

WORKSHOP

Getting Through the Holidays Abstinently

Presented by Gulf Coast Florida Intergroup



Format:

Three GCFI board members will share for ten minutes each on their experience, strength and hope for staying abstinent during the holidays, followed by open sharing.



Time:

Saturday, November 21, 2026
1:00 PM to 2:30 PM ET



Join Zoom Meeting

[https://us02web.zoom.us/j/81584712254?
pwd=CkSj08aFbGqU0StuT6ywb6RQcLJfsc.1](https://us02web.zoom.us/j/81584712254?pwd=CkSj08aFbGqU0StuT6ywb6RQcLJfsc.1)



Meeting ID:
815 8471 2254



Passcode:
holiday



You don't have to do this alone.



THERE IS HOPE. THERE IS OA. ❤️