



Pinellas Traditions Intergroup Newsletter



Volume 11 - Issue 4

April 2016

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Visit us online at oapinellas.org

Monthly Intergroup:

Pinellas Traditions Intergroup (PTI) meets every third Friday of the month. EVERYONE is welcome to attend. The next meeting will be held:

April 15, 2016 at 6:30 p.m.

Morton Plant Hospital
1st Floor – Tuttle D Auditorium
300 Pinellas St. / Off Harrison
Clearwater, FL 33756

To receive monthly copies, or contribute to the Newsletter, please email the editor at newsletter@oapinellas.org. Contributions must be received by the first Friday of the month.

Step 4

Made a searching and fearless moral inventory of ourselves.

COURAGE

“Either the human being must suffer and struggle as the price of a more searching vision, or his gaze must be shallow and without intellectual revelation.” -Thomas de Quincey

From the pain of compulsive overeating came abstinence; from turmoil, serenity. When I am hurting, I need to hear the words, “This too shall pass.” I remember other struggles and the rewards that came out of them. As Bill W. writes, “Our better understanding is often rooted in the pains of our former follies...In God’s economy, nothing is wasted.”

Pain persists until I give up trying to do things my way. I am grateful for the suffering and struggling that brought me to this understanding. “Let Go and Let God” is an idea I could never have accepted had I not paid the price exacted by my illness.

For Today: I am thankful that the pain of compulsive overeating gave me the vision not to try to change the world or other people or situations or even myself, but to do the footwork and leave change up to my Higher Power.

-For Today, page 121-

Tradition 4

Each group should be autonomous except in matters affecting other groups or OA as a whole.



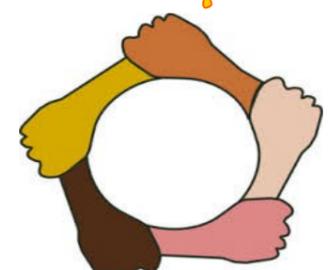
Autonomy

Live and Let Live

The Right of Participation ensures equality of opportunity for all in the decision-making process.

Concept 4

Equality



SOAR8 News ...



Hello Pinellas Traditions,

I would first like to thank you for allowing me to serve you at the Region 8's Assembly and Convention in Atlanta, Georgia for the weekend of March 4, 2016 until March 6, 2016. The event was held at the Crowne Plaza Hotel near the Airport of Atlanta. Sorry that I had to arrive late on Friday night so I was not present for the assembly on Friday.

There were 45 voting delegates representing several Intergroup within the region. There were at least five visitors as well as one virtual attendee from Brazil. The Seventh Tradition totaled more than \$300.00 for the whole weekend.

In this convention, there were three motions to be voted on and they were the following:

Motion I: This motion changed the part of the Bylaws to state that any Region 8 committee is capable of drawing a motion and represent it to the body. Before, the only committee allowed to form a motion was the Bylaws committee.

Motion II: This motion wanted to define the people present in the assembly. It would state that anybody attending the assembly virtually was counted as registered voting representative and present in the assembly. This motion failed.

Motion III: This was a policies and procedure motion outlining the how these virtual present registered representatives will perform the virtual voting. This motion was stand down since the previous motion failed.

There was an emergency voting asking for the moving of money from one category to another to cover the expenses for the chair to go to the World Service Business Convention in Albuquerque, New Mexico in May. In this motion \$400.00 was moved from the Travel Expense to the Chair Albuquerque Travel Expense account.

There were eight Green Dots and two Green Dots were board members. This time around we had a Chair and Treasurer that were considered Green Dots.

Please note that the Secretary and Vice Chair positions are coming up for grasp. The secretary has fulfilled her two terms and therefore, will step down. The Vice Chair will not like to run by herself, she would like to have people postulate themselves for the position.

It was great representing Pinellas Tradition Intergroup at the Assembly and now the countdown has truly begun for the next convention. If you go to the website of the region you are able to see the countdown. Again, Thank you for allowing me to be of service and let's get ready.

May your day be abstinence and blessed.

-Ruby H.

KEEP COMING BACK

When I think of my major overeating disease days past (and even present) and the myriad ways of "trying to control", and again, always, "the illusion of control!", my sick mind, soul and body employed, I just remember my first OA meeting. That was 15 years ago this week! I was broken, defeated, beaten-up, depressed, isolated, angry and absolutely discouraged that I would ever get a handle on this cunning, baffling and powerful disease ...

All that changed when I listened to "Our Invitation to You." I heard I wasn't alone; that it was my weakness and your weakness bound together that got us all well. I saw recovery in that meeting room and for the first time in my life was more hungry for that, than for food! By the grace of God, OA and y-o-u, it's been an amazing journey!

Keep coming back, reach out, get a sponsor, work the steps, use the tools and find "joy and understanding beyond our wildest dreams!"

Yours in recovery,
Chris J. from TN

ATTENTION

There is an issue with the Yahoo email addresses. Anyone on our PTI mail list with a Yahoo email address may not be receiving any emails that are sent out by the Pinellas Traditions Intergroup.

Many of the Yahoo email addresses are being returned and not being delivered due to Yahoo email policies regarding emails received from "listserv" mail lists.

If you use a Yahoo email account, it is to your advantage to do one of the following solutions:

1. Send us a new email address o be updated on our mailing list. <OR>
2. Add the mailing list's email address to your Yahoo's contacts. This is the ONLY way that the emails from PTI will reach your Yahoo Inbox. If you wish to add the email address to your contacts it is as follows: allpti@oapinellas.org

Hopefully, you understand our dilemma. Thank you for letting us serve you.

Joan R.
PTI Chair

Hello Fellow Intergroup,

You are receiving this event notice from Unity Intergroup of Overeaters Anonymous in Minneapolis/St. Paul Minnesota.

We are preparing for our 11th annual weekend Big Book Study. Lawrie from Canada will be returning May 13th, 14th, 15th, 2016. Our speaker is a long term member of OA and has lead this powerful event all over the world. It truly makes the Big Book come alive in a personal and understandable way. We will be doing a **real-time webcast** with a live video camera focused on the speaker, an updated presentation and audio through the computer or dial-in conference line. It is viewable on a browser equipped Mac, tablet, phone (Apple & Android) or windows computer. It will be a rich viewing experience almost like having a front row seat in the audience!

Also available are the 2014 recordings. These are a complete recording from the 2014 Study and are streamed like a YouTube video in your web browser. The sound is very good and there is an embedded presentation that tracks the Big Book and includes historical pictures (Ebby, Roland, Silkworth, Lois, Rockefeller etc.) and documents.

There is a graduated payment scale from \$0 - \$6 dollars. The discount codes (EBBY - \$2.00 Discount DRBOB - Free) are published right on the registration page and selectable by the user. There is no qualification process or anyone to contact - to receive the recordings for free or at a discounted price they just enter the applicable code during signup.

Online Registration



Big Book Study Flyer

Frequently Asked Questions (FAQ)

2014 Recordings

For more info, please email Howard: howardw@isd.net

Pinellas Traditions Intergroup Treasurer's Report - March 2016

Assets for PTI	
Business Checking Wells Fargo as of 3/16/2016	\$ 7,004.63
Savings Account/Business Market (reserve)	\$ 3,025.92
Total Assets Available as of 3/16/2016	\$10,030.55
Income/Credits for March 2016	
Monday Voices of Recovery 48303	\$ 65.00
Monday Voices of Recovery 48303	\$ 26.00
Tuesday Gulfport Community Center 53878	\$ 60.00
Thursday St Cecelia-Steps to Freedom 49784	\$ 82.00
Saturday Great Realities PPK Library 36776	\$ 100.00
Total Meeting Donations	\$ 333.00
Additional Income	
Money from abandoned/closed meetings	\$ 160.00
Sponsorship Workshop Income	\$ 156.85
Valentine's Day Workshop (JC)	\$ 30.00
Total Additional Income	\$ 346.85
Total Income/Credits for March 2016	\$ 679.85
Expenses/Debits for March 2016	
One time startup/seed monies for July 2016 SOAR8	\$2,000.00
To be reimbursed in addition to other incrementals	
Expense Florida State Convention (Julie)	\$ 16.35
Total Expenses for March 2016	\$2,016.35

Thank to each and every one of you for all of your dedicated, selfless and time consuming service. It has been a pleasure to serve you as PTI treasurer. Please note that the Treasurer's position will become available at the end of May 2016(after WSBC) and I am most grateful to each and every person in our life saving program. May God Bless you and keep you and me abstinent, one day at a time.

jason johns, PTI Treasurer

Pinellas Traditions Intergroup - 7th Tradition

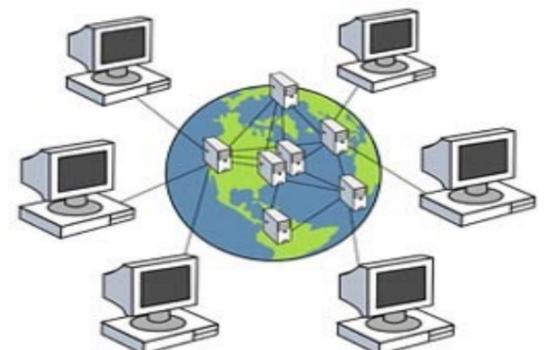
The 7th Tradition states, "Every OA group ought to be fully self supporting, declining outside contributions."

Available online, local OA groups and members can now send a contribution using a secure site via PTI's PayPal page. Please click the button located below or visit our website at <http://oapinellas.org/donations.html> to send in a donation today.

Your generosity is greatly appreciated!!!



Have you checked out OA WSO's new website? Change is good!



<http://www.oa.org>

PTI Meeting Minutes - 2/19/16 - 6:30PM

Attendees: JC, Mary T, Jason J, Julie O, Joan R, Donna D, Cynthia, Jim, Dawn, Chrissy, Tiffany, Jessica, Ruby

1. Any additions? No
2. Open with the Serenity Prayer
3. This is a spiritual program so let's remember to keep principles before personalities, please.
4. Introductions and representation from what meeting
5. Anyone new to Intergroup today? Yes
6. Reading of 2nd Step, 2nd Tradition, and 2nd Concept
7. Approval of Secretaries January Minutes - Approved
8. Presentation of Treasurer's Report - Approved (*Requested Budget Report be emailed to secretary to be added*)
9. Passed Basket - 7th Tradition
10. Committee Break – 8 minutes
11. Committee Reports as follows ...

Twelfth Step Within (TSW):

March 12th "How it Works" Big Book Workshop, 1644 Nursery Rd., Clearwater

April 16th PIPO Workshop, Pinellas Park Library

Valentine's Workshop went great

Public Info/Professional Outreach (PIPO) :

March 5th & 6th Wellness Festival (need volunteers)

April 16th PIPO Workshop (need volunteers)

New meeting at Terra Nova on Wednesday

Meeting name change on Tuesday – Relapse Prevention

Bylaws:

Bylaws is separating "Bylaws" from the "Policy and Procedures" -- P&P are "How things are done"

Please email Ruby at auxihayn@gmail.com

IGOR:

Announced Pasco and Hernando Counties meeting joined PTI

OLD BUSINESS

1. Treasury position will be available in June.
2. SOAR 8 July Convention – Receipts needed for reimbursements. The budgets done - (waiting for new account). Drop off boutique items from Noon-4pm Thursday. Board Meeting at 5:00 in lobby. Going out to dinner and then OA meeting at the Dolphin Board room at 7:30.
3. Florida State Convention Report – Pinellas people, please be huggers & Greeters the whole time.
 - 198 registered so far.
 - First 50 people who make purchase in hospitality get a free water bottle
 - T shirts for sale
 - 5\$ for coffee for the weekend get a chance for winning blankets
 - Hospitality stickers to promote
 - 11 baskets from our group
 - Hugger and greeters needed
 - Love notes in message board
4. Thank you - sending around Thank you cards for those who are here at intergroup. Vice chair suggestion is to send a thank you note to each meeting group.
5. Any other old business?

NEW BUSINESS

1. Bidding for FL ST Conv - Hotel liaison & other duties motion passed. Second choice is Program motion passed
2. Bylaws – please send things to add to bylaws from committees to Ruby auxihayn@gmail.com Website Logo. Need an WSO approved logo if to be posted on the website. Our logo states PTI to clarify we are representing
 - Motion flyers do not need a logo and if using a logo it must include the PTI approved OA logo when posted on website. Friendly amendment needing the logo, was removed
 - Motion passed.
3. Motion any committee reports, treasures report, and agenda and points of discussion will be sent to secretary a week prior to intergroup and secretary and any will be emails to PTI.org. Agendas and reports will be emailed everyone is asked to bring their own paper copies to the meeting. Motion passed
4. Any other new business?
 - Scholarships are for any member of any meeting in PTI for
5. Tuesday Night Speaker, Back to basics7- Temporary location first three weeks in march 5315 28ave south Gulfport 33707 due to voting polls for info Jim 949-463-0837
6. Thursday Night Palm harbor meeting is at 7:00 not 7:30
7. SOAR 8 activities. Asking if more money for scholarships are for anyone at any meeting in PTI for SOAR 8 activities.

THINGS TO TAKE BACK TO MEETINGS:

1. Lifeline / PayPal.
2. Please remember to support struggling meetings: Thurs Night, Palm Harbor, Saturday 12 noon men's meeting
3. Please remember to invite everyone to Intergroup.
4. Ask for help for our SOAR8 Convention next July. PTI will be collecting: Two literature from each meeting and any donations, good boutique items, nice silent auction items, coffee, regular & decaf, regular & decaf tea, water, baskets with literature from all meetings, hangers. Please let us know what you will be donating. Send email to SOAR8convention2016@oapinellas.org.
5. Drop off at Dolphin Resort on Thursday from Noon- 4PM.

Hi Everyone,

Want to know what's going on in OA? Here are a few things to check out. I hope you had a chance to look at our new website. I sent that in my last newsletter but it does deserve to be noted again ...

I was happy to see all of the Region 8 Intergroup representatives at our March assembly. If you haven't been to a Business Assembly we have another one coming up July 15th -17th and it's right in my home town - St. Petersburg, FL. 😊 Guess what? The hotel is right on the beach!!! 🐬

I would say this is a great time to have your Intergroup send a rep to the Business Assembly and Convention. Region 8 would love to see 100% participation of all our Intergroups.

Hope to see you there!

Hugs,
Linda H.

Explore the New Website: OA.ORG

Our website is now mobile friendly! Here's what else you need to know:

The home page is for the still-suffering compulsive overeater, directing them first to the [Fifteen Questions](#) and [Find a Meeting](#).

The **Members section supports program work** with resources, information, and inspiration. The [Members](#) section also includes pages dedicated to [relapse prevention and recovery](#).

The **Groups/Service Bodies Section Supports OA Business** so that we can easily find supporting [documents](#) and helpful [guidelines](#) to conduct meetings and other OA business.

Click the Menu button to explore unique menus for each section of the website: [Newcomers](#), Members, and [Groups/Service Bodies](#).

With our new site, OA is ready to attract newcomers from around the globe and help strengthen recovery for compulsive overeaters and those with compulsive food behaviors.

View the **2016 WSBC Page on the New OA.ORG**

“**Responsibility – To Carry the Message**” is the theme of the [2016 World Service Business Conference](#). The 2016 WSBC logo features the “hand and heart” of OA extended to all who share our compulsion.

[Conference Workshops](#) also support this year's theme, including:

- Responsibility: To Extend the Hand and Heart of OA
- Responsibility: Of Abstinence
- Responsibility: Of Working All Twelve Steps
- The Real Deal: Sharing Experience, Strength, and Hope (Young People)
- Strategic Planning: Carry the Message Back Home

Virtual Services: Responsibility of Carrying the OA Message

In addition, **fifteen proposals and six trustee positions** will be voted upon by delegates representing the group conscience of the worldwide Fellowship. Look for the upcoming Second Quarter 2016 issue of [A Step Ahead](#) for a complete listing of proposals and positions up for vote.

Quotes from “Abstinence” 2nd Edition

“I have lost that heavy dense, black cloud in my mind.”

“I have lost the horrible, heavy burdens from my shoulders. (I had carried them day after day, needlessly, unable to do anything with them.)”

“I have lost the heavy feeling in my heart.”

“I have gained a way of living that brings me closer to my Higher Power.”

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“After the meeting she asked the woman to be her sponsor. The woman agreed and told her to call the next day and not to eat sugar. Bizarre as it was, she did it, and life as she knew it was over.”

“With her sponsor, she jumped into the steps.”

“Over time she earned it doesn’t work that way. We don’t graduate. It is a life-long process one day at a time.”

“As time went on, 100+ pounds of excess melted away.”

If the girl could do it, so could she.

“She loves her life again and people love her.”

“She puts abstinence first, absolutely.”

“Today she cares about others.”

“I celebrate my abstinence through God’s grace and with your help!”

“I am grateful to all who’ve walked this path with me.”

“I like who I am today – can you believe that?”

“I think I’ll keep coming back.”

P. 109

“This is a twenty-four-hour-a-day program.

I need to be on guard for negative thoughts, fear, selfishness, and self-pity.

Constant work on my self-esteem is the key to long-term recovery.

Self-hatred kept me in my disease.

I love myself, love others, and love God.

I will be more willing to go to any lengths for freedom from the food compulsion.

Just listening to others and sitting without speaking at meetings won’t keep me well. I must open my heart.

Hatred, resentment, and judgement hurt only me.

It just doesn’t work for me to people-please, because I end up resenting the person and myself.

Abstinence is the most important thing in my life without exception. It must be safeguarded and cherished.

I have a chance to have a fulfilling and meaningful life.”

P. 117



HP provides for all my needs. Yet HP has also given me the greatest gift of all: Free Will. This means I have the choice and therefore responsibility to take the action and use the steps and tools of this program.

Recently I have been hearing about, reading about and talking about meditation. My actual meditation practice has fallen back to a minimal practice as I am going to sleep to try to clear my mind or just a few minutes in the morning. A few years ago, I began to explore meditation in many forms. Guided meditations, walking meditation, quiet time, contemplation, breathing practices and other yoga inspired meditation practices, gong meditation, just to list a few. There are many varied ways to meditate and my experience is it doesn’t matter how I meditate as long as I do.

In making changes in steps 6 and 7 and all throughout my life, I often need to act as if. This is a valuable tool and one I practice every day. Having said this, I find the deeper spiritual changes and “internal rearrangement” as described in the Big Book really seem to occur during prayer and meditation. This is when old ideas are released and peace comes.

I wrote this after a mini 5 minute breathing meditation. And I feel peaceful.

😊 JC

Abstinence in Action "Adventure" Fellowship

April 9th	OA Fellowship - "Donna D's" Birthday Party	(727) 480-0865
April 14th	OA Fellowship (5 PM) - "Monty Python's Spamalot"	(727) 480-0865
April 16th	OA PIPO Workshop	Clearwater
May 2nd-7th	WSBC – "Responsibility: To Carry the Message"	Albuquerque, NM
July 14th	SOAR8 Assembly - Drop Off Boutique Items	St. Pete Beach
July 15th-17th	SOAR8 Assembly - "Diving Into The Steps"	St. Pete Beach
Sept 1st-4th	World Service Convention	Boston, MA
Nov 18th-20th	OA Retreat at the Franciscan Center	Tampa

For more information and flyers, PTI's Calendar of Events may be viewed online - <http://www.oapinellas.org/events.htm>

Looking for a sponsor??? There are some people out there that are willing to sponsor by phone and/or email.

By Phone: Julie O. 727-784-7958; Sandy 727-846-2100; Lynn E. 901-830-1092; Pat Mc 727-581-8201; Linda Mc 727-804-4610; Claudia 727-781-7411.

By Email: Sandy - utopiarevisit@yahoo.com; Julie O. - julianeob@yahoo.com; Linda Mc - lindaproductions@aol.com; Carol - carolsch@ptd.net;

Do you know one of the easiest way to get OA information? In your email's Inbox ... Just send your email address to newsletter@oapinellas.org and you will be added to our mailing list to receive information about what is going on in OA. You will also receive the monthly newsletter, as well. If you are receiving the monthly newsletter now, you are already on the list, so you don't need to do anything. The list is private, which means it will not show your email address once you have been added to the mail list. So, if you're interested, please send us your address ASAP!

NEW OA MEETING in Holiday (Pasco County) on Tuesday nights at 7PM. "The Mile Stretch Meeting" will gather at the St. Vincent de Paul Catholic Church, 4843 Mile Stretch Rd., Holiday, FL. For more information, please contact Chris at (727) 688-9823.

Send donations to PTI online on our very own webpage!!! \$\$\$ Please visit our donation page at <http://oapinellas.org/donations.html> You can now donate to Pinellas Traditions Intergroup online via PayPal or donate at your meeting's 7th tradition when they pass a basket. What a convenience!!!

OA PIPO Workshop - April 16, 2016 ... Learn about this important service provided by PTI. Maybe you can help.

SOARS News ... On July 14, 2016 ... Dolphin Beach Resort, 4900 Gulf Blvd., St. Pete Beach, FL

You will be able to drop off Boutique and Hospitality items from Noon - 4 PM on Thursday the day before the convention begins. People will be there.

Back to Basics • Traditional OA • "Back in The Day OA"

- Do you miss hearing "How It Works" read at a meeting?
- Do you miss hearing people's stories who have years of back-to-back abstinence?

Then Come Join Us at:

Back to Basics Meeting
Friday Night @ 6:00 PM
Beginning March 4, 2016

Prince of Peace Lutheran Church
455 Missouri Ave.
Largo, Florida 33771
Contact Person: Felice (727)400-6523

Fellowship Event

WHEN: April 9th from 5 - 8 PM

WHERE: City of Imagination
2726 54th St. S
Gulfport, FL

Sock Hop Dance
"Donna D." 75 years old
36th Birthday Year of OA

- Bring a healthy weighable dish to share
- Bring a memory/create a memory/art project
- Bring your own fold up chair just in case we run out of space. Let's get Donna!!!

For more info, please call (727) 480-0865

FELLOWSHIP EVENT

WHEN: April 14th - 5PM

WHERE: Demens Landing Park
Bayshore Drive SE & 2nd Ave. S.
St. Petersburg, FL

Monty Python's Spamalot - (Musical Comedy)

- Night before opening night
- Pay what you can, ring blanket, casual
- Gates open at 6PM. Performance at 8PM.

For more info, please call (727) 480-0865.

Upcoming Events

PUBLIC INFORMATION AND OUTREACH (PIPO) OA WORKSHOP

What: Share you Program with Public Walk-ins, Free posters and pocket cards, PIPO Display, Hear Public Service Radio Tape and Staff Youth Table.

When: April 16th, 2016 1:00-4:00 PM

Where: Pinellas Park Library (Barbra Ponce Meeting Room)
7770 52nd Street, Pinellas Park, FL 33781
(Library allows bottled water only, no food or other beverages)

Who: OA MEMBERS WILLING TO CARRY THE MESSAGE

Contact: Cynthia 561-254-3642

"Always to extend the hand of OA to all who share my compulsion; for this I am responsible"



WORLD SERVICE BUSINESS CONFERENCE

Theme: "Responsibility - To Carry the Message"



May 2 - 7, 2016

Embassy Suites Albuquerque Hotel and Spa
1000 Woodward Place NE
Albuquerque, NM 87102
Phone: (505)245-7100ht



Presents

DIVING into THE STEPS



For more information, contact:
Committee Chairperson - Joan R.
Email: SOAR8convention2016@oapinellas.org
Phone: (727) 785-9208



[CLICK HERE](#) for more information and registration form.

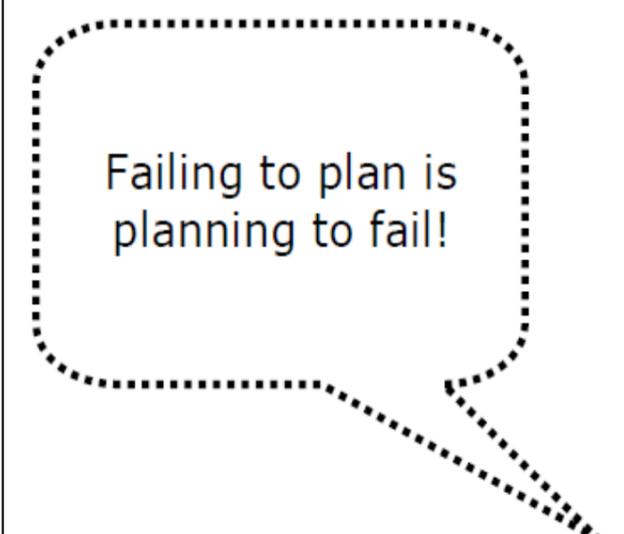
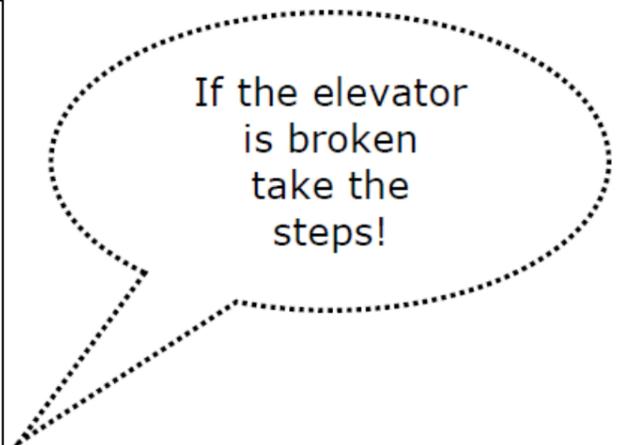
Save the Date!!!

November 18th-20th



6th Annual
OA Spiritual Retreat
at the Franciscan Center
in Tampa, FL

[CLICK HERE](#) for more information and registration form.



More information on all of these events may be found on our website at <http://oapinellas.org>

PINELLAS COUNTY MEETING LIST

April 2016

DAY	TIME	MEETING NAME	MEETING TYPE / NOTES	LOCATION	CONTACT
Mon	10:15 AM OA#46182	Just For Today	1-Step/ 2-Lifeline/ 3-Lit/4-BB/5-Speaker	Lutheran Church of the Resurrection 1555 Windmill Pt Rd., Palm Harbor	Mary Ellen 781-2597 Joan 785-9208
Mon	12:00 PM OA#48303	Voices of Recovery (Candlelight Meeting)	Voices of Recovery Discussion	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Ann G. (212) 399-7099
Mon	7:00 PM OA#47788	Focus on Abstinence	Speaker Meeting Speaker Abstinent 90+ Days	Friendship United Methodist Church 2039 E. Druid St., Clearwater (Between Belcher & Hercules)	Mary 595-6644
Mon	7:00 PM OA#01530	Search Out Serenity "SOS"	Leader / Discussion Jackson Street entrance	St. Anthony's Hospital, Classroom B 1200 7th Ave. N., St. Petersburg (Jackson Street entrance)	Cynthia (561) 254-3642
Tues	7:00 PM OA#53878	Back to Basics	Discussion *	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Jim F. (949) 463-0837
Tues	7:00 PM OA#46184	R E L A P S E – Prevention & Recovery	Abstinence no matter what!	Windmoor Health Care of Clearwater 11300 U.S. 19 North, Clearwater	Linda Mc 804-4610 Donna D. 480-0865
Tues	7:00 PM OA#54346	The Mile Stretch Meeting	Literature Meeting	St. Vincent de Paul Catholic Church 4843 Mile Stretch Rd., Holiday	Chris (727) 688-9823
Wed	12:30 PM OA#52863	Message Carriers		Metro Center 3251 Third Ave. N., St. Petersburg	Ellen L. 381-8043
Wed	6:45 PM OA#10359	Madeira Beach Beach Bunch	Open Discussion	On the beach in front of the snack shack 15100 Gulf Blvd., Madeira Beach (Bring chair)	Linda H. 647-8280 Donna D. 480-0865
Wed	7:00 PM OA#Pending	Terra Nova	12 & 12 Study	Terra Nova 7550 40th St. N., Pinellas Park	Cynthia (561) 254-3642
Thur	10:30 AM OA#53015	Hope	All Literature	Aldersgate Methodist Church 9501 Starkey Rd., Seminole (Back of church near the office)	Lynn E. (901) 830-1092
Thur	11:00 AM OA#40873	Key to Freedom	Literature Meeting	First Presbyterian Church 455 Scotland St., Dunedin (Downtown Dunedin)	Tamar 796-5878 Laurie 517-4137
Thur	5:30 PM OA#49784	Steps to Freedom	Focusing on Recovery * through the Steps and Traditions - 90 Days	St. Cecelia's Church, Room A 820 Jasmine Way, Clearwater	Mary Mc 319-4321
Thur	7:00 PM ← OA#46183	NEW Meeting Time!!! First Fellowship	1-Step/ 2-Speaker/ 3-Lit/4-BB/5-Lifeline	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Beth P. (813) 486-9324
Fri	11:00 AM OA#53104	OA Amigos NEEDS SUPPORT	English & Spanish Literature	Metro Center 3251 Third Ave. N., St. Petersburg	Margie C. 828-9711
Fri	6:00 PM OA#49602	Nitty Gritty	Big Book	Unity of St. Petersburg 6168 First Ave. N, St. Pete	Tiffany 452-4061
Fri	6:00 PM OA#Pending	Back in the Day OA	Speaker / Literature	Prince of Peace Lutheran Church 455 Missouri Ave., Largo	Felice 400-6523
Fri	6:30 PM OA#09412	Pinellas Tradition Intergroup Meeting	Third Friday Only All OA's welcome	Morton Plant Hospital, 1st Floor Tuttle D Auditorium, Clearwater	Joan R 785-9208
Sat	9:30 AM OA#36776	Great Reality	Beginners	Pinellas Park Public Library 7770 52nd St. N., Pinellas Park	Donna D. 480-0865
Sat	10:00 AM OA#45426	First Fellowship	Step/Tradition Meeting	Palm Harbor Presbyterian Church 2021 Nebraska Ave., Palm Harbor	Pat 784-3375
Sat	10:30 AM OA#27235	Saturday Serenity	Big Book	First Lutheran Church 1644 Nursery Rd, Clearwater	Betsey 466-9277 Judy 442-9234
Sat	10:30 AM OA#17950	Pasco Pioneers	PASCO COUNTY This meeting now affiliated with our Intergroup	Unity of Port Richey 5844 Pine Hill Rd., Port Richey	Betty N. (727) 505-4562
Sat	12:00 PM OA#52497	Clearwater Men's NEEDS SUPPORT	Men's Meeting	Friendship United Methodist Church 2039 E. Druid St., Clearwater (Between Belcher & Hercules)	Joel M. (703) 609-5110
Sun	6:00 PM OA#32923	Clearwater Oasis NEEDS SUPPORT	Big Book (90 day) *	Morton Plant Hospital, 1st Floor Tuttle A Auditorium, Clearwater	Cora (813) 956-4642
Sun	6:30 PM OA#49012	Beginner's Meeting Step Study	Beginners/Step Study	Gulfport Neighborhood Center 1617 49th St. S., Gulfport	Ann K. 251-0133

PLEASE NOTE: All meetings are open meetings unless indicated otherwise. * Closed Meeting - OA members only!

If this is your first time attending a meeting listed, please be sure to call to clarify directions and meeting specifics.

Pinellas Traditions Intergroup meets the 3rd Friday of each month: 6:30PM - Morton Plant Hospital, 1st Floor – Tuttle Auditorium

OA World Service Telephone: 505-891-2664 Website: <http://www.oa.org> To find telephone or online meetings, please go to:

<http://www.oa.org/membersgroups/find-a-meeting> Pinellas website-oapinellas.org

Hotline #'s – Hillsborough & Pinellas: (813) 254-4190