be held:

August 19, 2016 at 6:30 p.m.

Morton Plant Hospital
1st Floor – Tuttle D Auditorium
300 Pinellas St. / Off Harrison
Clearwater, FL 33756

To receive monthly copies, or contribute to the Newsletter, please email the editor at newsletter@oapinellas.org. Contributions must be received by the first Friday of the month.

Step 8

Made a list of all persons we had harmed, and became willing to make amends to them all.

“ ... our purpose in doing Step Eight is not to judge others, but to learn attitudes of mercy and forgiveness.”

-OA 12&12, page 69

An OA friend mailed me a sand dollar and an essay he had written on perfectionism. His writing helped me let go of this character defect. The essay says to look at the sand dollar. It's not broken, but has flaws. It may be stained and have a nicked edge or a small hole. Can you still love it? If you can learn to love your imperfect sand dollar, you are capable of loving the imperfect world and people around you. People have disappointed you, hurt you, and let you down by being imperfect. Can you let go of the idea of perfection and accept reality, loving people just the way they are?

Love the imperfect people around you. Love your imperfect self and your imperfect world. For if you cannot love life the way it is, you will suffer from eternal loneliness. We all live in an imperfect world, surrounded by imperfect people. The ability to love yourself and those around you is a gift from God that enables you to live fully, bravely, and meaningfully in an imperfect world.

-Voices of Recovery, page 181

Self-Discipline

Tradition 8

Overeaters Anonymous should remain forever non-professional, but our service centers may employ special workers.



FELLOWSHIP



Concept 8

The Board of Trustees has delegated to its Executive Committee the responsibility to administer the OA World Service Office.



DELEGATION

Simple Definition of DELEGATION -

: a group of people who are chosen to vote or act for someone else

Source: Merriam-Webster's Learner's Dictionary

SOAR8 Assembly News ...



SOAR8 Business Assembly July 15-17, 2016

By Donna D. - Representing Pinellas Traditions Intergroup (PTI)

Friday, July 15th

6:00 p.m. - Dinner party in my room. Six OA's brought their own food and we had fellowship while staying abstinent together, all around the little room table, sitting on chairs we dragged in from the porch, and enjoying fellowship and fun, which I love.

6:55 p.m. - Assembly began in the big meeting room, assigned people to read the Steps, Traditions, Concepts, For Today, (some in Spanish). Timekeeper appointed, credentials determined how many people would be voting and how many were visitors or workers like runners who carried notes back and forth across the room if we held one up in the air, adoption of agenda.

Aleta, Vice chair, spoke on how to bid for a convention, announced open dates.

PROGRAM: We counted off in 5's, I joined group 5, was one of about 8 people, each group was given a piece of paper containing a situation/challenge we were to solve and prepare a timed 3 minute skit to perform. We had 7 minutes to prepare the skit by generating solutions. Our situation was that a sponsor had a sponsee that could not stay abstinent even though they were doing everything asked of them. What else could the sponsor do? We generated about five possibilities, two people got up to do the skit and the rest of us sat up front and watched. One of our group said that the very situation had happened to him when he joined OA and he nearly gave up but his sponsor told him that she had signed him up to lead a workshop in thirty one days which required him to be abstinent for thirty days and said she had confidence that he could do that. He did and has been abstinent for many, many years now. Message I got was, as a sponsor, don't give up, notice the positives and point them out to the sponsee. I watched the four other skits and forgot to take notes when I was all involved.

8:00 p.m. - Opening, our PTI skit was performed to rave reviews followed by the usual P and D, panel and discussion, Neil, Janet and I can't remember the other lady. They told their story.

Saturday, July 16th

7:30 a.m. - Up, dressed, ate breakfast I brought, stopped in the Boutique and looked for a few minutes. Got to the meeting at 8:30 a.m. This is a very, very serious body of people. Robert's Rules is abided in extreme. The standing rules are explained. One person came in late and the credentials had to be changed in the microphone by the secretary. I'm glad I was in my seat by 8:30. Thirty-nine (39) voting, 7 non-voting equals 46 in the room. I wish I had worn a watch.

8:57 a.m. - Judy K., Parliamentarian, gave a lesson on parliamentary procedure for 10 minutes instead of the usual five. Joyce has cards to hold up. Just tell Joyce what your problem is and she will give you the correct card to hold up to stop everything and address your problem.

Hierarchy of Titles: 1.) Bylaws, 2.) Policy and Procedure (what we do). Judy gave a big lesson on the difference between the World Service Business Conference (WSBC), Region Delegates (not from the Intergroups—they are nominated/elected), they represent the Region, elected in November, no financial documentation. The other World Service Business Convention 'delegate' is a support fund delegate.

The P&P, delegate is funded by Region and represent their Intergroup. Application is different, they need Intergroup money statement from Intergroup stating a financial need, or if their Intergroup was never represented once. Two thousand dollars (\$2,000) is budgeted by Region for next year in each category. There seem to be some confusion even after the explanation about these two areas. I'm not sure I understand it. It wasn't that long ago that my Intergroup (PTI) had never sent anyone to the World Service Business Conference (WSBC) and that year Region 8 paid for me to go and OA World Service. Also, Big OA, paid for our PTI chairperson, Karen C. to go, as well.

9:15 a.m. - The minutes for the Atlanta assembly were adopted by a yes or no vote.

9:16 a.m. - The Seventh Tradition was passed.

9:17 a.m. - Committee chair reports were given five minutes for each report and five minutes allowed for questions

9:30a Aleta gave her vice chair report, the next Convention will be in Memphis, October 28-30, please fill out the evaluation form. If you are planning on having an assembly, ask the hotel for a big block of rooms and a small guarantee.

9:40 a.m. - Secretary, Janet, gave her report.

9:45 a.m. - Treasurer, Sam, gave her report.

9:50 a.m. - Region 8 Trustee, Linda H., gave her report.

10:03 a.m. - Break

10:30 a.m. - Committee Meetings underway. I usually encourage people from PTI to attend the committee meetings and bring the good ideas back to us but I did not do this. I don't know if Non-Region reps from here attended or not. I went to IGOR (Intergroup Outreach), led by Andi S. I will include the report on what we accomplished.

The topics we addressed were as follows:

- What services is your intergroup able to provide?
- Is your meeting group connected to an intergroup?
- Why or why not do you want to be connected to your nearest Intergroup?

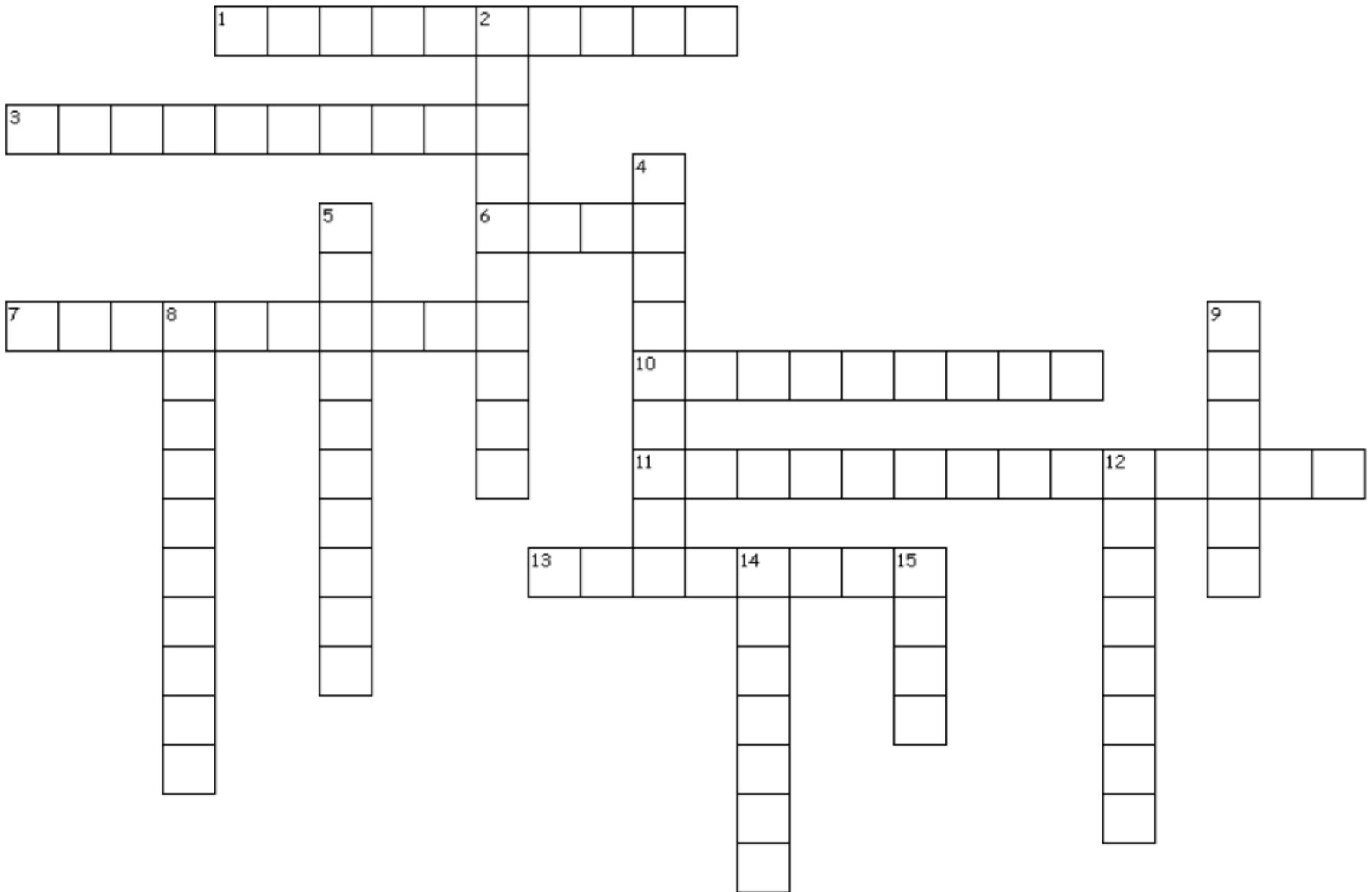
We decided to meet as an IGOR Region 8 meeting from 5:30-6pm every 3rd Sunday, starting Aug 21st.

My jobs are:

1. Contact all Region chairs and
 - Find out if their Regional IGOR committee has ever developed a list of advantages for belonging to an Intergroup.
 - Since IGOR is not addressed at the World Service level, find out if any Regions have developed their own pamphlet or IGOR booklet.
- Get a list of Region chairs and list of the IGOR chairs in each Region. IGOR wants to know if IG chairs are registered in IGOR on the Region 8 website. I asked Joan and she is (of course) on it!!!

- Continued on page 7 -

OA Crossword Puzzle by PTI



ACROSS

- 1. ____ is the principle behind OA's 8th Concept.
- 3. We practice these ____ in all our affairs.
- 6. ____ is another name for Intergroup Outreach.
- 7. One day at a time, _____ helps us achieve our goals.
- 10. Each Intergroup has a _____ to take notes at meetings.
- 11. Each Intergroup sends at least one _____ to vote on issues.
- 13. Sometimes OA events are referred to as a ____.

DOWN

- 2. What an OA member strives to achieve on a daily basis.
- 4. The person who keeps all of the accounting records.
- 5. OA, overall, is a very large ____.
- 8. The WSBC is a big _____ held annually.
- 9. A _____ is made up of many Intergroups.
- 12. The Region has these several times a year.
- 14. ____ work is very rewarding.
- 15. A shorter name for Public Information Professional Outreach is _____.

-Puzzle Answer Key is on page 6-

A mistake repeated more than once, is a decision.

- P.D. -



Fully **R**ely **O**n **G**od

♥ LOVE ♥

I have learned more about myself from my sponsees, and it just reinforces my recovery SO MUCH by giving it away. It IS another word for LOVE.

For me, it is a blessing and an honor to be able to give this precious Service, it is a Gift from my HP. I need to pass it on in order to keep it.

Linda K.

Reprinted from "In the Sunlight" - Summer 2005

“Grateful to God”

I am living a life beyond my wildest dreams. I arrived in China for a short term mission to help kids with disabilities. Staying abstinent with God's help. I have tremendous help from team leaders here for my food needs. The leader appears to be very food focused. Orders too much food each meal, but the grace is he tries hard to make sure I'm taken care of.

Shenyang is very big city and very modern. Lots of sky scraper apartment buildings. Busy streets. Have not seen older section. Mostly we are at a hotel preparing for the family retreat. We are learning silly things with choreography (I think maybe sign language for some words like Change, God, Strength, Etc). Planning. Preparing craft materials.

Met a local mission organization led by a woman called to China 36 years ago. She adopted 22 children with disabilities. But the government then got upset and took away 6. Here, disabilities are shameful and although you could have more than one child if the first was disabled, most people couldn't afford to. It's only recently that people can have more than one child because government sees they will be overrun with older citizens and need a labor force to support them.

People are not allowed to talk about specific religions, Jesus, read the Bible in public, or have large churches or gatherings. So they still have a lot of underground churches. It's much looser than before. People are able to wear a cross and able to say God, in public. Amazing the freedom we have.

Was outgoing and sociable where before self-centered fear would have crippled me.

Turned over self-pity to gratitude and thanked a kind stranger, was met with even more kindness.

I get a bit tired being with people all day. Respected that I needed to retire for rest.

Surprise of reuniting with Sarah, a volunteer from last year.

Abstinent. Tummy a bit tight. Food is served a little at a time on lazy Susan. Hard to portion. And very oily. But able to stay on bottom line. Trying to drink water.

Grateful to God. And everyone who helped me be here.

Love,
JC



“Spiritually Nurtured”

My name is Anna M. and I want to thank you for this weekend (Diving into the Steps). Because of your generous scholarship I felt compelled to give service and was in the hospitality room for a short time Saturday and Sunday.

At first I had no problem missing one or two meetings because I wouldn't even be there if it weren't for your generosity. But I missed no meetings. The meetings at the hospitality room were amazing.

Everyone I encountered was gracious. I had the opportunity to meet so many wonderful people on your side of the Bay. I came back to Tampa filled with love and gratitude.

At first I was happy to serve the hospitality room. When I left on Sunday it came to me that the hospitality room served me.

Thank you again for this wonderful opportunity. The meeting and the prizes were amazing. You could see all the love that went into your efforts.

I don't remember ever enjoying the weekend so much or being so beautifully nurtured spiritually.

Love,
Anna



Congrats on an amazing convention filled with recovery and love ...

Standing room only ... very comfortable digs ... dedicated volunteers taking care of every attendee ...

It wasn't a business-like atmosphere ... it was a special happening for those living in abstinence, and those still struggling to get there ...

None of us can do this alone ...

I am humbled to have found this program and a new way of life ...

Ed D.
Gulfport

PTI Meeting Minutes for June 17, 2016

ROLL CALL: Jason J., Christina L., Jim L., Donna D., Mary T., Kitt, Florence, Jessica, Julie O., Tiffany R., Cynthia L., Lee, Joan R., Ruby A., Maria

1. The meeting was called to order at 6:30pm and opened with the Serenity Prayer
2. Reading of the 6th Step, 6th Tradition, 6th Concept
3. Does everyone agree with the agenda?
4. There were no additions to agenda.
5. This is a spiritual program so let's remember to keep principles before personalities, please.
6. Introductions and representatives from what meeting.
7. Anyone new to Intergroup today? Yes
8. Approval of Secretaries May minutes.
In the Treasurer's Report, we have \$1,382.00. Minutes stated we have \$7,141.16.
The PO Box to send donations to will be located at Countryside Village and is \$41 for 6 months.
Corrected minutes were approved.
9. Treasurer's update and explanations. Sent out procedures on sending donations for PTI.
Address to send donations to: PO Box 16582; Clearwater, FL 33766
We have changed the banking terms so that we only have to keep \$500 in account.
Treasurer's Report approved.
10. Passed the 7th Tradition.
11. Broke into committees.
12. Committee Reports.

IGOR

June Newsletter sent out to allpti@oapinellas.org, all SOAR8, all Intergroup Chairs, all IGOR, all Florida Intergroups.

Twelfth Step Within (TSW)

PTI purchased three pairs of reading glasses for each meeting to be kept with the OA literature. The reading were glasses distributed to meetings.

PIPO

- Tiffany has initiative to go to Pinellas County Schools to begin a young person's meeting.
- Radio interview

Ways and Means

If you would like to have Donna come to your meeting to show and sell items, let her know.

Bylaws

We are in the final stages of updating the Bylaws and cleaning up the format of the Policies and Procedures manual. Glossary at the beginning needs to be done.

OLD BUSINESS:

13. 501c3 (one time cost \$400)
14. Added to the Treasurer duties in Bylaws to file 990N postcard each February for previous year to maintain tax exempt status.
15. Send donations to PO Box 16582; Clearwater, FL 33766
16. Policies and Procedures
 - Procedure on how to apply for PTI scholarship.
 - Mention at meetings that PTI scholarship is available.
 - Must be submitted before early registration ends.
 - Scholarship application is available on the PTI website.
17. Franciscan Center Retreat is Nov. 18-20, 2016. Kathy D. (dkickman21093@aol.com) is looking for people to fill topics and play.
18. Any other old business? No.

NEW BUSINESS:

1. Tiffany – Vice Chair
Cynthia will resign from PIPO Committee Chair, and position will be open in Jan. '17
Unity with Diversity also needs a Committee Chair.
2. Treasurer – Proposal, prudent reserve
 - Motion made that new Prudent Reserve should be \$3,474.62 – motion seconded and carried
 - Motion amended to change Prudent Reserve amount to \$3,500.00 – motion seconded and carried
 - Motion made to keep \$500 in checking account, and \$3,000.00 in the savings so that we don't get charged banking fees – motion seconded and carried.
3. Quicken
 - Motion made to go paperless with Treasury and find a backup system to back up info in a manner that is not too costly such as an USB drive – motion seconded and carried. Discussion was held, but tabled until next month.
4. Making a motion to move SOAR8 from March to April because of the Florida State Convention in February. This will be voted on at the July 2016 SOAR 8 Convention.
5. FSC Schedule
Motion made to accept Florida State Convention (FSC) program to be presented to FSC – motion seconded and carried.
6. Name and Sponsor List
 - Motion made to create a contact list for members of PTI – motion seconded and carried.
7. Any announcements for the good of OA? – None.
8. Any other new business?
 - Motion made to move 30% of our net worth to the PIPO committee, which works to carry the message of OA. Motion seconded and carried
 - Motion amended to move \$200 to PIPO for now, and revisit at a later time – motion seconded and carried.

Pinellas Traditions Intergroup Treasurer's Report - May/June 2016

INCOME / DONATIONS			
Group	OA Number	May	June
Just For Today (Monday)	46182		\$ 100.00
Voices of Recovery	48303	\$ 47.00	\$ 63.50
Focus on Abstinence	47788	\$ 200.00	\$ 200.00
Steps to Freedom	49784	\$ 125.00	
First Fellowship	46183		
OA Amigos	53104		\$ 30.00
NittyGritty	49602		\$ 20.00
Back to Basics (Largo)	54462		
Pinellas Park Public Library	36776		\$ 100.00
Pasco Pioneers	17950	\$ 19.00	\$ 9.00
Clearwater Men's Group	52497		\$ 25.00
Clearwater Oasis	32923	\$ 150.00	
Beginner's Meeting/Step Study	49012		
Pinellas Traditions Intergroup	09412	\$ 23.00	\$ 15.00
Meeting Donations		\$ 564.00	\$ 562.50
Ways & Means Fundraising			
TSW Workshops		\$ 70.00	\$ 58.00
Franciscan Center		\$ 100.00	
Florida State Convention			
SOAR8 Convention and Assembly			
Seed Money			\$ 50.00
Miscellaneous		\$ 493.80	
Scholarship Fund		\$ 100.00	\$ 100.00
		\$ 1,227.80	\$ 670.50
With Prudent Reserve		\$ 1,227.80	\$ 670.50

EXPENSES		
Title	May	June
Administration (Copies, Stamps, etc.)	\$ 400.00	\$ 35.00
Scholarships	\$ 200.00	
Region 8 Rep	\$ 190.00	
WSBC Delegate	\$ 989.05	
Florida State Convention	\$ 44.05	
Mail Box	\$ 82.00	
Webmaster (\$40/monthly)		\$ 80.00
Office Supplies	\$ 42.52	
Prudent Reserves (Savings)	\$ 150.00	
	\$ 2,097.62	\$ 115.00



TRADITION 7

The 7th Tradition states, "Every OA group ought to be fully self supporting, declining outside contributions."

Available online, local OA groups and members can now send a contribution using a secure site via PTI's PayPal page.

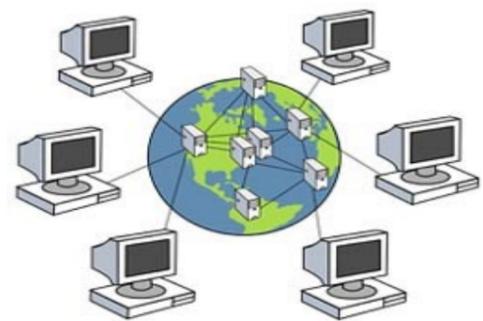
Please click the button located below or visit our website at <http://oapinellas.org> and click on the "Donation" tab at the top of the page to send in a donation today.



Your generosity is greatly appreciated!!!

Have you checked out OA WSO's new website?

<http://www.oa.org>



Change is good!!!

PUZZLE ANSWER KEY: (From page 3)

ACROSS -

- 1. Delegation
- 3. Principles
- 6. IGOR
- 7. Discipline
- 10. Secretary
- 11. Representative
- 13. Workshop

DOWN -

- 2. Abstinence
- 4. Treasurer
- 5. Fellowship
- 8. Convention
- 9. Region
- 12. Assembly
- 14. Service
- 15. PIPO



<https://oa.org/podcasts>

SOAR8 Assembly News continued ...



Saturday, July 16th

12 p.m. - Ate lunch in my room with another fun group of OA friends and then we all went to hear the after lunch speaker, fabulous!!!! FYI, everyone is always welcome to enter the dining room and hear the special after meal speakers.

2 p.m. – Forty (40) voting, Nine (9) non-voting, Forty-Nine (49) in the room. All motions passed because they were just motions to update the wording in the bylaws to accommodate the change from three to two convention/business assemblies per year which was established at the last convention. Something is May 1st – 6th, 2017. I think maybe WSO convention in Orlando like the one in Boston coming up.

3:08 p.m. - Discussion of money to delegate Region 8 funding moving to line budget items.

3:41 p.m. - There is no SOAR8 July 2017 bids yet. Discussion of strategic plan 2017-2020.

3:45 p.m. - Emergency override budget to move money from one line to another to print \$200 PIPO (Public Information and Professional Outreach) pamphlets; passed.

3:57 p.m. - Emergency override budget of \$500 from prudent reserve to buy more products for Ways and Means (W&M). W&M made over \$2,000. They want sell products at the Boston World Service Convention. FYI, money made by selling products is not kept by W&M to buy more product to sell so when they run out of product they have to ask again for more money to buy more product. W&M spent \$1,300 and made \$3,379; thus making a profit of \$2079. It passed. It was voted 'Yes' to give Viviana, Chair, \$181 and \$29 extra to get to the World Service Business Conference.

4:09 p.m. - Each committee gave an oral report. My committee meeting report is in my report here from I GOR. All of these reports are available on the oaregion8.org website.

4:32 p.m. - Viviana spoke about a project that Mexico's Region 2, Region 9, etc. are working on. They are looking to make a Spanish glossary, with words with different meanings but the same word. She is the vice chair of that project. I think we dismissed at 5 o'clock.

I went back to my room and change clothes, went to the banquet and had a lovely meal, listened to a fabulous after dinner speaker, and danced the night away to the Dee Jay music. I went to my room and talked a long time with one of my roommates, one that I never really get to see very much due to distance, got up on Sunday morning, ate breakfast that I brought, cleaned the room, packed my suitcase, and attended regular recovery meetings rather than business meetings.

For me the weekend was a lot of work. I did not get to swim in the pool, swim in the water at the beach, sit in a beach chair, walk on the beach, or be a tourist. I did however have a wonderful, fantastic, weekend of recovery. One of the blessings was seeing people that I only see sometimes once a year, sometimes once every five years, get lots of hugs, see people that have maintained their weight loss for decades, and also see people that are perhaps once again lost in their disease. This was my third SOAR8 convention at the Dolphin and the fourth at St. Pete Beach including the Trade Winds. It certainly brought back many memories. This weekend seemed to be the best one ever because every PTI committee went so far beyond what was needed and so many people helped with the service. A special blessing was that many of the Pinellas OA members were relatively new in OA and perhaps had never even been to a SOAR8 convention before or done service in that capacity. I am in awe of the amount of service offered. What an Intergroup we have. We are so blessed!!!

It is always a benefit to me to do service and be part of PTI. Thank you for the opportunity.

Donna D.

New Online Group Can Boost Local Public Information Efforts

"I can't believe I didn't think of that! "Ever have that moment? Sometimes the best ideas are the simplest ones, especially when reaching out to potential members using public information. Now you can share the ideas that help your intergroup or service board carry the message effectively by using the OA PI Email Group, where members post PI ideas that work for them and find new ideas from OA members all around the world.

It's easy to start. Just go to groups.google.com and search for "OA PI." Then click "Apply for membership." Once you've been added to the group, you can view ideas posted by people from all regions and post your own ideas and outreach techniques that have worked for your intergroup or service board. You can ask for clarification or start a discussion. It's so simple we wonder why we didn't think of it earlier.

In the group, we share PI techniques and highlight ideas and information from OA's Public Information Service Manual, a valuable resource containing many useful tips, including suggestions for how to set up an information booth at a health fair and get OA's public service announcements into local media outlets. Another suggestion that emerged from the group is to post notices for free on popular, classified ad websites as a no cost way to reach hundreds of still suffering compulsive eaters every day.

Come on board and share the PI gems that work for you. Someone in another part of the world can benefit from your creativity, and you can benefit from the creativity of others. Hope to see you at the OA PI Email Group in the near future, and please pass this on.

"A Step Ahead" Volume 20 #3
- Steve M., Public Information Committee Co-chair

THANK YOU

I would like to send a great big "THANK YOU" to all those dedicated service people on the SOAR8 Committee and everyone else involved who gave so much of their time and effort to make the July Dolphin event such a great success!

All the clever ideas, team work, energy spent, and money saved was so worth it. Pinellas Traditions Intergroup has so many dedicated people who give freely of themselves to carry the message in a big way.

Thank you, also, for my beautiful plaque and gorgeous bracelet that you presented to me that each one of you deserve. I know it took us all working together as a team to make this happen and I certainly appreciate each and every one of you and all your efforts.

Thank you so very much for sharing and showing your love and recovery. I love you all!!!

Joan R.
PTI Chair

Abstinence in Action "Adventure" Fellowship

2016 -

Aug 20th	Bringing the Big Book Alive	Clearwater
Sept 1st-4th	World Service Convention	Boston, MA
Sept 16th-18th	Staying Abstinent Through Adversity	Ft. Mitchell, AL
Sept 24th	OA Writing Workshop / 1-3PM / St. Pete Library	St. Petersburg
Oct 1st	What Are The Concepts Anyway?	Clearwater
Oct 28th-30th	SOAR8 Assembly	Memphis, TN
Oct 29th	Circus McGurkis	St. Petersburg
Nov 13th	Christmas Under the Oaks (Coachman Park)	Clearwater
Nov 18th-20th	OA Retreat at the Franciscan Center	Tampa
Nov 19th	IDEA Day (International Day Experiencing Abstinence)	Global
Dec 10th	The 12th Step Principle: Service	Clearwater

2017 -

Jan 13th-15th	Together In Recovery	Bradenton
Feb 24th-26th	Florida State Convention	Tampa
Mar 17th-19th	SOAR8 Assembly	Jacksonville

For more information and flyers, PTI's Calendar of Events may be viewed online - <http://www.oapinellas.org/events.htm>

Looking for a sponsor??? There are some people out there that are willing to sponsor by phone and/or email.

By Phone: Julie O. 727-784-7958; Sandy 727-846-2100; Lynn E. 901-830-1092; Pat Mc 727-581-8201; Linda Mc 727-804-4610; Claudia 727-781-7411.

By Email: Sandy - utopiarevisit@yahoo.com; Julie O. - julianeob@yahoo.com; Linda Mc - lindaproductions@aol.com; Carol - carolsch@ptd.net; Jane T. jtorell78@gmail.com; Claudia bytelady@tampabay.rr.com. I'm hoping to add to this list as time passes. Try it, you might like it!

Do you know one of the easiest way to get OA information? In your email's Inbox ... Just send your email address to newsletter@oapinellas.org and you will be added to our mailing list to receive information about what is going on in OA. You will also receive the monthly newsletter, as well. If you are receiving the monthly newsletter now, you are already on the list, so you don't need to do anything. The list is private, which means it will not show your email address once you have been added to the mail list. So, if you're interested, please send us your address ASAP!

Send donations to PTI online on our very own webpage!!! \$\$\$ Please visit our donation page at <http://oapinellas.org/donations.html>
You can now donate to Pinellas Traditions Intergroup online via PayPal or donate at your meeting's 7th tradition when they pass a basket. What a convenience!!!



NEW OA MEETING

Beginning on ...

Monday, August 22, 2016

St Paul's Lutheran Church
407 S Saturn Ave.
Clearwater, FL 33755

7PM to 9PM
(with a break)

Contacts: Suzanne (727) 249-4558
Felice (727) 400-6523

PTI would like to thank
our webmaster for
using her technical skills
in putting together the
design and layout of
our monthly newsletter
before posting it online.

THANK YOU!!!

Palm Beach Intergroup presents ...

**6th Annual
OA Spiritual Retreat
in Palm Beach County**

December 9th - 11th

Our Lady of Florida
1300 US Hwy 1
North Palm Beach, FL

For more info, call (314) 409-5404
or email my3scarats@gmail.com

Upcoming Events



When: Saturday, August 20, 2016
From 1pm to 4pm

Where: Friendship United Methodist Church
2039 Druid Rd. E., Clearwater, FL (Between Hercules & Belcher)

Donations: \$8 *No one turned away

50/50 Drawing: Tickets 1 for \$1 or 6 for \$5

Come at noon and bring your lunch and beverage

** For more Information please call Cora at 813-956-4642**



[CLICK HERE](#) for more information and registration form.

OA WRITING WORKSHOP

Interactive Workshop on this important recovery tool.

Saturday, September 24th - 1PM to 3PM

St. Petersburg Public Library, Johnson Branch
1059 18th Ave. S., St. Petersburg, FL 33705

Suggested Donation of \$5 or more to PTI to carry the message



Call Jeannette 248-534-0020 or Ruby 813-516-0782 for info

What are the Concepts anyway?



Bring your lunch for fellowship after the 10:30 meeting then stay for workshop on the OA Concepts. How we conduct business.



Learn the other principles of the program.

**Saturday, October 1, 2016
12:30 PM to 3 PM**

First Lutheran Church
1644 Nursery Road
Clearwater FL 33756

Suggested Donation of \$5 or more to PTI to help carry the message ...

Bring your friends!!!



Call JC at 813-240-8572



Greater Memphis Intergroup Presents



October 28-30, 2016

**SOAR 8
Recovery Convention
and
Business Assembly**

*Don't leave before
the miracle happens!!!*

[CLICK HERE](#) for more information and registration flyer.

6th Annual OA Spiritual Retreat at the Franciscan Center



FRANCISCAN CENTER

*A Place of Peace, Hospitality & Spiritual Renewal
TAMPA, FLORIDA*

**November 18th - 20th
"Living In Today"**

[CLICK HERE](#) for more information and registration form.

More information on all of these events may be found on our website at <http://oapinellas.org>

NEW OA MEETINGS



"Living In The Solution"



Beginning on ...

Monday—August 22nd, 2016

St Paul's Lutheran Church
407 S Saturn Ave.
Clearwater, FL 33755

7:00 PM to 9:00 PM
(with a break)

Contacts: Suzanne (727) 249-4558
Felice (727) 400-6523

ALL ARE WELCOME!!!

Fresh Start Morning Group



NEW MEETING STARTS ON FRIDAY, AUGUST 26TH, 2016

Meets Fridays at 6:45 a.m. to 7:45 a.m.
Friendship United Methodist Church *(meeting is in library – look for signs)*
2039 Druid Rd, Clearwater, FL 33764

Meeting will be based on OA conference approved literature, including:

- Big Book
- OA 12&12
- For Today/Voices of Recovery

We will have a speaker or topic/discussion meeting once per month.
If we have a newcomer, we will focus on step 1.

For more information, contact:

Phil L. *(call, text, or e-mail)* (727) 754-0131 plocke4551@gmail.com

PINELLAS COUNTY MEETING LIST

August 2016

DAY	TIME	MEETING NAME	MEETING TYPE / NOTES	LOCATION	CONTACT
Mon	10:15 AM OA#46182	Just For Today	1-Step/ 2-Lifeline/ 3-Lit/4-BB/5-Speaker	Lutheran Church of the Resurrection 1555 Windmill Pt Rd., Palm Harbor	MaryEllen (727) 781-2597 Joan (727) 785-9208
Mon	12:00 PM OA#48303	Voices of Recovery (Candlelight Meeting)	Voices of Recovery Discussion	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Ann G. (212) 399-7099
Mon	7:00 PM OA#47788	Focus on Abstinence	Speaker Meeting Speaker Abstinent 90+ Days	Friendship United Methodist Church 2039 E. Druid St., Clearwater <i>(Between Belcher & Hercules)</i>	Mary (727) 595-6644
Mon	7:00 PM OA#01530	Search Out Serenity "SOS"	Leader / Discussion Jackson Street entrance	St. Anthony's Hospital, Classroom B 1200 7th Ave. N., St. Petersburg <i>(Jackson Street entrance)</i>	Cynthia (561) 254-3642
Mon	7:00 PM OA#54666	NEW OA Meeting Living in the Solution <i>Starts on August 22nd</i>	1-Step/ 2-Speaker/ 3-Literature/4-Big Book/ 5-Lifeline	St. Paul's Lutheran Church 407 S. Saturn Ave., Clearwater	Suzanne (727) 249-4558 Felice (727) 400-6523
Tues	7:00 PM OA#53878	Back to Basics	Discussion *	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Jim F. (949) 463-0837
Tues	7:00 PM OA#46184	R E L A P S E – (Prevention & Recovery)	Relapse Prevention & Recovery	Windmoor Health Care of Clearwater 11300 U.S. 19 North, Clearwater	Linda Mc (727) 804-4610 Donna D. (727) 480-0865
Tues	7:00 PM OA#54346	The Mile Stretch Meeting	Literature Meeting	St. Vincent de Paul Catholic Church 4843 Mile Stretch Rd., Holiday	Chris (727) 688-9823
Wed	12:30 PM OA#52863	Message Carriers	Open Discussion	Metro Center 3251 Third Ave. N., St. Petersburg	Ellen L. (727) 381-8043
Wed	6:45 PM OA#10359	Madeira Beach Beach Bunch	Open Discussion	<i>On the beach in front of the snack shack</i> 15100 Gulf Blvd., Madeira Beach <i>(Bring chair)</i>	Linda H. (727) 647-8280 Donna D. (727) 480-0865
Wed	7:00 PM OA#54502	You Are Not Alone	12 & 12 Study	Terra Nova 7550 40th St. N., Pinellas Park	Cynthia (561) 254-3642
Thur	10:30 AM OA#53015	Hope	All Literature	Aldersgate Methodist Church 9501 Starkey Rd., Seminole <i>(Back of church near the office)</i>	Lynn E. (901) 830-1092
Thur	11:00 AM OA#40873	Key to Freedom	Literature Meeting	First Presbyterian Church 455 Scotland St., Dunedin <i>(Downtown Dunedin)</i>	Tamar (727) 796-5878 Laurie (727) 517-4137
Thur	5:30 PM OA#49784	Steps to Freedom	Focusing on Recovery * through the Steps and Traditions - 90 Days Meeting	St. Cecelia's Church, Room A 820 Jasmine Way, Clearwater	Mary Mc (727) 319-4321
Thur	7:00 PM OA#46183	First Fellowship	1-Step/ 2-Speaker/ 3-Literature/4-Big Book/ 5-Lifeline	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Beth P. (813) 486-9324
Fri	6:45 AM OA#Pending	NEW OA Meeting Fresh Start <i>Starts on August 26th</i>	Literature Meeting	Friendship United Methodist Church 2039 E. Druid St., Clearwater <i>(Between Belcher & Hercules)</i>	Phil L. (727) 754-0131
Fri	11:00 AM OA#53104	OA Amigos	English & Spanish Literature	Metro Center 3251 Third Ave. N., St. Petersburg	Margie C. (727) 828-9711
Fri	6:00 PM OA#49602	Nitty Gritty	Big Book	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Tiffany (727) 452-4061 James (727) 303-1804
Fri	6:00 PM OA#54462	Back in the Day OA	Speaker Meeting	Prince of Peace Lutheran Church 455 Missouri Ave., Largo	Felice (727) 400-6523
Fri	6:30 PM OA#09412	Pinellas Tradition Intergroup Meeting	Third Friday Only All OA's welcome	Morton Plant Hospital, 1st Floor Tuttle D Auditorium, Clearwater	Joan R. (727) 785-9208
Sat	9:30 AM OA#36776	Great Reality	Beginners	Pinellas Park Public Library 7770 52nd St. N., Pinellas Park	Donna D. (727) 480-0865
Sat	10:00 AM OA#45426	First Fellowship	Step/Tradition Meeting	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Pat (727) 784-3375
Sat	10:30 AM OA#27235	Saturday Serenity	Big Book	First Lutheran Church 1644 Nursery Rd, Clearwater	Betsey (727) 466-9277 Judy (727) 442-9234
Sat	10:30 AM OA#17950	Pasco Pioneers	1-Step/ 2-Big Book/ 3-Leader's Choice/ 4-Traditions/5-Brown Book	Unity of Port Richey 5844 Pine Hill Rd., Port Richey	Betty N. (727) 505-4562
Sat	12:00 PM OA#52497	Clearwater Men's	Men's Meeting	Friendship United Methodist Church 2039 E. Druid St., Clearwater <i>(Between Belcher & Hercules)</i>	Joel M. (703) 609-5110
Sun	6:00 PM OA#32923	Clearwater Oasis NEEDS SUPPORT	Big Book (90 day) *	Morton Plant Hospital, 1st Floor Tuttle A Auditorium, Clearwater	Chrissy (813) 377-5332 Michelle (314) 378-9391
Sun	6:30 PM OA#49012	Beginner's Meeting Step Study	Beginners/Step Study	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Cora (813) 956-4642

PLEASE NOTE: All meetings are open meetings unless indicated otherwise. * Closed Meeting - OA members only!

If this is your first time attending a meeting listed, please be sure to call to clarify directions and meeting specifics.

Pinellas Traditions Intergroup meets the 3rd Friday of each month: 6:30PM - Morton Plant Hospital, 1st Floor – Tuttle Auditorium

OA World Service Telephone: 505-891-2664 Website: <http://www.oa.org> To find telephone or online meetings,

please go to: <https://www.oa.org/find-a-meeting> Pinellas Traditions Intergroup Website: <http://oapinellas.org>

Hotline #'s – Hillsborough & Pinellas: (813) 254-41901

REVISED: August 2016